

केंद्रीय विद्यालय सेक्टर-8, राम कृष्ण पुरम

विद्यालय पत्रिका - 2019-20



“ आशावादी होना वह विश्वास है जो हमें उपलब्धि की तरफ ले जाता है, बिना आशा व उम्मीद के कुछ भी नहीं किया जा सकता ” - हेलेन केलर

transcend  
overcome  
evolution  
spark trial beauty  
sun faith light  
strength infinite renewal  
Adversity hope change future positive  
miracle calmsunrise  
willingnesspower courage  
optimismdawnroots  
Learning endurance reassurance  
beautiful  
heroes

केन्द्रीय विद्यालय सेक्टर - ८, राम कृष्ण पुरम, नई दिल्ली-२२  
Kendriya Vidyalaya Sector-VIII, R.K. Puram, New Delhi-22

## विद्यालय पत्रिका

२०१९-२०

मुख्य संरक्षक

श्री सिबि चक्रवर्ती

भा.प्र.सा.अ.

अध्यक्ष वी.एम्.सी

संरक्षक

श्रीमती ममता शेखर

प्राचार्या

सह- संरक्षक

श्रीमती भारती सक्सेना

उप-प्राचार्या(प्रथमपाली)

श्री चन्द्र बहन सिंह

उप-प्राचार्य (द्वितीय पाली)

हिन्दी संपादक

श्रीमती आरती प्रसाद, स्नातकोत्तर शिक्षिका हिन्दी (प्रथमपाली)

तकनीकी सहायक

श्री धनेश कुमार वर्मा

**Editor (English) & Chief Editor**  
**Smt. Vimmy Singh, PGT English (I Shift)**

**केन्द्रीय विद्यालय संगठन**  
**Kendriya Vidyalaya Sangathan**



**संतोष कुमार मल्ल भा.प्र.से**  
**आयुक्त**  
**Santosh Kumar Mall, I.A.S.**  
**Commissioner**

**सन्देश**

यह जानकर अत्यंत प्रसन्नता हो रही है कि केन्द्रीय विद्यालय 8-सैक्टर ,आर .के .पुरम अपनी वार्षिक पत्रिका का प्रकाशन करने जा रहा है ,विद्यालय पत्रिका के साथ जुड़ना एवं उसमें रचना प्रकाशित होना ।  
। सचमुच एक अदभुत अनुभव होता हैमें आशा करता हूँ कि पत्रिका में विविधता के साथ मौलिकता पर भी बल दिया जाएगा ताकि एक ऐसा प्रकाशन तैयार होजिससे पाठकों को सुरुचिपूर्ण सामग्री प्राप्त हो सके ।

आशा है कि संपादक मंडल द्वारा प्रकाशन से जुड़े विभिन्न पहलुओं जैसे - शोधसामग्री चयन - व डिजाइन आदि पर विशेष ध्यान दिया जाएगा और अंततःपाठकों के : हाथ में एक रचनात्मक एवं त्रुटिहीन पत्रिका होगी ।

इस प्रकाशन को ईपत्रिका - के रूप में वर्षवार विद्यालय की बेबसाईट पर पाठकों के लिए भी उपलब्ध कराया जाएइससे न , केवल पत्रिका का ई-संकलन होगाबल्कि यह , वर्षों बाद भी सबके लिए उपलब्ध हो सकेगी।  
पत्रिका के प्रकाशन से संबंधित छात्रोंशिक्षकों एवं , प्राचार्य को हार्दिक शुभकामनाएं ।

**संतोष कुमार मल्ल**  
**आयुक्त**

प्राचार्या

श्रीमती ममता शेखर

केन्द्रीय विद्यालय सैक्टर.के.आर 8 - पुरम

नई दिल्ली-110022

केन्द्रीय विद्यालय संगठन  
KENDRIYA VIDYALAYA SANGATHAN



**उदय नारायण खवाड़े**

अपर आयुक्त (शैक्षिक)

**U.N. Khaware**

Addl. Commissioner (Acad.)

MESSAGE

I am extremely glad to know that Kendriya Vidyalaya , Sector-8, R.K. Puram is bringing out its Vidyalaya Patrika for the session 2019-20. The Annual Vidyalaya Patrika is one of the most awaited internal publications, which chronicles various achievements of the students and the school in general. I am sure that Vidyalaya Patrika will not only show case the scholastic and non-scholastic activities of the Vidyalaya but will also provide a suitable forum for the budding creative talents in order to nurture their creativity and scientific temper.

I believe that this Patrika will provide a wide spectrum of ideas with all shades of colour depicting the efforts, hopes and creativity of students.

I compliment the Principal and the editorial staff for their untiring efforts for bringing out this wonderful journal. I also wish success to all students in their endeavour to achieve excellence in all the fields in future.

(U.N. Khaware)  
Additional Commissioner (Acad)

Principal  
Mrs. Mamta Shekhar  
Kendriya Vidyalaya , Sector-VIII  
R.K. Puram, New Delhi-110022



सी.बी. चक्रवर्ति, भा.प्र.से

**Sibi Chakkravarthy (IAS)**

PS to Min of State for fin & shipping,  
Govt. of India, North Block, New Delhi

### MESSAGE

My heartiest Congratulations to Kendriya Vidyalaya Sector 8 R.K. Puram, New Delhi for releasing the KV magazine. I have learnt that the magazine is being published since 1970's and I am happy that such a long tradition is still being followed.

In this present pandemic time, I hope this magazine serves the readers a ray of hope and a positive attitude in their lives. I congratulate the students, staff and management for taking steps to compile and publish the magazine. I earnestly urge students to contribute their thoughts in the form of prose pieces and poems to the magazine, because writing your thoughts and being read by others will make your wits sharper and clearer. Further, only by expressing your thoughts, can you be understood by others and writing it down is the best medium. Moreover, these contributions will be a sweet memory when you look back at your school days.

Wishing you all a great success in your future endeavours.

Best Wishes

Mr. Sibi Chakkravarthy (IAS)  
PS to Min of State for fin & shipping,  
Govt. of India, North Block, New Delhi

“It always seems impossible, till it gets done”. Nelson Mandela

Principal  
Mrs. Mamta Shekhar  
Kendriya Vidyalaya , Sector-VIII  
R.K. Puram, New Delhi-110022

केन्द्रीय विद्यालय संगठन  
KENDRIYA VIDYALAYA SANGATHAN



**नागेन्द्र गोयल**

**उपायुक्त**

**Nagendra Goyal**

**Deputy commissioner**

**संदेश**

यह अत्यंत हर्ष का विषय है कि गत वर्षों की भांति इस वर्ष भी केंद्रीय विद्यालय सेक्टर 8 आरके पुरम “ वार्षिक विद्यालय पत्रिका” का प्रकाशन कर रहा है। निःसंदेह, इस विद्यालय का शिक्षा के क्षेत्र में के साथ-साथ, सृजन के अन्य क्षेत्रों में भी अनुकरणीय योगदान रहा है। छात्रों की अपनी सृजनात्मक योग्यता को अभिव्यक्त करने का एक सशक्त माध्यम यह “पत्रिका” है।

मेरी शुभकामना है कि विद्यालय रूपी पुष्प अपनी अमिट सुरभि से जन-मानस को सदैव प्रफुल्लित एवं सुवासित करता रहे।

मेरे प्यारे बच्चों, आप सदैव गतिमान रहो विश्वासपूर्ण अनुशासित जीवन के साथ अपनी आंतरिक शक्ति को मजबूत करते हुए ऐसी उपलब्धियां प्राप्त करें, कि आप जहां भी जाओ, आपकी उपस्थिति से सभी गौरवान्वित हो जाएं।

विद्यार्थियों अंतर्निहित प्रतिभा का सतत और समग्र मूल्यांकन सकारात्मक दिशा की ओर हो, ताकि वे एक योग्य, कर्मठ और देश के भावी कर्णधार बनते हुए देश का नाम वैश्विक स्तर पर ले जाने में सफल हो सकें।

मैं पत्रिका में सफल एवं सार्थक प्रकाशन के लिए आप सभी को अपनी शुभकामनाएं प्रेषित करता हूं।

प्रेम सहित।

नगेन्द्र गोयल

उपायुक्त

श्रीमती ममता शेखर

प्राचार्या

केंद्रीय विद्यालय, सेक्टर 8, आर.के.पुरम

नई दिल्ली।



***From the Principal's desk***

***We want that education by which character is formed, strength of mind is increased, the intellect is expanded, and by which one can stand on one's own feet.***

***Swami Vivekananda***

***Dear Readers***

We at Kendriya Vidyalaya Sector VIII R K Puram endeavour to develop each student holistically with the help of significant and cohesive learning experiences. Our objective is to instill in them important values, competencies and skills that will make them lifelong learners, critical thinkers and allow them to excel in the 21st century. The school magazine captures and represents diverse facets of the Vidyalaya as it continues to fulfill the much sought-after goal of imparting systematic, quality education apart from instilling among our students, integrity, resilience, and acceptance of individual differences. It is a platform for young minds to unleash their imagination and creativity.

This year we are going to publish the first E Magazine issue. I am extremely grateful to the Commissioner KVS, Shri Santosh Kumar Mall for his invaluable guidance, support, and motivation. I would also like to extend my gratitude towards Chairperson Vidyalaya Management Committee Shri Sibi Chakkravarthy, IAS, for being an excellent mentor and Assistant commissioners-KVS Regional Office, Smt Shilbala Singh and Shri Sanjit Kumar for providing help and advice to us in all our endeavours.

I would also like to thank all parents for always having bestowed their trust and conviction in us.

I wish to place on record the ceaseless effort and cooperation from our Vice Principal Ms Bharti Saxena, all my teaching and non-teaching colleagues, parents, and children in publishing this issue of the magazine. I am hopeful that the magazine will be enjoyed by all. I welcome comments and suggestions from all our valuable readers for meaningful and informative additions in the years to come.

**MAMTA SHEKHAR**

**PRINCIPAL**





## *From the Editor's Desk*

**Nothing can be taught to the mind which is not already concealed as potential knowledge in the unfolding soul of the creature—Sri Aurobindo**

A school magazine is not a mere record of the Vidyalaya's progress and accomplishments but also has a literary aspect. Our imagination always journeys ahead of us and strives for the perfection inherent within. It opens for us the pathways of consciousness that lead us towards the right path.

From this year onwards we are starting the E edition of the Vidyalaya Patrika wherein are scions by the young, that open multihued vistas of creativity and imagination. With this initiative we hope to have a wider reach as well as ease of access from anywhere across the world. The creations of children are an assured reflection of the brilliant future that this generation will create. Do look for hope and promise radiating and reflecting in these writings. It is only children, who can hold their own even in these turbulent times of change. They speak their heart ...untainted and unbiased. They affirm that they will build a harmonious society and culture as refined and balanced individuals. A word of caution! With digitalization being the order of the day, our role is that of greater responsibility—both as parents and teachers. Providing young children with unlimited access to the internet via tablets and smartphones is not without its dangers. Prolonged exposure could change how children's brains develop, and damage children's capacity for originality and reflective thinking. We need to engage more with our children and give them enriching experiences that they can relate to, in the real world. The need of the hour is to strike a balance and make them hone their creative potential.

I express my heartfelt gratitude to the Chairperson, VMC, Shri Sibi Chakkravarthy, IAS for being an excellent patron and for supporting this initiative by the students. I am extremely grateful to the Principal Smt Mamta Shekhar and the Vice Principal Ms Bharti Saxena for their constant guidance and support. The editorial team deserves accolades for their relentless efforts to ensure that the contributions are original and error free and that students get an opportunity to express themselves without inhibitions.

In the depths of our being there gleams a light whose brilliance is unrivalled, for it is pure; a light, a consciousness that illumines and is an unflinching guide for us. May our children be blessed in the glory of that light.

Reader, as you begin traversing the pages of the e-patrika, I invite you to be delighted and revitalized.

**Vimmy Singh  
(PGT English)**



**Meritorious Students (2018-19)**

**Class XII (Science Stream)**



**TANISHA GARG**



**SOUMYADEEP BANIK CHOUHDARY**



**PRIYANKA KUMARI**

**Class XII (Commerce Stream)**



**SALONI CHHILLAR**



**VIDYUT SHARMA**



**VAIBHAV ARORA**

**Class XII (Humanities Stream)**



**ANUSHKA BHARDWAJ**



**NANDINI NAUTIYAL**



**PIYUSH**

**Meritorious Students Class X (2018-19)**



**MEHAK SHARMA****SHREYAN PRAKASH****K. SHUSHIMITHA****CBSE RESULT 2018-19 (SHIFT -1)****List of Toppers in CBSE Exam Class XII Science Stream**

POSITION	NAME OF THE STUDENT	MARKS OBTAINED	MARKS IN %
1	TANISHA GARG	483	96.6
2	SOUMYA DEEP BANIK CHOWDHURY	479	95.8
3	PRIYANKA KUMARI	478	95.6

**List of Toppers in CBSE Exam Class XII Commerce Stream**

POSITION	NAME OF THE STUDENT	MARKS OBTAINED	MARKS IN %
1	SALONI CHHILLAR	458	91.6
2	VIDHYUT SHARMA	445	89
3	VAIBHAV ARORA	433	86.6

**List of Toppers in CBSE Exam Class XII Humanities Stream**

POSITION	NAME OF THE STUDENT	MARKS OBTAINED	MARKS IN %
1	ANUSHKA BHARDWAJ	491	98.2
2	NANDINI NAUTIYAL	475	95
3	PIYUSH	464	92.8

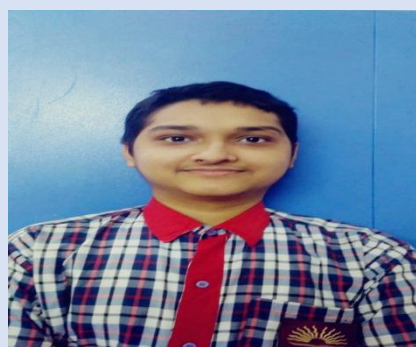
**List of Toppers in CBSE Exam Class X - 2018-19**

POSITION	NAME OF THE STUDENT	MARKS OBTAINED	MARKS IN %
1	MEHAK SHARMA	482	96.4
2	SHRE YAN PRAKASH	481	96.2
3	K. SHUSHI MITHA	478	95.6
4	MONALISHA SAHU	477	95.4
5	NANDINI SINGH	475	95

**Meritorious Students Class X (2019-20)**



**ARJIT SHARMA**



**HARSHIL GAUTAM**



**SHUDDHABROTA BANERJEE**

**Meritorious Students CLASS XII (SCIENCE) (2019-20)**



**NANDINI SHARMA**



**SAGARIKA NANDI**



**NANDAN MOHINDRA**



**NAYAN SUSHIL**

**Meritorious Students CLASS XII (COMMERCE) (2019-20)**



**A SAI NIHITA (I)**



**AKSHANSH SARASWAT(II)**



**SIDDHARTH PARMAR (III)**

**Meritorious Students - CLASS XII (HUMANITIES) (2019-20)**



**ALISHA KUMARI (I)**



**SWATI (II)**



**SANJANA KUMARI (III)**



**CBSE RESULT 2019-20 (SHIFT -1)**  
**LIST OF TOPPERS IN CBSE EXAM CLASS XII SCIENCE STREAM**

<b>S.NO</b>	<b>NAME</b>	<b>TOTAL</b>	<b>PERCENTAGE</b>
<b>1</b>	<b>NANDINI SHARMA</b>	<b>489</b>	<b>97.80</b>
<b>2</b>	<b>NANDAN MOHINDRA</b>	<b>483</b>	<b>96.60</b>
<b>2</b>	<b>SAGARIKA NANDI</b>	<b>483</b>	<b>96.60</b>
<b>3</b>	<b>NAYAN SUSHIL</b>	<b>481</b>	<b>96.20</b>
<b>1</b>	<b>ANGINA SAI NIHITA</b>	<b>434</b>	<b>86.80</b>
<b>2</b>	<b>AKSHANSH SARASWAT</b>	<b>432</b>	<b>86.40</b>
<b>3</b>	<b>SIDDHARTH PARMAR</b>	<b>427</b>	<b>85.40</b>
<b>1</b>	<b>ALISHA KUMARI</b>	<b>476</b>	<b>95.20</b>
<b>2</b>	<b>SWATI</b>	<b>472</b>	<b>94.40</b>
<b>3</b>	<b>SANJANA KUMARI</b>	<b>470</b>	<b>94.00</b>

**CBSE RESULT 2019-20 (SHIFT -1)**  
**List of Toppers in CBSE Exam Class X**

<b>S NO</b>	<b>NAME</b>	<b>MARKS OBTAINED</b>	<b>PERCENTAGE</b>
<b>1</b>	<b>ARJIT SHARMA</b>	<b>483</b>	<b>96.6</b>
<b>2</b>	<b>HARSHIL GAUTAM</b>	<b>480</b>	<b>96</b>
<b>3</b>	<b>SHUDDHABROTA BANERJEE</b>	<b>479</b>	<b>95.8</b>
<b>4</b>	<b>SAJAL</b>	<b>476</b>	<b>95.2</b>
<b>5</b>	<b>SAILESH KUMAR YADAV</b>	<b>471</b>	<b>94.2</b>
<b>6</b>	<b>ADITI SHARMA</b>	<b>470</b>	<b>94</b>
<b>7</b>	<b>KETAN JOSHI</b>	<b>469</b>	<b>93.8</b>
<b>8</b>	<b>AASHIYA MARYAM</b>	<b>467</b>	<b>93.4</b>
<b>9</b>	<b>ISHANI MANDAL</b>	<b>467</b>	<b>93.4</b>
<b>10</b>	<b>SHIVAM</b>	<b>463</b>	<b>92.6</b>

## Kaleidoscopic Vistas

### CCA Report

***'Kids prosper best with a broad curriculum that celebrates their various talents, not just a small range of them.'*—Sir Ken Robinson**

Co-curricular activities—the lifeblood of a school, are instrumental in drawing out the finest potential of children. There are students who can be prospective actors, theatre artists, writers, singers, orators, painters, and poets. CCA provides them the platform to identify their strengths. Organizing co-curricular activities equips students with community spirit, sense of initiative and organizing skills to set up their own teams and groups when they leave school. CCAs are an integral part of the curriculum and they help in broadening students' experiences and help in their holistic development. Their organization requires as much care as the planning of curricular activities. They certainly allow variety, spontaneity, and versatility to prosper in an otherwise dull and monotonous routine of academic life. Most importantly, CCAs help build character, nurturing in students, qualities like resilience, confidence, perseverance, and teamwork which will better prepare students to take on any challenge in this fast-changing world.

Participation in CCA fosters social integration and deepens students' sense of belonging, commitment, and sense of responsibility to school, community, and nation.

The year 2019-20 was marked by a series of activities targeted at bringing out the diverse talents of students. Several individual and group activities like Calligraphy, Slogan Writing, English and Hindi Debate Kite / Rakhi Making, Elocution - both in English and Hindi, Creative Writing, Poster & Book mark Making, Poetry Recitation--English and Hindi, Card making, Rangoli /Diya Decoration, New Year card Making, Drawing and Painting Competition etc. were conducted. In addition, all the important days were celebrated in the morning assembly time. These included World Health Day, Teachers' Day, Education Day, Constitution Day, National Unity Day, Mother Tongue Day, Voters' day, and Earth Day, etc. Sanskrit week was celebrated with great enthusiasm.

Students participated in Essay Writing and Quiz Competition based on Swami Vivekananda's book—Bharat Ki Nivedita. Students were also trained to become future leaders by way of constituting an active Student Council. They were chosen for thirty-two different designations and were seen performing their duties efficiently and responsibly. Social Science Exhibition and Literature fest was conducted at school level too and a variety of activities were conducted.

On 21<sup>st</sup> June International Yoga Day was celebrated in the Vidyalaya. Hon'ble Commissioner KVS along with all officers from KVS HQ and KVS RO Delhi Region participated in the Yoga session. In the month of July four IAS officers visited the Vidyalaya under the School Education and Learning Programme of MHRD. Their interaction with Class XII students was a huge source of inspiration for them. In August, an educational excursion to CSIR -IGIB was organized wherein students interacted with Ph.D Scholars and won the quiz conducted. Students prepared 870 Rakhis and 613 cards under the *Mera Desh Mera Gaurav festival* as a mark of tribute to Indian soldiers who are guarding the frontiers of the nation. Students participated in the online Quiz Competition conducted by ISRO to acquire greater awareness about their space programmes. Visit to National Physical Library under the Jigyasa programme, live telecast of Fit India Movement from Indira Gandhi Indoor Stadium, visit to KidZania under the Paryatan Parv Programme, NCSC, Literary fest, Cultural Fest, Fit India Plogging Run, NBT CBT Book Fair, International Robotics Championship were amongst the many activities organized. Nayan Susheel and Shreyas Joshi Won the Spell bee

Competition at National level. A group of students also went to the NIC DM office South Delhi to attend a Video conference with Hon'ble HRM.

Swachhta Pakhwara was organized from September 1 to September 15 to sensitize students about the importance of cleanliness and to instil in them a sense of ownership. Shramdaan activities were organized and everyone took the online pledge.

The Ashray Hasta Trust gave away the cash prizes and certificates to meritorious students of class X and XII on December 12. This year Ms Asha Dinesh, Alumna and wife of Co-founder Infosys, herself came to give away prizes to the meritorious students as well as students with outstanding performance in arts and performing arts. An informative and interactive career Counselling workshop was held by Naval Officers for the students of XI and XII. The Dwitiya Sopan Testing Camp was held in November. The Vidyalaya was also the showcase school for the Awakened Citizen Programme. From 14 to 28 September 2018, Hindi Pakhwara was celebrated and it incorporated a variety of activities to promote our mother tongue.

The Vidyalaya also received the World Award for Value Education. During the Tarunotsav programme, students were given an opportunity to improve Language skills, avail of Counseling & Career guidance services, Develop Skills and Hobbies and get an exposure to foundation subjects for class XI.

During the year opportunities for maximum participation were provided to the students, to tap their potential and ability. The endeavour is to promote moral, interpersonal, societal, scientific, individual, and altruistic values. It is important that our students continue to explore their talents and grow into positive human beings. The best way to live is to appreciate each minute as an unrepeatabeable miracle and to accept that now is the best time of your life.

**Vimmy Singh**  
**PGT English**  
**Coordinator**

**Parents, first and foremost, it is important to... understand and recognize the activities your child is naturally gravitating towards. It's important also to ensure that your child likes what he or she is doing. I believe in exposing children to as many hobbies and extracurricular activities as possible.**

**Vishwanathan Anand**



## **CMP REPORT FOR THE YEAR 2019-20**

1. The new session 2019-20 commenced from 1st April 2019.
2. Class wise and teacher wise timetable-, was distributed to all teachers. Class monitor, cleanliness and line monitors selected. New admissions were done in class 1 as per the schedule given by KVS.
3. CCA calendar for the session 2019-20 was prepared and activities were conducted as per the schedule.
4. A 4-week School Readiness Programme was planned and conducted for class 1.
5. Orientation program for class 1 was held on 11<sup>th</sup> April 2019 to familiarize the parents with the functioning of the school.
6. A warm welcome was given to the tiny tots along with school readiness activity book, biscuits, toffees, colors, crayons and many more playful activities.
7. House distribution were carried out and the house masters, associate house masters were selected through lottery system. The house members selected house captain boys and girls during their house meeting.
8. The investiture ceremony was held on 27<sup>th</sup> July 2019 to hand over the responsibilities to the prefects.
9. An amount of Rs.2000 per month was used for preparing TLM for all classes as per the requirement of the lesson.
10. The resource material was provided to all teachers for making lesson plans and planning of the class. Teachers conducted LAT, Prepared worksheet and activity sheet as per the B2B Plan.
11. Kant classes were organized for the students of the class III to V.
12. Funday - a day without burden and full of fun, was observed on every Saturday and students did many activities and enjoyed the day.
13. Worksheets, activity sheets and subject enrichment activities were conducted regularly. Notebook checking was done regularly.
14. Class library facility was provided to students by allotting library books to each class as per their level.
15. Hanging library was made by each class teacher and students. They hung books in the class of their own interest.
16. Subject committee meeting was held each month and the record was maintained by teachers in their dairy.
17. PTM was organized after each test to make the parents aware about the performance of their wards.
18. NIE- Newspaper was arranged for classes 3 to 5.
19. Different activities like Hindi Pakhwara, Swachhata Abhiyan, Grandparents Day, community lunch, Mini sports day, Bal Mela etc. were celebrated in Vidyalaya during the year 2019-20.
20. In primary section Co- Curricular Activities like English calligraphy and poem recitation competition, thumb printing file cover decoration competition etc. were held properly.
21. In September hindi pakhwara was celebrated wherein various activities were carried out. During festive times Kite-making, diya decoration, rangoli making flag making competitions were held with full enjoyment and enthusiasm.
22. On 29/11/2019 Grandparents day and Mini sports day were organized wherein grandparents of the students participated in different activities and blessed us. Student of primary also put up their food stalls on that day
23. Graduation ceremony for class V was also organized on 29/2/2020 to give them best wishes for their upcoming education.



**BARUN KUMAR JHA  
(HEADMASTER)**

### Eco Club Report

Eco club is a small step to create and develop awareness, and a sense of ecological environment.

#### ACTIVITIES

- The students of the school celebrated the VANMAHOTSAVA (plantation drive). Students not only planted the tree saplings but they also looked after the plants throughout the year. Students of our school planted about 300 saplings of mother plants in and around the school campus. This programme helps to accomplish the mission of “green and clean India”.
- Poster making competition was organized on the theme “Save Trees”. Students also tried to motivate the other students by displaying their posters.
- Vermicomposting tank was set up in the school garden area. Students maintain the compost tank and the compost produced is used for the garden throughout the year.

- Eco club members conducted a Drawing competition, the theme was “water conservation”.
- The school organized cleanliness drives from time to time. The purpose, to create awareness regarding cleanliness and its benefits.
- Saplings of vegetables were planted for making a kitchen garden. Students enthusiastically participated in the activity. Such activities help the students to inculcate values and life skills.
- Day-wise duties to maintain the garden were assigned to the students and they fulfilled them with complete enthusiasm.
- Students also made “anti-cracker” posters and slogans. As we know that the air quality of Delhi has declined to an extremely dangerous level. It was an initiative taken by the students to sensitize the society.

Activities of eco club not only instill life skills but also are an enjoyable experience for the students.

**PGT Biology**  
**Sunita Chauhan**

## **Atal Tinkering lab—A REPORT**

The Successful inauguration of ATL took place on 26th of April. Hon’ble Commissioner KVS, Shri Santosh Kumar Mall, CSR Head of DELL and Director of Learning Links Foundation were the distinguished Guests. All of them interacted with the students and were very impressed by the efforts of the students

Students have been trained for 3D printing and Robot designing.

The timetable of ATL has been arranged. By this all the students are learning concept of STEAM (science, Technology, Engineering, Arts and Mathematics.)

STEAM concept fosters curiosity, creativity and imagination in young minds and inculcates skills such as design mind-set, computational thinking, adaptive learning, physical computing, rapid calculations, measurements etc.

Teachers’ workshops are also organized to prepare them for technical teaching in the school.

Students are being guided about Drone Technology Innovation. Students are encouraged to be innovative and submit their ideas and prototype.

Three Teams have registered for TECHNOXIAN competition and training to these teams is being given. The themes are:

1. ROBO RACE (10 students)
2. LINE FOLLOWING ROBOT (10 students)
3. WATER ROCKET (6 students).

On July 23, during the school visit of the IAS officers, students showcased some projects in the ATL Lab. The visiting IAS officers praised students for projects and prototypes.

Students demonstrated some projects - HI-FI bikes, Line following robot, bread board ckt., Water rocket and 3D printed objects.

## **Report on Kant Learning**

Kant learning is a programme run to enhance the learning outcomes of the students. In Kant learning classes students of different classes are divided in pairs and asked to solve questions in a given time limit. The role of the teacher is to facilitate the learning process. Students get motivated as their names are displayed on the merit board and every student gets equal opportunity to come forward. It also develops in them a sense of completion as they get position on the merit board according to their performance.

Bright students like it and they are eager to check their learning level but student struggling with the basic skills of learning get the answer while checking and get a chance to understand the same as remedial learning.

These classes assess the students' understanding and application level and provide a result of their learning experience. In these classes most of the questions are based on students' syllabus.

A special timetable has been prepared to conduct kant classes and circulated among the teachers. This programme is implemented in the school from classes 6<sup>th</sup> to 9<sup>th</sup> standard in secondary section.

**Dr. Jitendra Kumar**  
**TGT Hindi**

## **The Awakened Citizen Program**

The awakened citizen program is a national movement started by Rama Krishna Mission for students of classes VII to IX. The vision of this program is to empower the participating students to feel the extra ordinary power and strength which Swami Vivekananda talked about as inherent in every human being. This would enable them to stand on their feet, face challenges of life and become truly enlightened citizens; irrespective of their academic achievements.

The following teachers are trained for this program by R.K. Ashram, Delhi and are involved in effectively implementing it in the school: -

- |                       |                     |
|-----------------------|---------------------|
| 1 Mrs. B.H. Nair      | 2. Ms. Sushma       |
| 3. Dr. Jitender Kumar | 4. Ms. Geeta Khadia |
| 5. Ms. Lata Kapil     | 6. Ms. Anjana Verma |
| 7. Ms. Manju Ojha     |                     |

The class wise modules developed by R.K. Ashram are shown to the students and teachers act as facilitators to make the children aware of their immense potential.

It is a small and humble beginning towards creating awakened citizens who would not only do well for themselves but would also think of the welfare of others.

**Mrs. B.H. Nair**  
**TGT(Mathematics)**

## **Report on a workshop on Environment at Fortis**

On 11<sup>th</sup> April 2019, a group of four students along with an Escort teacher went for a workshop on environment at Fortis Hospital, Vasant Kunj. The students were Vijaylakshmi & Deepali Jani of 9<sup>th</sup> and Mugdha & Nimita of 10<sup>th</sup>. At about 8.30 a.m., we booked a cab and then our journey began...



From the beginning, we were very excited to join that workshop and to get aware about the environment hazards and remedies. But at that time, we did not know that this workshop would give us such memories and a different & necessary perspective. It took us half-an-hour to reach there.

We entered the hospital which was so clean and hygienic. Special arrangements were made to welcome us. A doctor divided us into 8-9 groups of 6 members each.

There were students from many schools. There were many activities that were held to develop a sense of understanding and care for the environment. The first activity gave us a critical situation and we had suggest suitable solutions to end the problem.

We got a situation in which we had to imagine ourselves in Pakistan, in 2030 where the fuel rates had skyrocketed we were given three questions. They were as follows:

1. What are the difficulties you face?
2. How can you solve them them?
3. How can you contribute to their solution now?

Other groups were given situation about water crisis of Cape Town (2050) etc.

We were told about the situation of various countries and how they were working towards the solution. We were told about the Great Pacific Garbage Patch (GPGP). We were given factual data of the amount of garbage produced by our country every year.

At the end, we were motivated to use social media for saving the nature and change our personality so that we do not have to live in a world that lacks nature's beauty. We were motivated for "HAPPY EARTH, HAPPY PEOPLE".

"If you think environment is  
Less important than economy,  
Try holding your breath  
While counting your money."

**Deepali Jani, Vijaylakshmi, Mugdha & Nimita**

## **PISA PROGRESS-- 2019-20—A Report**

PISA is the OECD's Program for International Student Assessment. Every three years it tests 15-year-old students from all over the world in reading, mathematics, and science. It would lead to recognition and acceptability of Indian Students and prepare them for global economy in the 21st century. The CBSE and NCERT will be part of the process and activities leading to the actual test.

To achieve the target mentioned above, the school has started various activities as per the instructions received by KVS HQ

- Implementation of Joyful learning Activities.
- Weekly classes dedicated to polishing Critical and comprehensive Thinking skills of students
- Exposure of students and teachers to the Take - the- test booklet.
- Test items were taken up as an example and teachers created more such questions to develop thinking skills on students.
- Registration of the students on PISA PORTAL-Students falling under the age slab decided by the OECD were registered on SHAGUN PORTAL.

- PISA Practice Test I, II, III and IV were conducted as per the dates decided by CBSE and around 333 PISA Registered students participated along with other students of classes VII -X.
- Scores obtained by students were uploaded on SHAGUN PORTAL
- **Handbooks and Teachers' Support material** provided to every teacher in booklet form.
- Teachers teaching Maths, science and English attended 3-days training on designing and developing material based on CCT Practises.
- Useful links related to CCT based teaching learning material are uploaded on school's website.
- Vidyalaya provided due support to every teacher as and when required to reach up to every student's requirements.
- **A CCT Corner** was created. A box was fixed on the wall where students could put their CCT questions. The same were addressed in the morning assembly, during class or as a special activity.
- **A CCT display board** was created to raise awareness among students and staff alike  
We are preparing ourselves for 2022.

Ms Pinki Guliya  
TGT English

## राजभाषा कार्यान्वयन समिति

प्रतिवेदन राजभाषा हिंदी के प्रचार प्रसार के उद्देश्य से राजभाषा विभाग -; गृह मंत्रालय के आदेशानुसार विद्यालय में राजभाषा कार्यान्वयन समिति का गठन किया गया है , जिसकी अध्यक्षता प्राचार्या श्रीमती ममता शेखर हैं | यह समिति प्रति तिमाही में बैठक आयोजित करती है तथा विद्यालय में राजभाषा हिंदी के उत्तरोत्तर विकास, उसके प्रयोग संबंधी, के-प्रपत्रों में दिए दिशा - संगठन तथा राजभाषा विभाग से प्राप्त .वि . निर्देशों पर चर्चा कर उनके अनुपालन के निर्देश जारी करती है। प्रति तिमाही के उपरांत अप्रैल, जुलाई, अक्टूबर एवं जनवरी माह में नियमित रूप से रिपोर्ट प्रेषित की जाती है | शैक्षिक सत्र 19-2018 के अंतर्गत इस समिति द्वारा नियमित रूप से बैठकें की गयीं व स्नातकोत्तर हिंदी शिक्षिका श्रीमती आरती प्रसाद द्वारा हिंदी भाषा के अधिकाधिक प्रयोग सिखाने हेतु का आयोजन भी किया गया 'लेखन कार्यशाला-पत्र'। इस वर्ष नगर राजभाषा कार्यान्वयन समिति द्वारा आय (नराकास)ोजित प्रश्नोत्तरी प्रतियोगिता में हिंदी विभागाध्यक्षा श्रीमती आरती सांत्वना पुरस्कार विजेता रहीं ( स्नातकोत्तर हिंदी)। सितम्बर माह में आयोजित हिंदी पखवाड़ा के अंतर्गत सुलेख, श्रुतलेख, प्रश्नोत्तरी, काव्यपाठ-, गीत 250 गायन आदि प्रतियोगिताओं में विद्यालय के लगभग- विद्यार्थियों ने भाग लिया व विजेताओं को पुरस्कृत किया गया। विद्यालय में हिंदी माध्यम से भारतीय संस्कृति के विकास हेतु बच्चों ने भाग 278 का आयोजन किया गया जिसमें 'ति ज्ञान परीक्षा भारतीय संस्कृ' लिया।

इस परीक्षा में ग्यारहवीं ने दक्षि 'अनामिका' की 'अ'णी जिले में प्रथम स्थान तथा ग्यारहवीं के 'स' ने राज्य स्तर पर तृतीय स्थान प्राप्त कर विद्यालय को गौरवान्वित किया 'जी मनोहर'।

श्रीमती आरती प्रसाद,  
स्नातकोत्तर शिक्षिका (हिंदी)

### STUDENT COUNCIL 2019-20

S.No.	Name of the Post	Name of the student	Class
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1.	School Captain Boys	Alan Roy	XII C
2.	School Captain Girls	Sagarika Nandi	XII C
3.	Academic Captain Boys	Nayan Sushil	XII A
4.	Academic Captain Girls	Alisha Kumari	XII E
5.	CCA Captain Boys	Aman Bharti	XII B
6.	CCA Captain Girls	Ishita Naudiyal	XII E
7.	Discipline Captain Boys	Adhiraj Singh	XII A
8.	Discipline Captains Girls	Shikha Chaudhary	XII B
9.	Literary Captain Boys	Nitish Kar	XII B
10.	Literary Captain Girls	Sanjana Kumari	XII E
11.	Cleanliness Captain Boys	Abhinyash Mahakud	XII C
12.	Cleanliness Captain Girls	Shreya	XII E
13.	Environment Captain Boys	Roshan Pious	XII A
14.	Environment Captain Girls	Rimjhim Sundriyal	XII C
15.	Sports Captain Boys	Pranav Kumar	XII B
16.	Sports Captain Girls	Amisha Singh	XII D

S.No.	Name of the Post	Name of the student	Class
1.	School Vice-Captain Boys	Himan Nayak	XI C
2.	School Vice-Captain Girls	Sharon Varghese	XI C
3.	Academic Vice-Captain Boys	Lohit Das	XI C
4.	Academic Vice-Captain Girls	Sanya Sheoran	XI C
5.	CCA Vice-Captain Boys	Aryan Goshain	XI A
6.	CCA Vice-Captain Girls	Aditi Aastha	XI E
7.	Discipline Vice-Captain Boys	Tejas Arora	XI B
8.	Discipline Vice-Captains Girls	Nishtha	XI A
9.	Literary Vice-Captain Boys	Aditya Kumar	XI C
10.	Literary Vice-Captain Girls	Arti Joshi	XI A
11.	Cleanliness Vice-Captain Boys	Shubham Kumar	XI D
12.	Cleanliness Vice-Captain Girls	V Amruta Varshini	XI E
13.	Environment Vice-Captain Boys	Kinshuk Sharma	XI E
14.	Environment Vice-Captain Girls	Suhani Verma	XI A
15.	Sports Vice-Captain Boys	Rishu Baghel	XI B
16.	Sports Vice-Captain Girls	Saumya Sharma	XI A





## *From the portals of the past - Alumna Impressions*

It is overwhelming that the 12-year journey came to an end with the blink of an eye. Perhaps the truth that nothing remains for eternity was conveyed to us as we passed out of our schooling years.

We have been made to understand that school is an institution for education. It is the library of knowledge. But are these the only parameters by which we define it. For me it is the very ground which carved me into the person that I am right now. It is not an exaggeration that my teachers built me. It is pertinent to cite here how they shaped me up and ornamented me with the finer aspects of knowledge and values that I own.

Looking back, I do still remember when I stepped into Kendriya Vidyalaya, Sector-8, R K Puram I was scared of the new environment, the fear of the unknown and most of all lack of friends. Yet my peers and my teachers accepted me as I was on day one itself. I was happy to see the assortment of students; some were dedicated towards studies while others to their friendships. My teachers were there to guide me not only in the academics but also played an important role to usher me on to the right path.

We hear people say that senior High School is hard, mounted with books with no time for recreational activities. Let me tell you, K V Sector-8 not only helped us ease our minds and stress but also the teachers made sure that we were enjoying with recreational activities at par with our studies. Lab work was extensive as well as brimming with jokes and pranks. The most memorable was the English period and surely, I will miss those books as my old friends. We celebrated birthdays, musical programs, various competitions, sports day, teacher's day and Farewell too.

We made companions and the word 'Bhai' still echoes in my ears. I am thankful to them for making my years long journey ever memorable. A special thanks to Principal Madam who has steered this institution so well in such a short span of time. She is a role model for me as an outstanding leader. I would also thank my teachers for being with me and guiding me through the difficult times. And lastly my friends who even through their nuisance and humorous activities rendered me some of my best memories.

The farewell day left us teary eyed, with a camera full of photos and gifts in our hands and a desire to walk in that uniform again in those corridors. It will be worth it to share my memories of the school times with friends and family in the coming years. Long live KV, Sector-8....

**Mridul Karan**  
**School Captain-2018-19**



## *From the portals of the past -- Alumna Impressions*

Sometimes I wonder, how just 12 years back we could not hold a pen, read or write or do any of the complex activities that we are capable of doing now.

I, like many other students have had the best and the worst experiences in these years at School. We have come a long way from learning how to close our tiffin boxes in the first standard to learning how to protect our tiffin boxes from our friends before lunch!

I joined Kendriya Vidyalaya Sector 8 RK Puram in 11<sup>th</sup> standard and I clearly remember my first day of school here.... Apart from acclimatizing myself to the new surroundings and people, I had managed to faint in the chemistry lab while performing experiments, and soon was known as 'the new girl who fainted'. Recovering from the embarrassment of that day and growing from a self conscious and under confident girl to realizing that confidence comes not from zero embarrassments but from our courage to accept and embrace embarrassing situations and not being afraid to make genuine mistakes.

The love I received from all my teachers and friends was heartwarming. I thank them all, especially honorable Principal ma'am, for having provided us with such wonderful experiences and knowledge.

It is here that my dream of being the head girl came true and with it came responsibilities that helped me identify and explore new potentials in me and serve the institution better. I would like to thank all council members and each student for their continuous support.

School life is one of the longest and most dramatic stages of life... especially my journey from being "the new girl who fainted" to "the school captain who quoted Uri" will certainly be one of the most cherished memories.

I am sure the class of 2018-19 will make this prestigious institution proud. All we have to do is keep our head and josh high!

Once a KVian, always a KVian!

**Oishwarjya Banerjee**  
**School Captain-2018-19**



## *Reminiscences*

### **School Captain 2019-20**

Life is all about learning. School life is a preparation to face the challenges that the actual world will offer us once we are out of our schools. The schools therefore have a great influence upon us. They shape our character, mould our mental attitudes and fashion the basic principles of life.

All the memories of school whether good or bad are filled with golden moments. From the anxiety of attending school for the first time when I was in class I , being the head girl in class V , taking board exams in class X, choosing a stream in class XI to again being the head girl in class XII and finally taking the boards, this school has always supported me and made me realize my potentials.

Apart from the teachers having a great amount of knowledge and vast experience this school has also given me a myriad of memories, moments of happiness and some never ending friendships.

As I move onto the new phase of my life, recollection of the fond memories of the bygone school days will always bring a smile on my face.

Bidding adieu won't be easy. But as it is said every ending is a new beginning, I thank the Vidyalaya family for supporting us through this crucial phase of life and promise them to make my school and teachers proud wherever I go.

**Sagarika Nandi (XII-C)**

**School Captain (2019- 20)**



## *Reminiscences*

### **School Captain 2019-20**

Ever since I have stepped out of the portals of the Vidyalaya and said goodbye to it, it is one of the things I miss the most while staying at home, and it made me think of all the great memories I've made inside those gates. And after listening to the experience of my friends who recently visited school I have come to the conclusion that I don't actually miss the building or the corridor, but the people with whom I spent the best three years of my life.

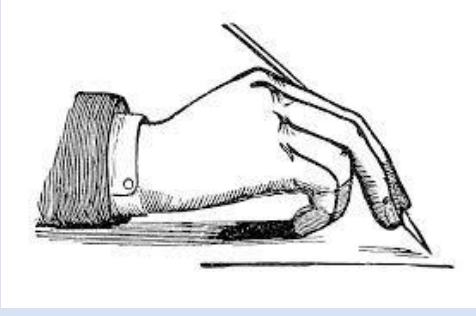
Kendriya Vidyalaya sector 8 RK Puram has been really close to my heart, because it is the last KV I studied in and probably the one which was the best for me. I didn't want to leave Bangalore in 2017 but I don't think my school experience would've been complete without KV sector 8 RK puram.

The school has really been a cradle for learning and overall development, be it in sports, be it in other co-curricular activities. The teachers were very understanding and tried to bring out the best in me. Being the Head boy was both exhilarating and nerve wrecking at the same time, it was an amazing opportunity and a great learning experience. I want to express my sincere gratitude to Principal ma'am, Vimmy ma'am and everyone else who believed in me and made this tenure a success.

In the end I would like to conclude by saying that all of us are going through a lot right now, the pandemic has not been very kind to us. But as Helen Keller said, "**Keep your face to the sunshine and you cannot see the shadows.**" We have two options ahead of us: we can give up and start cribbing, or we can make the best out of this and come out of this victorious. And even though the first option seems easier the result is not so great. My school experience was unique, and yours will be too. Do not blindly conform to everything but be the source for reform that can make this world a better place. Believe in yourself and don't define yourself because definition excludes the possibility for change. All the Best!

**Alan Roy**

**School Captain (2019- 20)**



## हिन्दी अनुभाग

### अन्तर्निहित प्रतिभा

- कोविड) १९ के लॉकडाउन की अवधि पर आधारित

आशाओं से जीवन चलता है  
विश्वास पर रिश्ता पलता है  
क्यों व्याकुल है आज ओ पगले तू,  
उम्मीदों को किसने रोका है ?

रहकर बंद अपने घर में  
तू आज जुटा हिम्मत सारी  
मात पिता बच्चों के संग न  
मिली दुनिया कभी इतनी प्यारी

दायित्वों की चकरघिन्नी में  
न पाया समय कभी अपने लिए  
अब तुझको दिया अवसर प्रकृति ने  
खुशियों से भर ले झोली सारी

मन के भावों की अभिव्यक्ति को  
छंदों में साकार तू कर  
तूलिका के रंगों से भरकर  
श्वेत फलक रंगीन बना  
आत्म से साक्षात्कार तू कर  
अपने अन्दर झांक कर देख  
तुझमें तेरा रचनाकार  
बैठा हुआ है निराकार

ये पल मिले हैं तुझे अपने लिए  
अपनों के सपनों के लिए

आज ही कर योजना सारी  
खुशियों से भर ले झोली सारी ।

इससे पहले की व्यस्तता आ घेरे  
सर्वत्र की चिंताएं डालें डेरे  
अपनी प्रतिभा को पहचान  
बना ले स्वयं को यशवान  
बना ले स्वयं को यशवान ।

आरती प्रसाद  
स्नातकोत्तर शिक्षिका ( हिंदी)

## सुविचार

1. कर्म को स्वार्थ से परमार्थ की ओर ले जाना ही मुक्ति है । कर्म का त्याग मुक्ति नहीं है ।
2. जीत और हार आपकी सोच पर निर्भर करती है मान लो तो हार होगी और ठान लो तो जीत है ।
3. मनुष्य अपने विश्वास से निर्मित होता है , जैसा वो विश्वास करता है वैसा वो बन जाता है ।
4. ज्ञान झुकना सिखाता है, गिरना नहीं , और झुकना भी ऊपर उठने के लिए ।
5. आज का पुरुषार्थ ही कल का भाग्य है ।
6. जिसके पास विद्या रूपी नेत्र नहीं है, वह अंधे के समान है ।
7. तपस्या जीवन का आखिरी कदम है , उठो चलो और लक्ष्य तक पहुँचे ।
8. केवल कर्म हीन ही ऐसे होते हैं जो भाग्य को कोसते हैं, और जिनके पास शिकायतों का बहुमूल्य खजाना होता है ।

जैसमिन ,  
सातवीं 'अ'

## मेरा देश महान

प्यारा प्यारा मेरा देश,  
सुंदरकितना मेरा देश  
दुनियाजिस पर गर्व करे  
ऐसा प्यारामेरा देश  
चांदी सोनामेरा देश  
जग में न्यारामेरा देश  
सूरज जैसा है आलोकित  
सुख समृद्धि से मेरा देश  
अनेकता में एकता  
प्रगति के पथ पर  
बढ़ता जाए मेरा देश

अनमोल सिंह  
छठी ' स'

## भगत सिंह की माँ

जब भगत सिंह को फाँसी हो रही थीअं, तिम समय उनके सभी मित्र उनको गले मिल रहे थे । रो भी रहे थे और ढाढस बँधारहे थे । भगत: सिंह की माँ भी उनसे मिलने आई भगत । र गले मिलेमाँ बेटा कसक ।  
। सिंह के चेहरे पर असीम खुशी और तेज था  
माँ ने भगत सिंह के चेहरे की और देखा तो आँसू झलक आए " |अरे माँतू तो बहादुर भगत सिंह के बेटे !  
में! अरे बेटा? तू रोती क्यों है । की माँ है इसलिए नहीं रो रही हूँ कि आज के बाद तू इस दुनिया में नहीं रहेगा और मुझे दिखाई नहीं देगा बल्कि । मैं तो इसलिए रो रही हूँ कि भगवान ने मुझे ऐसे चार बेटे क्यों नहीं दिए जिन्हें मैं देश पर कुर्बान कर सकूँ ।  
आखिर वो भगत सिंह की माँ थी ।

निताशा कुमार

## देश मेरा आजाद रहेगा

खेतों में हरियाली होगी ।  
जीवन में खुशहाली होगी ।  
। धरती अन्न उपजाएगी  
। नारी यहाँ सुख पाएगी  
कोई न होगा भूखा नंगा ।  
हर नर होगा भला चंगा ।  
। मिलजुलकर सब काम करेंगे  
। भारती का हम नाम करेंगे  
बाधाओं से नहीं डरेंगे ।  
सिद्धांतोंसे नहीं गिरेंगे ।  
का राज होगा सुख शान्ति  
। देश मेरा आजाद रहेगा  
गुमांशु  
छठी ' स'

## कटी पतंग तेरा कौनसा रंग-

कटी पतंग तेरा कौनसा रंग-  
हवा की लहर तेज है ।  
धूप संग अच्छी रोशनी भी है,



आसमान पतंगों से भरा हुआ है,  
मन भी जैसे पतंग हुआ है।  
जब तक पतंग की डोर हाथ में,  
तब तक इच्छा आपके हाथ में,  
चाहे तो दाएँ घुमा लो,  
चाहे तो बाएँ घुमा लो,  
जैसे बोलो वैसे चलाऊँगा,  
हजारों पतंगों में भी एक हूँ,  
अब क्या मैं भी कट गया,  
तुम बस बाकी का धागा लेपेटो,  
मुझे नीचे गिरते देखो,  
तुम्हारे हाथ में इतनी ताकत कहाँ,  
अब मैं किसी दूसरे के हाथों की डोर हूँ,  
जैसे बरसात में मोर हूँ,  
अब सारी पतंगों को काटी हूँ,  
यही बात बतलाना है,  
गिर कर उठना भी कला है।

स्नेहा पांडे  
सातवीं 'ब'

## देखो हँस न देना

.1पत्नी मैं बचूँगी नहीं मर जाऊँगी : ।

पति मैं भी मर जाऊँगा । :

पत्नी ऊँगी लेकिन तुम किसलिएमैं तो बीमार हूँ इसलिए मर जा :

पति | मैं इतनी खुशी बर्दाश्त नहीं कर पाऊँगा :

.2पति दूध पीकर – छी ये कैसा दूध है

बीवी – वो केसर खत्म हो गया था जी तो मैंने आपकी जेब से डाल दिया ' विमल पान मसाला '

| क्योंकि इसके दाने दाने मैं हूँ केसर का दम

.3विदेशी क्रिकेट कैप्टेन तु " –म्हारे देश के मैदान में घास अच्छी नहीं है |

भारतीय कैप्टेन " –तुम यहाँ खेलने आए हो या घास चरने" ?

.4औरंगजेब – सेनापति बताओ कि हम शिवाजी को क्यों नहीं नहीं दूँड पा रहे हैं?

सेनापती " –क्योंकि महाराज हम मुगल है गूगल नहीं " |

निहारिका

## कुदरत की देन

कुदरत ने दिया हमें पानी है  
जो हम सबकी जिन्दगानी है |  
कुदरत ने दी हमें हवा है |  
जो धड़कनों को रखता जवाँ है |

हम सबको करनी होगी इनकी कदर,  
जिससे बढ़ेगी हम सबकी उमर |  
हृदय रहेगा स्वस्थ कसी रहेगी कमर |  
सँवर जाएगा गाँव और शहर |

कुदरत ने दिया हमें पहाड़ है  
हर मौसम में एक बहार है |  
कुदरत ने दी हमें मिट्टी है,  
जो हम सबकी शक्ति है ||

हमें करनी होगी इनकी रखवाली |  
जिससे बची रहेगी हरियाली |  
लहराएगी खेतों में फसलों की डाली,  
जो लाएगी हम सबके जीवन में खुशहाली ||

जागृति कुमारी  
छठी 'अ'

## 'सोच'कमल

यह “ कविता पूरी तरह से व्यंग्य रहित है कैसे एक बाप की जिद ने एक लड़की को इस काबिल बना दिया  
“ |

सोच रहा हूँ कि एक बेटा हो मेरा वो उत्तराधिकारी हो  
मेरा नाम रोशन हो  
उसके नाम से मेरा नाम हो  
अब शायद पता नहीं कब हो  
जब से बेटे की जगह हुई बेटी सपने हुए अटपटी  
भला क्या कर लेगी बेटियाँ  
क्या बेटे का फर्ज अदा करेगी बेटियाँ  
धीरेधीरे बड़ी हुई बेटियाँ-  
रोज ताने व मरे होने की महसूस हुई  
कोशिश की बेटे बनने की  
नक़ल न उतार सकी बेटे की  
अब बेटी बड़ी हुई  
अपने पैरों के बल खड़ी हुई

अपने पिता के बेटे के, सपने पर काबिल हुई  
यह देख पिता की आँखे नम हुई  
जो सोचा कभी ना  
वो बेटी ने कर दिखाया ना |

स्नेहा पांडे  
सातवीं 'ब'

## फन स्टेशन

पुलिस वाला एक : पुलिसवाला ट्रैफिक में गाड़ियों को रोककर जाँचपूछ ,ताछ कर रहा था उतने में | एक आदमी लाल थैले को लिए हुए आया |  
पुलिस वाला आदमी से इसमें क्या : है???  
आदमी बताते हैं , बताते हैं :  
पुलिस वाला पुलिस : वाले ने फिर उससे पूँछा इस थैले में क्या है ?  
आदमी बताते हैं : बताते हैं पुलिस वाले को शक होता है वह कुछ लोगों को बुलाता है जब , लोगों ने थैले को खोलकर देखा तो उसमें पताशे थे |  
पुलिस वाले ने आदमी से पूँछा इसमें ? अगर पताशे थे तो बताया क्यों नहीं |  
आदमीइतने : देल ते थैला हूँ बताते है बताते |  
टिलू टिलू ने : शेर को दिखाकर रिंकू से बोला भागो शेर आ रहा है |  
रिंकू रिंकू : टिलू से बोला मैंने तोड़ी ना शेर को मारा है मैं |क्यों भागू ??  
नौकर बिल्ली : लेकर आया  
मालिक नौकर से तुम : यह बिल्ली क्यों लाए हो  
नौकर मालिक से आप : ही ने तो कहा था कि आपके पेट में चूहे कूद रहे हैं |

पापा बेटे सेबेटा : जरा बाजार से गरम मसाले ले आओ |  
बेटाबाजार : से वापिस आता है|  
पापाबेटा : तुम गरम मसाला क्यों नहीं लाए|  
बेटापापा जब : मैंने गरम मसाले को हाथ में लिया तो वह ठंडा था |

एक बार पापा अपने बेटे के साथ बाजार जाते हैं|  
बेटा पापा से पापा : देखो संतरे उसके पापा कहते हैं हट पगले संतरे तो बड़े - बड़े होते हैं यह | संतरी है संतरी|  
बेटा पापा से पापा देखो केले उसके पापा कहते हैं हट पगले केले तो बड़े- बड़े होते हैं यह | केली है केली रस्ते | मैं बेटे कि अध्यापिका मिलती है |  
अध्यापिका पापा से देखो आपके बच्चे के जीरो आए हैं जीरो|  
पापा अध्यापिका से: हट पगली जीरो तो बड़े - बड़े होते हैं तो जीरी है जीरी,  
अध्यापिका बेटे से यह : कैसे पापा है तुम्हारे|

बेटा अध्यापिका से: मैम पापा तो बड़े- बड़े होते हैं यह तो पापी है पापी।

अनुष्का  
सातवीं 'अ'

## माँ की ममता

ममता भरी इन आँखों में  
एक आशीर्वाद भी होता है।  
माँ से घर के आँगन तक,  
भगवान का एहसास भी होता है ।  
    वो दिखती तो है खुश मगर  
    दर्द भी साथ होता है।  
    सब भूलीबिसरी आती- है  
    जब बच्चा उसका रोता है ।

माँ पाले हम सबको,  
फिर भी क्यों ऐसा होता है,  
भगदड़ भरी इस दुनिया में  
तू माँ को खो देता है ।  
    इस ममता को मैं भूल न पाऊँ ,  
    जिससे रोशन जीवन होता है ।  
    अब फ़िक्र बहुत होती है  
    जब माँ को कुछ भी होता है  
    माँ की हालत बिगड़े तो,  
    दिल मेरा यह बहुत रोता है ।

लक्ष्य  
दसवीं 'अ'

## लड़की

अच्छा हुआ माँ तूने मुझे कोख में मार दिया ,  
आखिर तूने जन्म नहीं लेने दिया  
अरे अभी तो आँख भी नहीं खुली कि बंद हो गई और  
अभी तो सुबह नहीं हुई कि रात हो गई ।  
मैं नहीं पूछूँगी कि क्यों मारा मुझे ।  
इतना बता कि जीने का हक़ नहीं मेरा  
अरे मर तो मैं तभी गई थी,  
जब तुमने बेटे की आस कर दी थी ।  
पिता को जन्म देने वाली ? लड़की नहीं ' दादी '

क्या भाई को जन्म देने वाली 'तू भीलड़की' नहीं ?  
जिनकी 'देवी-माता' पूजा करते हो वो भी लड़की नहीं ?  
और इस दुनिया को जन्म देने वाली धरती भी लड़की नहीं ?  
चल माँ अब पिता को बोल दो,  
मुझे सफ़ेद कपड़ेमें लपेट कर कहीं दफना दो  
जहाँ हजार लड़कियां मेरे साथ हों।  
अब कोई मत रोना धरती की चादर ओढ़ाकर दो एक कोना।

स्नेहा पाँडे(कमल)  
सातवीं 'ब'

## खुश हूँ

जिन्दगी है छोटीहर , पल में खुश हूँ ,  
ऑफिस में खुश हूँ घर ,में खुश हूँ  
आज पनीर नहीं हैंतो , दाल में ही खुश हूँ  
गाड़ी में जा नहीं सकता ,पैदल चलकर ही खुश हूँ  
आज दोस्तों का साथ नहींतो , किताब पढ़कर ही खुश हूँ  
जिसको देख नहीं सकता, उसकी आवाज से खुश हूँ  
जिसको पा नहीं सकता, दसकी याद में ही खुश हूँ  
बीता हुआ कल जा चुका है उसकी मीठी यादों में , खुश हूँ  
आने वाले पल का पता नहीं उसके सपनों में ही खुश हूँ  
ये भाव दिल को छुए तो खुश होना वर्ना मैं ऐसे ही खुश हूँ।

निताशा कुमारी  
आठवीं 'अ'

## आजादी अभी अधूरी है

पंद्रह अगस्त का दिन कहता - आजादी अभी अधूरी है ,  
सपने सच होने बाकी है राखी , की शपथ न पूरी है ।  
जिनकी लाशों पर पग धर कर आजादी भारत में आई ,  
वे अब तक है खानाबदोशगम , की काली बदली छाई।  
कलकत्ते के फुटपार्थों पर जो आँधी- पानी सहते हैं ,  
उनसे पूछोपंद्रह अगस्त , के बारे में क्या कहते हैं ।  
हिन्दू के नाते उनका दुःख सुनते यदि तुम्हे लाज आये तो ,  
सीमा के उस पार चलो सभ्यता जहाँ कुचली जाती ।  
इंसान जहाँ बेचा जाता ईमान खरीदा जाता है ,  
इस्लाम सिसकियाँ भरता हैडॉल , र मन में मुस्काता है ।  
भूखों को गोली नंगो को हथियार पहनाए जाते हैं ।  
सुर्ख कंठो से जेहादी नारे लगवाएँ जाते हैं ।

लाहौरढाका पर,कराची, मातम की है काली छाया ,  
पख्तूनों पर ,मिलगिट पर है गमगीन गुलामी का साया|  
बस इसीलिए तो कहता हूँ आज़ादी अभी अधूरी है,  
कैसे उल्लास मनाऊँ मैं थोड़े दिन की ? मज़बूरी है |  
दिन दूर नहीं खंडित भारत को पुन अखंड बनाएँगे :  
गिलगिट से गारो पर्वत तक आजादी पर्व मनाएँगे |  
उस स्वर्ण दिवस के लिए  
आज से कमर कसैं बलिदान करें ,  
जो पाया उसमें खो न जाएं ,  
जो खोया उसका ध्यान करें

द्वाराअटल बिहारी -

वाजपेयी

संकलन कर्ता  
विकास -छठी'ब'

### कड़वा सच

मजबूती की झंकार थिरकती जिसने मन में ,  
स्वास्थ्य रूपी पेड़ पनपते उसके तन में  
पहनकर आलस का चोला जो आगे बढ़ता है  
दूसरों की देख विजय| जो बस हाथ ही मलता है ,  
छोटा इसमें कुछ काम ,सा है जीवन-बिन बाधा तू कर जा  
पूजा से कहीं अधिक बड़ा है| अच्छे कर्मों का दर्जा ,

रिया मालिक  
ग्यारहवींसी-

### 'पूर्ण विराम'

पूर्ण विराम का चमत्कार,  
कौन है इसका कलाकार ?  
जिसका हुआ सपना साकार  
पूर्ण विराम का चमत्कार |  
अगर पूर्ण विराम होता ही ना ,  
बात खत्म हो पाती कहाँ |  
पूर्ण विराम के बिना कविता है अधूरी ,  
क्या इसके बिना होती किसी की कल्पना पूरी |  
हर बात का अंत है पूर्ण विराम यही इसका मुख्य काम |

अपर्णा भट्टाचार्या  
पाँचवीं 'ब'

## मेरी माँ

भगवान का दूसरा रूप माँ है |  
जिसने दिया जीवन हमको |  
अच्छी| अच्छी बातें सिखलाती है-  
अच्छा बुरा हमें बताती है |  
हमारी गलतियों को है सुधारती |  
प्यार हमें वह करती |  
तबियत अगर हो जाए खराब  
रात| रात भर जगती रहती-  
मेरी प्यारी माँ |

अदिति पाठक  
पाँचवीं 'ब'

## वृक्ष

धरती को सुंदरता देता प्यारा वृक्ष महान |  
जीवन को सुन्दरता देता | जीवन की पहचान ,  
बागों में हरियाली करता ,  
धरा को फल फूलों से भरता -  
भूखों को देता है भर पेट अन्न और धान ,  
प्यारा वृक्ष महान |  
आओ एक कसम हम खाएँ ,  
मानवता को सब मिलकर बचाएँ |  
अपने हाथों वृक्ष लगाकर ,  
सूखी धरती में बीज छिपाकर भर दे इसमें प्राण |  
प्यार वृक्ष महान |

अदिति पाठक  
पाँचवीं 'ब'

## ऋण मातापिता का-

हम कभी माता ऋण चुका सकते नहीं ,पिता का-  
इनके है अहसान इतने | हम गिना सकते नहीं ,  
यह कहाँ फल जाप में होता है  
इनकी सेवा से मिले धन ज्ञान ,  
अरु लम्बी उमर स्वर्ग से बढ़कर है  
जग आसरा माँ | बाप का इनकी तुलना में कोई वस्तु कर सकते नहीं-

हम कभी माता पिता का ऋण-चुका सकते नहीं ।

अंकित रावत तीसरी 'सी'

## बचपन

बचपन है ऐसा खजाना आता है ना जो दोबारा ,  
मुश्किल है इसको भुलाना बो खेलना कूदना और खाना  
मौज मस्ती में बलखाना  
वो माँ की ममता  
वो पापा का दुलार भुलाए ना भूले  
वह सावन की फुहार  
मुश्किल है इसको भुलाना ।  
वो कागज की नाव बनाना  
वो बारिश में खुद को भिगाना ।  
वो झूला झूलना और मुस्काना  
वो पतंगों का उड़ना उड़ाना ।  
मुश्किल है इसको भुलाना ।

माधवी यादव  
पाँचवीं 'बी'

## ज़रा मुस्कराइए

1. टीचर - पप्पू, पानी में रहने वाले पांच जानवरों के नाम बताओ ।  
पप्पू - मेंढक  
टीचर - बाकी चार??  
पप्पू - मैम... मेंढक के पापा , मेंढक की मम्मी, मेंढक की बहन और मेंढक की बीवी...।
2. एक दिन पप्पू नदी किनारे लेटा हुआ था, तभी .....  
अमेरिकन - आर यू रिलेक्सिंग ?  
पप्पू - नो डियर, आई एम पप्पू ।  
अमेरिकन - आर यू रिलेक्सिंग ?  
पप्पू - यार आई एम पप्पू । पप्पू गुस्से से निकल जाता है । आगे उसे एक और लड़का नदी किनारे दिखा ।  
पप्पू - आर यू रिलेक्सिंग ?  
लड़का - हाँ  
पप्पू - (थप्पड़ मारते हुए) तू यहाँ आराम से लेटा है बेवकूफ वहाँ तेरे घर वाले तुझे ढूँढ रहे हैं ।

अंशिका माथुर  
पाँचवीं 'ब'



## चिड़िया रानी

चिड़िया रानी चिड़िया रानी  
तुम हो पेड़ों की रानी  
सुबह सवेरे उठ जाती हो क्या तुम भी पढ़ने जाती हो  
या नौकरी करने जाती हो  
शाम से पहले आती हो  
बच्चों का दाना लाती हो  
भर भर चोंच खिलाती दाना-  
चूचू चहक सुनाती गाना ।

ध्रुव कक्षा  
तीसरी स

## में टीचर बन जाऊं

में टीचर बन जाऊं पाठशाला की  
में एक टीचर बच्चों की  
में प्यारी टीचर कक्षा में  
यह सारे बच्चे भले भले  
निहारे प्यारे बच्चे  
कहीं किताबे कहीं है कक्षा  
सबसे प्यारी है यह शिक्षा  
जल्दी से कक्षा में जाऊं  
सपनों से वापस में आऊं

सौम्या  
दूसरी अ

## पिकनिक में खजूर

एक बार एक विद्यालय के कुछ छात्रों ने मिलकर एक पहाड़ी क्षेत्र में पिकनिक पर जाने की योजना बनाई इसके लिए यह तय किया गया कि सभी बच्चे अपने अपने घर से कुछ न कुछ खाने का समान लेकर आएंगे एक विद्यार्थी ने घर पर आकर अपनी मां को सारी बात बताई सुनकर मां परेशान हो गई रोटि घर में कुछ भी नहीं था ना खाना बनाने का सामान था और ना समान खरीदने के लिए पैसे कुछ खजूर अवश्य पढ़े थे और उन्हें पिकनिक के लिए ले जाना अच्छा नहीं लग रहा था ।

कुछ देर बाद बालक के पिता घर आए तो उसकी मां ने बालक के कार्यक्रम के विषय में उन्हें भी बताया संयोग से उसकी पिताजी की जेब भी उस समय खाली थी पिता बेटे का दिल नहीं तोड़ना चाहते थे अंत में उन्होंने निश्चय किया कि वह पड़ोसियों से कुछ उधार मांग कर अपने बच्चे की इच्छा पूरी कर देंगे“ ।में अभी

आया” कहकर, जब पिता पड़ोस के घर की तरफ जाने लगे तब बालक को परिस्थिति समझते जरा भी देर न लगी उसने तुरंत भागकर अपने पिता की बांह पकड़ कर पूछा आप कहां जा रहे हैं? पिता ने कहा बेटा पड़ोसी मित्र के यहां कुछ पैसे उधार मांगने जा रहा हूं ताकि तुम्हारे लिए कुछ खाने के सामान का प्रबंध किया जा सके, घर में तो कुछ नहीं। बालक ने कहां नहीं पिताजी उधार मांगना उचित नहीं है मैं जैसे भी पिकनिक पर जाना नहीं चाहता और यदि जाना भी होगा तो घर में खजूर तो पड़े ही हैं , मैं वही ले जाऊंगा। कर्ज लेकर शान दिखाना ठीक नहीं। छोटे बालक के मुख से यह सुनकर पिता भावुक हो गए और भावुकता वश कुछ लोग उन्हें भूल नहीं सके। इस समझदार बालक का नाम था लाला लाजपत राया। वह आगे चलकर पंजाब केसरी के नाम से प्रसिद्ध हुए।

स्मृति  
नवीं स

## पर्यावरण

इन पेड़ों की छाया में ही तो  
सब पक्षियों का रैन बसेरा है  
इनके होने से हम सब हैं और  
कहते हैं कि जीवन मेरा है।

जरा गौर से देखो तो ये भी कुछ हमें कहते हैं।  
फूल फल और हवा सुगंधित यह सब हमें देते रहते हैं।  
मीठे मीठे फल लगते हैं। हम सबको कितने भाते हैं।  
इन्हीं से पक्षी भी अपना अच्छा जीवन यापन करते हैं  
इनको जो अगर काट गिराया तो  
कैसे मिलेगी तुमको छाया  
दर्द इन्हें भी होता होगा  
चोट इन्हें भी तो लगती होगी  
इनको तुम काट गिराओगे  
तुम भी तो कहां बच पाओगे  
जो समझेगा वृक्षों की पीड़ा  
इनके बिना ना जीवन हमारा  
पर्यावरण का है यह भण्डार  
शुद्ध हवा हमें देता अपार  
अब हर एक जो पेड़ लगाएगा  
वही तो नेक काम कर जाएगा

नव्या कुमावत तृतीय 'ब'

## कैसा हो घर

घर चाहे कैसा भी हो ,  
एक कोने में खुल का हंसने की जगह रखना

सूरज कितना भी दूर हो उसको  
घर आने का रास्ता देना  
अगर हो लोगों से मिलना जुलना सो  
घर के पास पड़ोस जरूर रखना  
भीगने देना बारिश में  
उछल कूद भी करने देना  
हो सके तो बच्चों को एक  
कागज की किशती चलाने देना  
कभी हो फुर्सत आसमान भी साफ हो तो  
एक पतंग आसमान में चढ़ाना  
हो सके तो एक छोटा सा पेंच भी लड़ाना  
घर के सामने रखना एक पेड़  
उस पर बैठे पक्षियों की बातें अवश्य सुनना  
घर चाहे कैसा भी हो  
घर के कोने में खुलकर हंसने की जगह रखना

अनुष्का कक्षा  
दूसरी अ

## बेटी

ममता का सम्मान है बेटी  
माता पिता का मान है बेटी  
आंगन की तुलसी है बेटी  
मां चाहिए बहन चाहिए पत्नी चाहिए  
दादी चाहिए नानी चाहिए  
फिर बेटी क्यों नहीं चाहिए ?

यश सिंह  
दूसरी अ

## हमारे देश की एकता

हमारे देश में जो चार भाई रहते हैं  
हमारे देश में जो चार भाई रहते हैं  
उन्हें हम हिंदू मुस्लिम सिख इसाई कहते हैं  
हमारे देश में तीन नदियां बहती है  
हमारे देश में तीन नदियां बहती है  
उन्हें हम गंगा जमुना सरस्वती कहते हैं  
हमारे देश में दो तीन रंग का झंडा है  
हमारे देश में जो तीन रंग का झंडा है

उन्हें हम हरा सफेद केसरिया कहते हैं

आर्यन राज  
तीसरी स

## चमकी बुखार

मैं इस बार जब बिहार गया था। गांव में मुझे लोग बाहर खेलने नहीं जाने देते थे। मुझे समझ नहीं आ रहा था कि मुझे लोग बाहर क्यों नहीं जाने दे रहे हैं। बाद में मैंने अब लोगों से पूछा कि मुझे आप लोग बाहर क्यों नहीं जाने दे रहे हो? लोगों ने कहा कि अभी बाहर चमकी बुखार फैला हुआ है रोज 10 से 12 बच्चे मरते हैं। चमकी कोई राक्षस है क्या जो रोज 10 से 12 बच्चों को मारता है? मेरे मन में नया सवाल बन गया था फिर मुझे पता चला कि चमकी बुखार इस तरह का बुखार है जो बहुत कड़ी धूप में बाहर जाने से, खाली पेट लीची खाने से या फिर कुपोषण के कारण होता है। फिर मैंने सोचा कि इस बुखार का क्या इलाज है? तो मेरी मम्मी ने कहा कि इस बुखार का कोई इलाज नहीं है सिवाय जागरुकता और शिक्षा के। सभी लोगों से यह निवेदन करता हूँ कि इतनी जागरुकता फैलाएं कि बच्चों में कुपोषण न रहे उनके साथ साफ-सफाई और सेहत का ध्यान रखा जाए इस प्रकार 150 से 200 जान बचाई जा सकती है क्योंकि मैंने सुना है जानकारी से बचाव संभव है और उपाय से बचाव बेहतर है।

श्रेयांश वत्स  
पांचवीं

## माता पिता

माता पिता की सेवा करना  
उन पर कोई एहसान नहीं  
माता पिता के चरणों से बढ़कर-  
दूजा कोई धाम नहीं  
चरणों को छू लेने भर से  
चार धाम तीर्थ हो जाएं  
दुख सहना माता पिता की खातिर  
फर्ज है कोई एहसान नहीं  
कर्ज है इनका तेरे सर पर  
शिक्षा यह कोई दान नहीं  
माता पिता संपत्ति है ऐसी-  
जिसका कोई उपमान नहीं

करण पांडे  
पांचवीं अ

## पहेलियाँ

1 राहुल के पापा के चार बेटे थे एक का नाम था सुरेश दूसरे का नाम था महेश तीसरे का नाम का रमेश हो तो चौथे का क्या नाम होगा?

2न कभी किसी से किया झगड़ा न करे किसी से लड़ाई फिर भी रोज होती है मेरी पिटाई?

3 ऐसा कौन सा रुम है इसमें ना तो खिड़की है ना दरवाजा

4फूल भी हूं फल भी हूं हूं मिठाई तो बताओ क्या हूं मैं भाई?

5एक किले के दो ही द्वार उसमें सैनिक लकड़ी मुँह है डार्क

उत्तर 1 राहुल 2 ढोलक 3 मशरूम 4 गुलाब जामुन 5 माचिस

कार्तिकेय कक्षा

तीसरी ब

## मेरे छत पर तिरंगा रहने दो

पेड़ ये पत्ते ये शाखाएं भी परेशान हो जाएं

अगर परिंदे भी हिंदू और मुसलमान हो जाएं

ना जाने कब नारियल हिंदू और खजूर मुसलमान हो जाएं

ना मस्जिद को जानते हैं ना सी

शिवालों को जानते हैं

जो भूखे पेट हैं

वह सिर्फ रोटी के निवालों को जानते हैं

मेरा यही अंदाज जमाने को खलता है

मेरा चिराग हवा में क्यों जलता है

मैं अमन पसंद हूं

मेरे शहर में दंगा रहने दो

लाल और हरे में मत बांटो

मेरी छत पर तिरंगा रहने दो

चिन्मय पाठक

पांचवी ब

## पिता

मेरा साहस मेरी इज्जत मेरा सम्मान है पिता

मेरी ताकत मेरी पूंजी मेरी पहचान है पिता

घर की एक एक-ईंट में शामिल उनका खून पसीना

सारे घर की रोनक सारे घर की शान है पिता

मेरी इज्जत मेरी शोहरत मेरा रूतबा मेरा मान है पिता  
मुझको हिम्मत देने वाले मेरा अभिमान हैं पिता  
सारे रिश्ते उनके दम से सारे नाते उनसे हैं  
सारे घर के दिल की धड़कन  
सारे घर की जान है पिता  
फल यह मेरे अच्छे कर्मों का  
उसकी रहमत उस की अमानत उसका वरदान है पिता

अभिजीत कुमार  
कक्षा चौथी ड

## बेजान मुस्कान

मुस्कुराना एक ऐसी कला है जो हर व्यक्ति के पास नहीं होती है। पर इस कला में मेरी प्रिय सहेली महारत हासिल कर चुकी थी। कक्षा में प्रथम स्थान पाना हो या अपनी प्रिय वस्तु का खो जाना किसी भी परिस्थिति में वह कभी भी अपनी मुस्कान को कम नहीं होने देती थी। उसकी मृत्यु से पूर्व मैंने कभी भी उसे दुखी नहीं देखा। 12 वर्ष की वह बच्ची अपने जीवन को पूरी उमंग के साथ बिता ही रही थी कि एक हादसे ने मेरे और उसके जीवन को एक नई राह की तरफ मोड़ दिया था। 20 जनवरी 2016 सुबह 7:00 बजे जैसे ही मैं जागी मुझे खबर आई कि मेरी सहेली की किसी हादसे में मृत्यु हो गई इस दुख और आश्चर्य में कि वह सब कब कहां कैसे हुआ? मैं अपने परिवार के साथ उसके घर पहुंची। घर के दरवाजे से लेकर हॉल तक सफेद कपड़े पहने हुए लोग आंसू बहते हुए दिख रहे थे उन लोगों के बीच मैं बैठे मीरा के पिताजी दुख के सागर में डूबे हुए अपनी बेटी के मृत शरीर के तरफ देखते हुए अपने विचारों में खोए हुए थे। उन्हें देख कर पता चल रहा था कि बेटी के जाने का गम उन्हें अंदर से तोड़ चुका है तभी पंडित जी के मंत्र उच्चारण ने मेरा ध्यान उस मृत शरीर की तरफ मोड़ दिया। आज उसके चेहरे की मुस्कान बेजान हो गई थी चेहरा पीला सा हो गया था। गले में माला और उसके शरीर पर फैली हुई सफेद चादर मुझे यह बता रही थी कि मीरा और मेरी दोस्ती अपने अंत समय तक पहुंच चुकी थी। पूजा पाठ के बाद उसका अंतिम संस्कार उसके घर से लगभग- 5 किलोमीटर दूर श्मशान घाट में हुआ। मेरे मन में उठ रहा एक विचार आज मुझे उस अंतिम संस्कार की अग्नि से ज्यादा कष्ट दे रहा था कि मुझे उसकी मेरी जीवन में कमी पर शोक मनाना चाहिए या विरहिणी आत्मा के परमात्मा से मिलन की खुशी

आस्था अड़थवाल  
ग्यारहवीं 'स'

## आत्मविश्वास

अपने मनोबल को इतना सशक्त कर  
कठनाई भी आने से जाए डर  
आत्मविश्वास रहे तेरा हमसफ़र  
बड़े बड़े कष्ट ना डाल पाए कोई असर-



हौसला अपना बुलंद कर लो  
साहस व हिम्मत को संग कर लो  
होकर आत्मविश्वासी संवाद करो  
धैर्य से सफलता की सीढ़ी चढ़ो  
जब भी कर्तव्य के मार्ग पर विपत्ति व विघ्न तुम्हें सताएंगे  
जब कभी हार कर विवश होकर निराशा के बादल छा जाएंगे  
हार ना मानने का जज्बा तुम्हें बढ़ाएगा  
आखिरकार देखना तुम्हारे आगे धरती हिल जाएगी आसमां झुक जाएगा  
भविष्य को संवारने हेतु दुखों को भी पसंद करो  
कर्म ज्यादा व बातें चंद करो  
हौसला अपना इतना बुलंद करो  
दुखों का पहाड़ टूटने पर भी सीना तान खड़े रहो  
रह पाएगा न दर्द का अंबार  
सर उठा कर शपथ जो चलता जाएगा  
जो अपने पक्के इरादों के आगे मुसीबतों के घुटने टिका जाएगा  
वही सुदृण मन वाला मनुष्य  
जिंदगी की ये जंग जीत पाएगा

अंशुल मीना, बारहवीं 'ई'

## हिंदी भाषा

राष्ट्रभाषा है अपनी हिंदी  
मातृभाषा इसे हम कहते हैं  
करने को संरक्षण इसका  
हम तन मन धन सब दे देंगे  
करने को इसकी रक्षा हित  
हम जान न्यौछावर कर देंगे  
हैं वतन हमारा हिंदी  
हिन्दुस्तान इसे हम कहते हैं  
राष्ट्रभाषा है अपनी हिंदी  
मातृभाषा इसे हम कहते हैं ।  
एक सूत्र में राष्ट्र को बाँधे  
ऐसा काम है करती  
भिन्न भिन्न धर्म और जाति में-  
एकता का ये दम है भरती  
है हिन्दुस्तान पर नाज हमें

हम प्यार बहुत इसे करते हैं  
राष्ट्रभाषा है हिंदी  
मातृभाषा इसे हम कहते हैं  
विविधता में है एकता  
पाठ ये हमें पढ़ाती है  
चारों दिशाओं की दूरी को  
एक साथ ये मिलाती है ,  
इसी के कारण ही तो हम सब  
एक साथ में रहते हैं  
राष्ट्रभाषा है अपनी हिंदी  
मातृभाषा इसे हम कहते हैं  
हिंदी भाषा ही तो  
हम सबको पहचान दिलाती है  
हर मानव के मन के भावों को यह दर्शाती है ,  
जीवन का आधार है हिंदी  
राष्ट्रभाषा है अपनी हिंदी  
मातृभाषा इसे हम कहते हैं  
आओ मिलकर लें ये शपथ  
इस भाषा का मान बढ़ाएँगे  
जिस भाषा ने देश को स्वतंत्र किया  
बस उसे ही प्रयोग में लाएँगे  
सर्वश्रेष्ठ है अपनी हिंदी  
सम्मान इसे हम देते हैं  
राष्ट्रभाषा है अपनी हिंदी  
मातृभाषा इसे हम कहते हैं ।

सुचिस्मिता  
ग्यारहवीं 'स '

## हर जंजीर तोड़ते चलो

हर जंजीर तोड़ते चलो ,  
नदियों का रुख मोड़ते चलो ,  
सितारों से दुनिया खोजना है ,  
हर धरती को छोड़ते चलो,  
और ऊँचा चढ़ते चलो  
बढ़ते चलो तुम बढ़ते चलो  
मुश्किल कहाँ कुछ होता है ,  
बेकार में तू ऐसा रोता है,

चल पगलें हंस ले खिलखिला के  
काहे को दुखों को संजोता है ।  
अपना नसीब खुद गढ़ते चलो  
बढ़ते चलो तुमबढ़ ,ते चलो

सृष्टीत्रिपाठी-  
नौवीं ' अ '

## नारी का सम्मान

नारी है अभिव्यक्ति का नाम  
नारी इच्छाशक्ति का नाम  
नारी को कम मत समझो,  
है सबल रूप संयम का नाम ।  
माँ जो पूजनीया गुरु प्रथम ,  
बहन बचपन की साथी ।  
प्रेयसी सुख का भान कराती ,  
पत्नी सुख| दुख की साझी-  
नारी के बिना ज्ञान अधूरा ,  
मानव का संसार न पूरा ।  
जन्मदायिनी शोकनाशिनी,  
इसके बिना संसार अधूरा

खुशी कुमारी  
ग्यारहवीं 'स '

## काँप उठी! धरती माता की कोख ...

कलयुग में अपराध का बढ़ा अब इतना प्रकोप  
आज फिर से काँप उठी देखो धरती माता की कोख !!  
समय समय पर प्रकृति देती रही कोई न कोई कोई चोट-  
लालच में इतना अंधा हुआ मानव को नहीं रहा कोई खौफ !!  
कहीं बाढ़ कहीं पर ,सूखा कभी महामारी का प्रकोप  
यदा कदा धरती हिलती फिर भूकम्प से मरते बे मौत !!  
मंदिर मस्जिद और गुरुद्वारे,चढ़ गए भेंट राजनीति के लोभ  
वन सम्पदान ,दी, झरने फाड़ इनको मिटा रहा इंसान,हर रोज !!  
सबको अपनी चाह लगी है नहीं रहा प्रकृति का अब शौक  
! धर्म करे जब बातें जनमानस की दुनिया वालों को लगता है जोक'  
कलयुग में अपराध का बढ़ा अब इतना प्रकोप  
आज फिर से काँप उठी देखो धरती माता की कोख !!

प्रकृति

## हिंदी का महत्त्व

मानव जिस ध्वनि संकेत के-माध्यम से आपस में विचारों का आदानप्रदान करता है उसे साधारणतया भाषा - व्यापार और पारस्परिक संपर्क - सी जनता के कार्यभारतवा | हिंदी भी एक भाषा है | की संज्ञा दी जाती है यह भारत की रा | की भाषा हिंदी हैजभाषा भी है जिसे देश के सारे कार्यालयोंसंस् ,विद्यालयों ,थानों में अभिव्यक्ति के माध्यम के रूप में काम में लाते हैं हिंदी संस्कृत | इस पर हमारे देश की प्रगति निर्भर है | ,विज्ञान-न है और हमारे देश के ज्ञानकी संता ठाठ संस्कृति की संवाहिका बनने में पूर्णरूपेण सक्षम है | हिंदी के विरोधी भी कम नहींहैंभारत में ल | गभग | करोड़ व्यक्ति हिंदी बोलते हैं तथा समझते हैं 60 भारत में 14 सितंबर को 'हिंदी दिवस 'के रूप में मनाया जाता है अनुवाद | एकता और अखंडता की भाषा है हिंदी | भारत इसके बिना अ ,हिंदी भारत की रानी है | के क्षेत्र में हिंदी ने आज उल्लेखनीय प्रगति हैधूरा है |

जैसमीन  
सातवीं 'अ'

## जीवन एक मंच

भगवान ने संसार नामक मंच बनाया है ,  
नृत्य करने के लिए हम हैं |  
इस कार्यक्रम में गुस्सा ताली है ,  
कई बार चुभती है |  
पैसा संगीत है,  
उसके बिना कुछ नहीं होता है |  
आपकी सोच सजावट है  
कभी बुरी तो कभी अच्छी होती है  
रिश्ते धुंध की तरह हैं ,  
कुछ लोगों पर जंचते हैं ,  
कुछ लोग संभाल नहीं पाते हैं |

शुचिता निगम

## सपनों में चाँद की यात्रा

सपने सभी देखते हैं और सपनों में चाँद की यात्रा भी कई लोगों ने की होगी उसी तरह | मैंने भी चाँद की यात्रा की थी चाँद पर पहुँचने के | तब मैंने देखा कि मैं और मेरा परिवार चाँद की यात्रा पर निकले हैं |लिए साँस लेने के लिए ऑक्सीजन सिलेंडर लगाया और अपनी यात्रा पर आगे बढ़ गए बढ़ते हमें कई -आगे बढ़ते | देखते ही देख | बड़े गड्ढे मिले-बड़ेते मेरा पूरा परिवार एक गड्ढे में गिर पड़ा तब मुझे समझ न आया कि | मैंने आवाज | मैं क्या करूँलगाईमें बहुत दुखी हो | न आई पर गड्ढे से कोई आवाज वापस 'पापा' 'माँ' जैसी विचित्र ' ला ई का ना' वह आवाज | वह आवाज मुझे समझ ना आई | गई तभी पीछे से आवाज आई

आवाज निकल रही थी एक | सा प्राणी दिखाई दिया-जब मैं पीछे की तरफ गई तब मुझे एक अजीब | पाँच कान मैं काफी ,एक नाक,आँखडर गई पूरी ताकत बटोरकर पर मैं भागी नहीं बल्कि अपनी |पूछा “ - तब उसने वापस से अजीब ?पिता का उस गड्ढे से बाहर निकलने में मेरी मदद करेंगे-क्या आप मेरे माता सी आवाजें निकालों “ | ला ई का ना ‘तब मैं और डर गई और वहां से भागने लगी पर वो अजीबसा प्राणी - मेरापीछा छोड़ ही नहीं रहा था भा-भागते |गते में भी उसी गड्ढे के अंदर गिर गई जिसे गड्ढे के अंदर मेरे माता मैंने उनसे मिलने की कोशिश की पर वे किसी जेल में बंद हो | पिता फंसे थे -गए थे और जेल के ऊपर लिखा था की ”| ला ई का ना‘ इस जेल को खोलना चाहते हो तो ‘बोलने वाले प्राणी को मारो ”|तभी मुझे उस विचित्र प्राणी की याद आई जो मेरे पीछे पड़ा था | तैसे ऊपर गई और उसे मार डाला-मैं जैसे | वापस उस गड्ढे में जाकर देखा तो मेरा परिवार जेल से बाहर निकल गया था और मेरे वापस पृथ्वी जाने का | पिता के साथ वापस पृथ्वी पर चली आई-फिर मैं अपने माता | इंतजार कर रहा था

## हिंदी का अभिनन्दन

सरस है , फूलों की माला है ,मधुर है ,  
बड़े ही सौहार्द से हमने इसे संभाला है ,  
हजारों भाषाओं को जोड़ने वाली स्तुति है ,  
संस्कृति और देश प्रेम को जगाने वाली प्रस्तुति है ,  
हिंदी से हमने सीखा,  
जिओ और जीने दो की रेखा,  
तुलसी , सूरदास , मीरा,रहीम,  
महादेव सब साथ में आये,  
सारे साहित्य विधाताओं से बढ़ी  
इस देश और भाषा की तकदीर,  
पुराना इतिहास है ,  
करोड़ों के लिए आस है,  
हमें अपनी राजभाषा पर बहुत नाज है |

तनिष्क राठी  
कक्षा ग्यारहवीं 'ए'

## बालश्रमिक-

बाल श्रमिक का प्रचलित नाम है बाल मज -दूर का नाम मज -दूर का नाम सुनते ही हमारे सामने किसी कठोर काम में लगे रूखेसूखे फटे- हाल आदमी का चेहरा आ जाता है दूसरी ओर किसी बालक का नाम | यही बच्चे को घोर | सुनते ही किसी कोमल मासूम बच्चे का रूप सामने आ जाता हैमेहनत करते देखकर हमारा हृदय पसीज उठता है यों का घरों में सफाई करना या फिर अपने छोटी बच्चि ,ग्राहकों की सेवा करना | जो ,यह मानो बच्चों का बचपन छीनना है | पिता के साथ इटें ढोना बड़े मार्मिक दृश्य है-माताकि मानवता के प्रति अपराध है । कभी एक बालमजदूर की दिनचर्या देख-िए पिता या मालिक की- उसे माता |झिड़कियाँ बिस्तर से उठाती हैं। उठते ही उस पर काम पर जाने का तनाव हावी हो जाता है होना यह चाहिए कि |

वह | गर्म नाश्ता मिले-उसे गर्म | प्यार से उठाएँ उसे स्कूल के लिए तैयार करें-पिता उसे बड़े लाड़-उसके माता दुलार पाकर जी- प्यारवन में आगे बढ़ने के लिए उत्साहित हो घर - परन्तु उस पर सवार हो जाती हैं | काम पर | चलाने की जिम्मेदारियाँ पहुँचने पर भी उसका वहाँ स्वागत नहीं होता मालिक लोग उससे बड़ी | बेरहमी से पेश आतेहैंबात पर अपमानित किया करते-उसे बात | हैंजो काम बड़े प्यार से लिया ज | ा सकता है उसे ,डांट से लिया जाता है मजदूरों पर म-मालिक बाल |नमाने अत्याचार करते हैंउनसे देर रात | मजदूर काम करने -यदि बाल | उन्हें दोपहर आराम की भी सुविधा नहीं दी जाती है | तक काम लिया जाता है बेचारा मासूम | नुकुर करें तो उसे बुरी तरह पीटा जाता है - मैं नबालक मन मसोस कर रह जाता है | बड़े व्यवसायी से लेकर छोटे दूकानदार और-यह है कि बड़े लज्जा की बात - व्यवसायियों द्वारा शोषण उद्योगपति सभी उसका जबरदस्त शोषण करते हैं उनके अपने बच्चे आराम की जिंदगी जीते | हैं परन्तु ,ये बाल मजदूर पीड़ा के आँसू रोते-हैंमजदूर-बाल | र आसानी से दबाव में आ जाते हैंये अपने अधिकारों के | इसलिए इन्हें बहुत कम वेतन पर रखा जाता है और इनसे बहुत अधिक काम लिया ,होते प्रति सजग नहीं | जाता है

प्रशासन और समाजसेवकों का सहयोग दुर्भाग्य यह है कि इ-न बाल श्रमिकों-के हितों की देखभाल करने वाला कोई नहीं है क केपरन्तु उसकी ना | मजदूरी को अपराध घोषित कर दिया है-सरकार ने बाल |नीचे बच्चे काम करते हैंसमाज | मजदूर होता है-यहाँ तक कि सरकारी अफसरों को चाय पिलाने वाला भी कोई बाल , मजदूरी की दुर्दशा पर खूब-सेवी संस्थाएँ भी बालआंसू बहाती हैंकभी उनकी सहानुभूति में नकली - वे कभी | आसूँ भीबहा लेती हैवास्तव में गरीबी इतनी | के वश में नहीं हैंपरन्तु इस समस्या का समाधान उन , हालाँकि सरकार ने आरंभिक | पिता उनसे मजदूरी कराने के लिए विवश हैं-मजदूरों के माता-अधिक है कि बाल शिक्षा को पूरी तरह मुफ्त कर दिया है मजदूरों - परन्तु बाल ,की इस मानसिकता को बदलना होगा इसके | तभी बच्चों को | बुझाने और प्रेरित करने का सिलसिला शुरू करना होगा- लिए लम्बे समय तक समझाने उनका बचपनलौटाया जा सकेगा |

प्रियंका कुमारी  
कक्षा' ब ' बारहवीं -:

### कल्याणमयी नारी

तू ही धरातू , सर्वथा।  
तू बैठी हैतू , ही आस्था ।  
तू नारी हैमान , की व्यथा ।  
तू परंपरातू ही , प्रथा।  
तुझसे ही तेरे तपस से ही रहता सदा यहाँ अमन ।  
तेरे ही प्रेमाश्रुओं की शक्ति करती शुष्क को चमना  
तेरे सत्व की कथाओं कोकरते , यहाँ सब नमना  
फिर क्यों यहाँरहने , देती है सदा मैला तेरा दामना  
तू माँ हैतू , देवीतू , ही जगत अवतारी है।  
मगर फिर भी क्यों तू वसुधा की दुखियारी है ।  
तेरे अमृत की बूंद से पाते यहाँ जीवन वरदान है ।



तेरे अश्रु की बूंद से ही यहाँ सागर में उफान है।  
जा प्राप्त कर ले अपने अधूरे स्वपन को।  
आ सुकाल में बदल दे इस अकाल को।  
तू ही तो भंडार समस्त शक्तियों का।  
प्राणी देह में भी संचार है तेरे लहू का।

साहु एस ,श्रुति .जे .  
ग्यारहवीं ई

## खेल का महत्त्व

खेल वास्तव में सभी द्वारा विशेष रूप से बच्चों द्वारा पसंद किए जाते हैं क्योंकि ये उनके लिए विभिन्न तरीकों से लाभ भी पहुँचा सकते हैं परंतु यह बच्चों को। आसानी से घायल कर सकता है या अध्ययन से भटका सकता है फिर। भी बच्चे अपने मित्रों के साथ खेलने के लिए बाहर जाना पसंद करते हैं यदि। हम इतिहास पर नजर डालें तो हम देखते हैं खेलों को प्राचीन समय, से ही बहुत अधिक महत्त्व दिया जाता रहा है आधुनिक समय। जैसे, जन बढ़ाने वाली चीजों अन्य मनोरं, विडियो गेम टीवी आदि की वृद्धि और, प्रसिद्धि के कारण जीवन में खेलों की माँग कम हो रही है। यद्यपि यह भी सत्य है कि खेल बहुत से देशों में सांस्कृतिक गतिविधियों की तरह माने जाते हैं इसलिए हम, कह सकते हैं कि भविष्य में खेल और, स्पोर्ट्स का चलन कभी खत्म नहीं होगा खेल। गतिविधियों को स्कूल और कॉलेजों में विद्यार्थियों के अच्छे शारीरिक मानसिक स्वास्थ्य और, पेशेवर भविष्य के लिए अनिवार्य कर दिया गया है। खेल उन सभी के लिए जो, इनमें पूरी लगन के साथ शामिल होता है भविष्य में अच्छा कैरियर रखते हैं। यह विशेष रूप से विद्यार्थियों के लिए बहुत, ही लाभदायक है क्योंकि यह, शारीरिक और मानसिक विकास को सहायता प्रदान करता है। वे लोग जो खेलों में अधिक रुचि रखते हैं और खेलने में अच्छे हैं वे, अधिक सक्रिय और स्वस्थ जीवन जी सकते हैं वे कार्यस्थल पर बेहतर अनुशासन के साथ ही नेतृत्व के गुणों को विकसित कर सकते हैं।

हिमांशु कुमार,  
छठी ड

## योग

योगा एक रसायन मुक्त औषधि है जिसका महर्षि पतंजलि ने परिचय दिया था। यह शरीर को प्राकृतिक तरीके से स्वस्थ रखता है तथा इसका कोई भी दुष्प्रभाव नहीं होता योग। करने से हमारा तन और मन हमारे नियंत्रण में रहता है जिससे हमारा शरीर एक अच्छे तरीके से काम करता है। योग से हाइपरटेंशन, ब्लडप्रेसर तथा मधुमेह जैसी बीमारियों को बिना कोई ड्रग लिए उनका, उपाय निकाल सकते हैं -योग छोटे। से छोटे- बच्चे से लेकर बड़े बड़े इंसान द्वारा- किया जा सकता है। यह छात्रों के जीवन में भी एक महत्वपूर्ण भूमिका निभाता है जैसे आजकल बच्चों का ध्यान बँट रहा है वह अन्य चीजों पर ध्यान देने लगे हैं जिससे पढ़ाई पर बुरा असर पड़ रहा है। इस केंद्रीकृत समस्या को वह भ्रामरी आदि, विलोम-अनुलोम, द्वारा अपने ध्यान को एकत्रित कर सकते हैं योग। के अनेक अभ्यास हैं जो अनेक बीमारियों का हल है जैसे वृक्षासनपवन, ताड़ासन, मुक्त आसन शक्ति वि-ग्रीवा, कासक आदि।

हमारे देश भारत से ही योग पूरे विश्व में फैला हुआ और हमारे वर्तमान योग गुरु का नाम बाबा रामदेव है। बाबा रामदेव चलाते हैं जोनामक संस्था 'पतंजलि' लोगों को योग तथा प्राकृतिक चीजों को अपनाने के लिए प्रेरित करता है। योग की महत्ता देखते हुए संयुक्त राष्ट्र संघ ने 21 जून को 'इंटरनेशनल योगा डेके' रूप में मनाने की मंजूरी दी जिस दिन सभी योगा करते हैं अनेक। बीमारियों का उपाय द्रुग होगा परंतु सबसे अच्छा और द्रुग रहित है योगा !

अखिल  
नवींब -

## पहेलियाँ

1. वो कौन- सी चीज है, जिसे खाने के लिए खरीदते हैं लेकिन उसे खाते नहीं लगाओ दिमाग ?
2. खुशबू है पर फूल नहीं जलती है पर ईश्या नहीं बताओ क्या ??
3. रंग है मेरा काला उजाले में दिखाई देता हूँ अँधेरे में छिप जाती हूँ ??
4. मुर्गी अंडा देती है और गाय दूध देती है , पर ऐसा कौन है जो अंडा और दूध दोनों ही देता है ?
5. मैं हरी मेरे बच्चे काले मुझे छोड़ मेरे बच्चे खा ले ?
6. ऐसा क्या है जिसे आप दिन में कई बार उठाते हैं और रखते हैं ?

उत्तर .1 - प्लेट.2 , अगरबत्ती छोटी .5 ,दुकानदार .4 ,परछाई .3 ,इलायची 6 ,कदम ।

निष्ठा जांगिड़  
आठवींबी

## ए अल्लाह के परिंदे

ए अल्लाह के परिंदे क्यों डरता है तू खुल के जी ले क्यों घबराता है तू ये जमीं तेरी है ये आसमां तेरा है फिर भी क्यों न उड़ता है तू ए अल्लाह के परिंदे क्यों डरता है तू	नजाकत से बनाया उसने तेरी रूह को दी बड़ी मधुर आवाज तेरे इस कंठ को फिर भी खामोशियाँ क्यों लहरा रही यहाँ एक गजल तो सुना तू चुप है क्यों ए अल्लाह के परिंदे क्यों डरता है तू	घाटी गहरी है तू आँखें खोल ले राह लंबी है तू हौंसले जोड़ ले मैदान फ़तेह करना इतना मुश्किल नहीं होता एक कोशिश तो कर क्यों सहम जाता है तू ए अल्लाह के परिंदे क्यों डरता है तू	अग्नि में जल रहा अब ये जहाँ है अधिकार में डूबा हुआ ये संसार है इस जग में सब ताक रहे तेरी राह है फिर भी क्यों शांत बैठा है तू ए अल्लाह के परिंदे ... क्यों डरता है तू.....
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हर्षित व्यास

## पेड़ो का महत्त्व

एक बार एक गाँव में बहुत पुराना पेड़ था। सारे गाँव वाले उसके फल, फूल, टहनियाँ व पत्ते इस्तेमाल करते थे धीरे जमाना-धीरे बदल गया वहाँ के, लोग थोड़े शहरी हो गए थे। पेड़ लगभग पचास साल पुराना हो गया था। सारे लोगों ने सोचा कि अब हम सब अपना, अपना नया-बड़ा सुन्दर घर, बनाएँगे फिर, उन्होंने सोचा कि अब हम सब बड़ा-सा ऑफिस फैक्ट्री, व पुस्तकालय बनाएँगे। जैसे ही वो गाँव शहर बन गया था तो लोगों को पेड़ों की आवश्यकता कम होने लगी उन्होंने। उस पेड़ को काटने का निर्णय कर लिया था। एक साल उन्होंने उस पेड़ को काटने का सिर्फ सोचा था परंतु वे उस पेड़ को काट ही रहे थे तभी, वहाँ पर एक आदमी आ खड़ा हुआ। उसकी आयु पचास वर्ष थी। वो इस शहर जो, कि पहले गाँव हुआ करता था, उस स्थान का अभी सबसे पुराना सदस्य था उसने कहा जब तुम्हें। का नाम मनोहर था आदमी। इस पेड़ की आवश्यकता थी तुमने, इसे पानी दिया सम्मान-मान, प्यार दिया, दिया और जब जरूरत नहीं तो काट दिया। अगर तुम्हारे छोटे-बच्चे तुम्हें अभी प्यार दे रहे हैं तो अच्छा लग रहा होगा। बड़े होकर अगर वो तुम्हें घर से निकालें तो अच्छा लगेगा इस 'नहीं'। पेड़ की भी जान है। ये हमें सब कुछ देता है। इसे काटने पर हमारा जीवन चक्र रुक जाएगा यह। हमारी हर तरह से सहायता करता है। हमारा भी फर्ज बनता है कि हम इसे प्यार। सम्मान दें-पानी व मान, पेड़ है तो हम हैं। सोच बदलो, पेड़ों के बिना सांस लेना भी दूभर है।

1. पेड़ बचाओ, जीवन बचाओ।
2. पेड़ है तो हम हैं।

प्रियांशी कुमारी,  
आठवीं 'अ'

## विज्ञापनों की लुभावनी दुनिया

आजकल टीपर .वी. बहुत से विज्ञापन आते रहते हैं। इनमें से कई विज्ञापन तो इतने रोचक होते हैं कि इंसान को हँसहँसकर बुरा-हल हो जाए इस। पूरे संसार में कई जगहों पर विज्ञापन दिखाने पर रोक भी है परंतु मेरी समझ में यह नहीं आता कि आखिर वे इस रोमांचित दुनिया से दूर क्यों रहना चाहते हैं वैसे। तो विज्ञापन का मूल उद्देश्य विज्ञापन में दिखाई गई वस्तुओं कि बिक्री को बढ़ाना था। परंतु यह समझ में नहीं आया कि कैसे यह एक प्रतियोगिता में बदल गया। आज यदि आप टी चालू करते .वी. हैं तो काम की चीज से ज्यादा उसमें आपको विज्ञापन दिखाई देते हैं कुछ विज्ञापन तो। होते हैं कि टूथब्रश वो भी नीम के गुणों से भरपूर लेकिन ऐसा कैसे हो सकता है। क्या उन्होंने उसे लकड़ी से बनाया है परंतु ऐसा नहीं तो क्या है कुछ। विज्ञापनों में दिखाया जाता है कि अच्छी खुशबू आने से सभी आपको पसंद करेंगे परंतु किसी की भी पहचान उसके व्यक्तित्व से होती है न कि खुशबू से। कहीं विज्ञापनों में रिश्तों का भी प्रयोग बखूबी किया जाता है जैसे कोई भी वस्तु हो वह आपको करीबी रिश्तों के द्वारा आप तक पहुँचाई जा रही है किसी साबुन के विज्ञापन। मैं हम देख सकते हैं कि यदि आप इस साबुन का प्रयोग करते हैं तभी आप अपने बच्चे को यह कह सकते हैं कि आप उनसे प्रेम करते हैं। मैं इसमें यही बदलाव चाहती हूँ कि इससे किसी को भी चोट ना पहुँचे। विज्ञापन बहुत अच्छा साधन हो सकते हैं समाज में सद्भावना फैलाने के परंतु अफसोस की बात है कि सत्य इसके थोड़ा विपरीत है इसने कहीं न कहीं लोगों में भेदभाव थोड़ा। बढ़ा दिया परंतु मुझे पूर्ण विश्वास है कि एक दिन यह पूर्ण अवश्य होगा।

## हुनर

हुनर' तो सबमें होता है फर्क सिर्फ उतना है कि किसी का छिप जाता है और किसी का छप जाता है । जो कार्य लोगों को मुश्किल लगता है परंतु , आप उसे आसानी से कर लेते हैं। वही आपका हुनर होता है आपका हुनर आपके अलावा । किसी को ज्ञात नहीं होता और कभीकभी- तो आप खुद भी नहीं जान पाते और पूरी जिंदगी में दूसरों की नजरों में आप ऊँचा नहीं उठ पाएंगे जब तक आप अपनी मेहनत से नाम ,रुतबा और शोहरत नहीं कमा लेतेजैसे हमारे संरक्षक । या शुभचिंतक हमेशा चाहेंगे कि हम खूब मन लगाकर पढ़ें और समाज में एक ऊँचा पद हासिल कर लें परंतु । यदि हमारे रगरग में- पढ़ाई नहींकोई , दूसरा हुनर है जिसे हम अपने जीने का मकसद बनाना चाहेंगे जैसे-चित्रकारी, खेलना , ,अभिनय करना नाचनाकवि बनना आदि , तो हमारे लिए इस पथ पर चलना पानी में आग लगाने के बराबर होगा । ऐसी स्थिति में हमारे माता तापि- भी हमारा साथ नहीं देते जिसके कारण हम अकेले हो जाते हैं और अपनी जिंदगी को कोसते हैं परंतु । यदि हमें अपने पर, अपने हुनर पर पक्का भरोसा और विश्वास है तो यकीन मानिए हम अपनी मंजिल तक जरूर पहुँच जाएँगे । ठोकरें जहर थोड़ा है जो खाकर मर जाएँगेअंत । मैं मैं यही कहना चाहूँगी कि अपने अंदर के हुनर को जानिए और इसे इतना निखारिए कि उसे आपसे बेहतर कोई और न कर सके ।

प्रीति मोहोड़ ,  
ग्यारहवीं ई '

## बूझो तो जानें

1. बिना तेल के जलता है,  
पैर बिना वो चलता है ।  
उजियारे को बिखेर कर,  
अंधियारे को दूर करता है ।
2. डिब्बा फिर डिब्बा,  
डिब्बा का गाँवा  
चलती फिरती बस्ती,  
लोहे का पौवा
3. जॉन बेयर्ड ने मुझे बनाया,  
दुनिया ने मुझे अपनाया ।  
गीत, खेल व फिल्म दिखाऊँ  
सबका मैं मन बहलाऊँ ।
4. दो सुंदर लड़के,  
दोनों एक रंग के  
एक बिछुड़ जाए,  
तो दूजा काम न आए ।

5. मेरा अपना कोई न रूप,  
औरों के चुराता स्वरूप  
फिर भी मुझे सभी अपनाते,  
देख-देखकर इतराते ।
6. बोल नहीं पाती हूँ मैं,  
और सुन नहीं पाती ।  
बिन आँखों के हूँ अंधी,  
पर सबको राह दिखाती ।

उत्तर .1 - सूरज.2 , रेल.3 , टेलीविजन.4 , जूता.5 , दर्पण.6 , पुस्तक

सृष्टि  
नवी 'ब'

## माँ

गिनती नहीं आती मेरी माँ को,  
मैं एक रोटी माँगता हूँ वो हमेशा दो ही लेकर  
आती है।

जन्मत का हर लम्हा दीदार किया ..... था  
गोद में उठाकर जब माँ ने प्यार किया था  
सब कह रहे हैं आज , माँ का दिन है  
वो कौन-सा दिन है .....

जो माँ के बिन है

सन्नाटा छा गया बंटवारे के किस्से में ....

जब माँ ने पूछा मैं हूँ किसके हिस्से में.....

घर की इस बारमुकम्मल , तलाशी लूँगा  
पता नहीं गम छुपाकर

हमारे माँ बाप कहा रखते थे ? .....

एक अच्छी माँ हर किसी के पास होती है लेकिन

एक अच्छी औलाद हर

माँ के पास नहीं होती ....

माँ से छोटा कोई शब्द हो तो बताओ

उससे बड़ा भी कोई हो तो बताना

मंजिल दूर और सफ़र बहुत है

छोटीसी जिंदगी की फिकर बहुत- है

मार डालती ये दुनिया कब कि हमें,

लेकिन की दुआ 'माँ'ओं में असर बहुत है।

माँ को देखो मुस्कुरा , लिया करो

क्या पता किस्मत में हज लिखा ही ना हो

मौत के लिए बहुत रास्ते हैं पर  
जन्म लेने के लिए केवल माँ  
माँ के लिए क्या लिखूँ?  
माँ ने खुद मुझे लिखा है  
दवा असर ना करें तो  
नजर उतारती है माँ है,  
वो कहाँ हार मानती है।

मयंक मोरे'सी' आठवीं ,

## सोशल मीडियारचनात्मकता के : हास का जनक

क्या आप जानते हैं कि दिल्ली में %90व्यक्ति अपना अधिकतर समय सोशल मीडिया में बिताते हैं और उनमें %95बच्चे हैं बच्चे। अपना अधिकतर समय सोशल मीडिया पर बिताते हैं। जिससे बच्चों में रचनात्मकता का हास हो रहा है क्योंकि पहले वो , लोग घंटों पुस्तकालय में बैठकर पढ़ते थे फिर उसके बारे में विचारविमर्श करते- थे और उन्हें ज्ञान की प्राप्ति होती थीकई वर्षों तक याद रहती-उन्हें वह कई। थी। पर सोशल मीडिया के आने के बाद वह दिनभर उसी में लगे रहते हैं और न ही पुस्तकालय जाते हैं जिससे उन्हें कम ज्ञान की प्राप्ति होती है और वो बीमारियों से जूझते हैं जैसे आँखे खराब हो जाना ,कमर दर्द , कंधा दर्द आदिदोस्ती , करने की आदत कम हो जाती है। दोस्ती करने से वह संकोच करने लगते हैं और शांति से उनका वियोग हो जाता हैक्या। करेंघंटे दिन 10 में तो उनका सोशल मीडिया से मिलन होता है जो उनको दोस्तों से मिलने से रोक रहा है ।

कारुण्य  
दसवीं

ब

## शिक्षा ही सफलता है

शिक्षा एक जरूरत है इसे बाँटो,  
इससे अज्ञान के अंधकार को काटो ।  
शिक्षा आत्मनिर्भर बनने का सबसे बड़ा हथियार,  
नहीं तो जीवन मालूम होता बेकार ॥  
शिक्षा से विवेक-बुद्धि खुलती है,  
अभिमान की बर्फ भी धीरेधीरे- घुलती है॥  
शिक्षा है एक समझ इसे अपनाना होगा,  
पर इसके लिए सबको आगे आना होगा॥  
शिक्षा का प्रकाश जब चहुँ ओर फैलेगा,  
तभी शांति का परचम सर्वत्र लहरेगा॥

मूल्यवान शिक्षा ही सबल बनाती है  
लक्ष्य -प्राप्ति सदैव सफल बनाती है  
अशिक्षा तो देश का सबसे बड़ा मर्ज है।।  
देश से इसे मिटाना हमारा आपका फर

जीतेश ,  
आठवी'ब'

## जल ही जीवन है

सोचा मैंने अपने में जो पानी न होता  
किससे नहाते क्या मैं पीता किससे कपड़े धोता  
न फल मिलते न फूल खिलते न सब्जी न रोटी  
सोचा है कि बिन पानी के खेती कैसी होती  
किससे बनता शरबत और किससे बनती दाल  
रुखा सूखा जीवन जी कर सब , हो जाते बेहाल  
फिर भी हमको अक्ल न आती करते पानी बर्बाद  
इस पानी की कदर नहीं जो सबको करे आबाद  
सोने से भी मूल्यवान है एक । पानी की बूंद  
जल से ही जीवन है । जल बिन जीवन सून ।

तुषार सिंह ,  
आठवी- ब

## एकता में बल है

हम सभी जानते हैं कि बलवान वही होता है जिसके अन्दर बल हो पर उससे भी ज्यादा बलवान तो होता है जो एकजुट होकर खड़ा हो, मतलब वो जिसके पास कई लोगों का साथ हो, अपने साथियों का प्यार हो । आप सभी को इसका उदाहरण तो पता ही है कि अगर कोई एक लकड़ी को तोड़ने की कोशिश करेगा तो वह आसानी से टूट जाएगी मगर अगर कोई एक पूरे लकड़ी के गठुर को तोड़ने की कोशिश करेगा तो वह नहीं टूटेगीइसी । से हमें यह सीख मिलती है कि हमें हमेशा साथ में चलना चाहिए और साथ में ही जीना चाहिए ।कई सीखें तो हमें प्रकृति से भी मिलती हैं जैसे जब भी हम किसी जानवर को देखते हैं तो वह हमेशा झुंड में ही रहता है ।इसी से यह साबित होता है कि एकता में बल है ।

रीतिका'ब' नवी ,

## आज का भारत

देश मेरा था सोने की चिड़िया  
फेंक के साड़ी उतार के चूड़ियाँ



अब यहाँ डोले पश्चिमी गुड़िया  
सोना ले गये बेदर्द फिरंगी  
रोये चिड़िया देख पेड़ों की तंगी  
इतिहास था जिसकी महान गाथा  
आज वहाँ समाज बना दोरंगी  
उनके ही तन के दो हिस्से भारतपाक-  
तैयार बड़े लड़ने को परमाणु जंगी  
कहीं खो गए महान नेता  
देश अब झेले चार्ले बेढंगी  
उग्रवाद घपलों से हुई हालत बदरंगी  
इंतजार है उस खुशनुमा पल का  
जब संतों की पावन धरती पर  
खिलेगा कोई नेक फ़रिश्ता ,  
बरसाने को मेघ सतरंगी।

वंशिका टोकस ,  
आठवीं 'ब'

## सपनों में चाँद की यात्रा

कल मेरे सपने में चाँद कर रहा था यात्रा,  
मैंने पूछ लिया उसक हाल? चाल-  
उसने बोला मुझे तो घूमना है पुरे साल !  
इधर से जा रहा था तो सोचा तुमसे मिलकर जाऊँ ,  
तुम्हारा हाल पूछता जाऊँ  
मैंने अच्छा किया जो मैं सोया,  
चाँद के सपनों में खोया!  
चाँद ने बोला सूरज ' सुबह  
अपना चमकीले कोट के संग हो जाएगा तैयार,'  
और मुझसे बोलेगा उसके आने का समय है यार

!!

मैंने कहा तुम रोज सवेरे चले जाते हो,  
जैसे हमसे शर्माते हो।  
चाँद ने कहा अब ' मैं चलता हूँ ।  
जाके ढलता हूँ  
मैंने चाँद को नमस्ते बोला ?  
और सुबह अपनी आँख खोलीं ।

शुचिता निगम  
आठवीं 'अ'

## ज़िंदगी

खुशियों की महक से बनती ज़िंदगी  
सपनों की कलम से है लिखना ज़िंदगी।  
कहना है तुमसे बस इतना ज़िंदगी,  
हर मोड़ पर, तू संभलना ज़िंदगी ।  
जीत आसानी से मिले तो क्या ज़िंदगी।  
कभी कभी दुख-भी सालना ज़िंदगी ।  
पर आखिर में तो है हँसना ज़िंदगी ।  
काँटों के बीच ही रहना ज़िंदगी ।  
पर गुलाबों की तरह है महकना ज़िंदगी ।  
आखिर में है ये कहना ज़िंदगी ।  
कि हर वक्त यूँ जियो ज़िंदगी ।  
कि अगले पल फिर मिले न मिले ज़िंदगी ॥

मनीष पाल ,  
नौवीं 'ब'

## मेरी पहचान माँ :

पहचान मेरी माँ तू है मेरे सपनों की उड़ान तू है,  
तू ही मेरी सच्ची दोस्त और  
मेरी मंजिल की राह तू है,  
मेरे अस्तित्व को माँ तू ही पहचानती है ,  
जब भी मेरे ऊपर तू ममता का आँचल डालती है,  
तेरे इस आँचल से माँ ऐसा स्नेह छलकता है,  
तेरे आँचल की खुशबू से जीवन मेरा संवरता है,  
माँ मैंने तुझ को पाकर संसार में सब कुछ पाया है,  
मेरे इस तपते जीवन की तू ही शीतल छाया है,  
माँ तेरे आशीष से दुनिया में नाम कमाऊंगा,  
मुझको जीवन देने वाली मैं तेरा मान बढ़ाऊंगा,  
क्योंकि पहचान मेरी माँ तू है  
मेरे सपनों की उड़ान तू है ।

लाभांशिव'स' बारहवीं ,

## डा. अब्दुल कलाम

है इंसान वो महान  
नाम है उनका डा. कलाम

कर्तव्य परायणता थी उनकी कल्पना  
भारत को नवीन बनाना था उनका सपना।  
पढाई पूरी की अपनी प्राप्त , करके छात्रवृत्ति  
सर्वस्व दान किया ,अपने देश के प्रति ।  
थे वे हम सबके लिए मिसाल  
हृदय से थे सबके लिए विशाल  
देश के प्रति जीने -मरने को दे गए सीख  
सिखाया हमें सदा ,  
मेहनत करना व मत मांगना भीख ।  
जब मैंने देखा 24 जुलाई की रात को समाचार  
भाषण देते समय हो गए अचानक वे लाचार  
27 जुलाई की शाम था सबसे मनहूस दिन  
सूना लग रहा था पूरा देश कलाम के बिना  
कौन अब हमारा मार्गदर्शन करेगा  
कौन अब हमारा मार्गदर्शन करेगा  
कौन हममें देशभक्ति- का भाव भरेगा  
ये लिखते समय दे रहा रोमरोम उन्हें श्रधांजलि-  
अर्पित कर रहा मेरा हृदय उन्हें पुष्पांजलि ।  
अंत में बस कहना चाहता हूँ  
यही अल्लाह नहीं ! देता ,  
सच्चे व अच्छे को लंबी उम्र कभी।

तनिष्क राठी ,  
ग्यारहवींए-

## संस्कृत

“कन्धों से मिलते हैं कन्धें” इत्यस्य गीतस्य संस्क्रितानुवादः “

युगपद् सज्जाः सकन्धा सम चरणानि :रणेच :  
यातेषु अष्मासु कम्पन्ते शुत्राणां हृद्यर्नि २- (  
अस्माभि अधुना पुरतो हि स्यात् चलनीयम् :  
अस्माभिः-अधुना बन्धो इत्थमेव कथनीयम् :  
मास्तु चिन्ता ज्वाला भुत्वाशम गलितं कुर्याम  
मास्तु चिन्ता मेघो भूत्वा शिखरेषु रमयेम |  
सम चरणानि : चरणैः :सकन्धा :युगपद् सज्जा)

यातेषु अष्मासु कम्पन्ते शत्रूणां हृदयाणि । )-२  
हृदयाणि

निष्क्रान्ता युद्धाय प्रार्णाहुतिम् हि कुर्याम  
संप्राप्ते खलु लक्ष्ये सर्वे वयम् हि विरमेम ।  
विघ्नैः हसित्वा खेलनम् एता दरगस्ति साहसम्  
द्वंद्वो भवेद् यमेन सेह एता दरगस्ति नो बलम् ।

सिम्नः सदा रक्षार्थम् लहौ प्राचीरो वयम्  
मास्तु चिन्ता ज्वाला भुत्वशं गलितं कुर्याम  
मास्तु चिन्ता मेघो भूत्वा शिखरेषु रमयेम ।

युगपद् सज्जाः स्कन्धाः चरणैः सम् चरणानि  
यातेषु अष्मासु कम्पन्ते शत्रूणां हृदयाणि ।  
(ओज हृदयेषु विकसन चल गीतानि विजयस्य गायन् चल ।२-(  
सफल्यस्य यदनुपम् चित्रम् मानस रचितम्  
निज शोणितेण तद् अस्माभिः रजनीयं  
बन्धो अधुना अस्माभिः मनसि दृथ निर्णीतम्  
खलदमनं कर्णियम् अथवा देशहिते मरणीयम्  
वर्षत्वगार स्खलतु हि दामिनी वा  
एकाकी कदापि न भो से सखे ।

काठिन्यम् किमपि कस्पि बाधा भवेत्  
सखायः सदा संति त्वामतिके ।

मास्तुं चिन्ता ज्वाला भुत्वाशम् गलित कुर्याम  
मास्तु चिन्ता मेघो भूत्वा शिखरेषु रमयेम ।  
(युगपद् सज्जाः स्कन्धाः चरणैः सम् चरणानि  
यातेषु अष्मासु कम्पन्ते शत्रूणां हृदयाणि । २-(  
वदनमेकम्

हृदयाणि

निष्क्रान्ता युद्धाय प्रार्णाहुतिम् हि कुर्याम  
संप्राप्ते खलु लक्ष्ये सर्वे वयम् हि विरमेम ।  
विघ्नैः हसित्वा खेलनम् एता दरगस्ति साहसम्  
द्वंद्वो भवेद् यमेन सेह एता दरगस्ति नो बलम् ।

सिम्नः सदा रक्षार्थम् लहौ प्राचीरो वयम्  
मास्तु चिन्ता ज्वाला भुत्वाशं गलितं कुर्याम  
मास्तु चिन्ता मेघो भूत्वा शिखरेषु रमयेम ।

युगपद् सज्जाः स्कन्धाः चरणैः सम् चरणानि  
यातेषु अष्मासु कम्पन्ते शत्रूणां हृदयाणि ।  
(ओज हृदयेषु विकसन चल गीतानि विजयस्य गायन् चल ।२-(  
सफल्यस्य यदनुपम् चित्रम् मानस रचितम्  
निज शोणितेण तद् अस्माभिः रजनीयं  
बन्धो अधुना अस्माभिः मनसि दृथ निर्णीतम्  
खलदमनं कर्णियम् अथवा देशहिते मरणीयम्  
वर्षत्वगार स्खलतु हि दामिनी वा  
एकाकी कदापि न भो से सखे ।

काठिन्यम् किमपि कस्पि बाधा भवेत्  
सखायः सदा संति त्वामतिके ।

मास्तुं चिन्ता ज्वाला भुत्वाशम् गलितं कुर्याम  
मास्तु चिन्ता मेघो भूत्वा शिखरेषु रमयेम ।  
(युगपद् सज्जाः सकन्धाः चरणैः सम चरणानि  
यातेषु अष्मासु कम्पन्ते शत्रूणां हृदयाणि । २-(  
वदनमेकम् स्मर स्मरन् पथे आयाति  
मन्दम् मन्दम् सा मम हृदयं विरहयति ।

यदा गृहतो कोस्पि पत्रं प्रेषयति  
तत् पत्रम् स्नेहा श्रुसिकतं भवति ।  
पक्ष्मेषु विगतस्य दीपाः प्रदिप्ताः जायन्ते  
नहि विरमति स्वप्नाः ते सहचारिणो विदयन्ते  
ते छिन्नाः मा भूयुः समयोस्पि नहि नश्येत  
तब् संति ये प्रियतम ते रुष्टा मा भूयात् ।  
मास्तु चिन्ता ज्वाला भूत्वाशम् गलितं कुर्याम  
मास्तु चिन्ता मेघो भूत्वा शिखरेषु रमयेम ।

(  
युगपद् सज्जाः सकन्धा सम चरणानि :चरणे :  
यातेषु अष्मासु कम्पन्ते शत्रूणां हृदयर्नि २- (  
समवायो चलेत् वीरणाम् गुन्जायमानाः उपतयकाः  
गुञ्जितधरा, गुञ्जितनभः , गुञ्जितवायुः , गुञ्जितदिशा

सर्वे मार्गाः सवेस पिनगाः जयनादो विद् धति  
विजयेम वयम् विजयेम वयम् विजयेम वयम् हि आजिम् ।

(युगपद् सज्जा सम चरणानि : चरणैः सकन्धा :  
यातेषु अष्मासु कम्पन्ते शत्रूणां हृदयानि | )-४

अनुवादिका : अणिमा पाण्डेय -  
प्रशिक्षित स्नातक शिक्षिक संस्कृतम् -

## रक्षकभक्षकात् श्रेयान् :

एकदा राजकुमारः सिधर्थः विहाराय उद्यानं  
गतवान् । सहसा सः क्रन्दनध्वनिम् अश्रणीतं ।  
तदैव च एकः हन्स तस्य सम्मुखे भुमो :  
अपतत् तं दृष्ट्वा सिद्धार्थः करुणापूर्णः संजातः ।  
पुनश्च स हन्सस्य शरीराद् निष्कास्य यावत्पस्च्यति तावद् देवदत्त तत्र समागतः :।  
सिद्धार्थम् उक्तव्वन भो सिद्धार्थ मि इम हन्सं यतः अहम्न दास्या - अवदत् :उच्चे :  
अस्य रक्षकः । तौ परस्परं विवदमानौ राजसभां गतवन्तौ । राजा सर्व वृत्तान्तं श्रुत्वा आदि आदिष्टवान् -  
यस्य समीपे हन्स गमिष्यति स तस्यैव भविष्यति :। हन्सतु सानन्दं सिद्धार्थमेव उपगतः :। उक्त हि रक्षकः -  
भक्षकात् श्रेयान्।

डी कीर्ति सप्तमी स -

## प्रहेलिका :

(कचक्री त्रिशुली न हारो न विष्णुः )।  
महान् बलिष्ठो न च भीमसेनः ।  
स्वच्छन्दगामी न च नारदो नारदोष्यापि  
सीतावियोगी न च रामचन्द्रः ।

उत्तरम्= .> वृषभः

(ख न तस्यादिर्न तस्यान्तः मध्ये यस्तस्य तिष्ठति (।  
तवाप्यस्ति मामप्यस्ति यदि जानासि तदवद ।।

उत्तरम्= .> नयनम्

(गअपदो दूरगामी च साक्षरो न च पण्डितः। (।  
अमुखः स्फुटवक्ता च यो जानाति स पण्डितः।।

उत्तरम्पत्रम् :

(घ)वृक्षाग्रवासी न च पक्षिराजः त्रिणेत्रधारी न च शूलपाणिः।

त्वग्वस्त्रधारी न च सिद्धयोगी जलं च बिभ्रन्न घटो न मेघः॥

उत्तरम्: नारिकेलम्

सृष्टि यादव

आठवीं 'अ'

**अस्माकं देशः**

अस्माकं देशस्य नाम भारतवर्षम् अस्ति ।

अयं भरतस्य देशः अस्ति अतः भारतनाम्ना प्रसिद्धः अस्ति । ऋषभस्य पुत्रः भरतः वीरः आसीत् तस्य नाम्ना अयं देशः 'भारत' इति अस्ति । भरतस्य कुले जाताः अपि भारताः । भरतानां देशः भारतः । शकुन्तला दुष्यन्त्योः पुत्रस्य नाम अपि - भरतः आसीत् सः अपि चक्रवर्ती सम्राट् आसीत् । प्रजानां भरणात् मनुः अपि भरत उच्यते । अस्माकं देशः अन्नैः , धनैः च स्वस्य उदरं तु भरति एवं अन्येषाम् उदरम् अपि भरति, अतः अस्य नाम भरत इति अस्ति । भारत एवं भारतवर्षम् कथ्यते । पुराणेषु भारतस्य नव नवद्विपानां उल्लेखः वर्तते । जनाः स्वजीवने धर्मं कामानां प्राप्त्यर्थः प्रत्यत्नशीलाः भवन्ति- अर्थ -।

नामःजैस्मीन :

कक्षा: सातवी -'अ '

**विद्या चतुष्टयम्**

अज्ञानं गच्छति दूरं अन्धकारं विनश्यति ।

वर्धयति गुणं ज्ञानं यदा विद्या प्रविशति ॥

वाक्यं विनयपूर्णं स्यात् भाषा दिव्य भवेत्तदा ।

रम्यं स्यात्तस्य व्यक्तित्वं सदा विद्या प्रविशति ॥

सदलक्ष्मीः वर्धते नित्यं दानं पुण्यं करोति सः ।

सुजनः श्रेष्ठकर्मी स्यात् यदा विद्या प्रविशति :॥

शास्त्रज्ञानं दया वृद्धिः सत्याहिन्सा प्रवर्तते ।

अधर्मे अरुचिः जाता यदा विद्या प्रविशति ॥

नामः स्वाति खिलार - :

कक्षा: नवमि: -:'अ '

प्रथमपत्नी:

आम्लं द्रक्षाफलं

एकः शृगालः

एकः शृगालः , वनं गच्छति

पिपासा , तस्य बुभुक्षया  
पिपासया बुभुक्षया च वनं गच्छति  
सः वनं गच्छति, सः वनं गच्छति ।

तत्र गच्छति, किमपि न लभते  
इतोस्मि गच्छति, किमपि न लभते  
श्रान्तः जायते , खिन्नः जायते  
किं च करोति ? सः किं च करोति ?

वामतः पश्यति, दक्षिणतः पश्यति  
अग्रतः पश्यति, पृष्ठतः पश्यति  
स्वेदः जायते , तृषा जायते  
तस्य, स्वेदः जायते, तृषा जायते  
किं च पश्यति ? सः किं च पश्यति ?

पश्यति द्राक्षालतां  
सः पश्यति द्रक्षफलं  
उपरि उपरि लतासु हश्यते च तत्फलम्-  
अनुक्षणं तन्मुखे रसः जायते  
किं च करोति ? सः किं च करोति ?

एकवारम् उत्पतति, द्विवारम् उत्पतति  
त्रिवारम् उत्पतति पुनः पुनः उत्पतति -  
स्वेद जायते तस्य श्रमः जायते  
किं कथयति ? सः किं कथयति ?

आम्लं द्राक्षाफलम्  
आम्लं द्राक्षाफलम्  
इत्येवं कथयति , पलायते  
इत्येवं कथयति , पलायते !!

नामः सम्यक मेन्धे -:  
कक्षा सप्तमी -:' अ '  
प्रभातवर्णनम्

चन्द्रः अस्तं गच्छति  
सूर्यः उदयं गच्छति ।



परितो भवति प्रकाशः  
मन्दं चलति समीरः  
मधुपो भवति अधीरः ॥

कलिका-वृन्दं विकसति  
लतिका-वृन्दं विलसति ॥  
निद्रा तन्द्रा भग्ना  
जनता कर्मणि लग्ना ।  
सकले नव उल्लासः  
वदने वदने हासः ॥

पथि पथि जन-सञ्चारः  
नूपुर-नव-झङ्कारः ।  
विटपे खग-कुल-रावः  
चरितुं चलिता गावः ॥ ४॥

हस्ते हस्ते पत्रं  
वदने वदने चायम् ।  
खेलति बालक-वृदं  
गीतं गायं गायम् ॥ ५॥

नामः :- सुरक्षा रजाना  
कक्षाः - षष्ठी

**चटक ! चटक !**

चटका, चटका, रे चटका !  
चिँव्, चिँव् कूजसि त्वं विहगा !  
नीडे निवससि सुखेन डयसे  
खादसि फलानि मधुराणि ।  
विहरसि विमले विपुले गगने  
नास्ति जनः खलु वारयिता ॥

मातापिरौ इह मम न स्तः  
एकाकी खलु खिन्नोऽहम् ।  
एहि समीपं चिँव् चिँव् मित्र  
ददामि तुभ्यं बहुधान्यम् ॥

चणकं स्वीकुरु पिब रे नीरं  
त्वं पुनरपि रट चिँव् चिँव् चिँव् ।  
तोषय मां कुरु मधुरालापं  
पाठय मामपि तव भाषाम् ॥

नामः एकता कुमारी -:  
कक्षा: षष्ठी -

### -: आन्तरजालं संबन्धितशब्दानि -:

1. ID	:-	पश्चिद्यपत्रम्
2. DATA	:-	टाकितान्शः
3. EDIT	:-	संपादनम्
4. KEYBOARD	:-	कुञ्चिपटलम्
5. TIMELINE	:-	समयरेखा
6. LOGIN	:-	प्रवेशः
7. SHARE	:-	वितरणम् , प्रसारणं
8. LAPTOP	:-	अन्कसंगणकं
9. SEARCH	:-	अन्वेषणं
10. DEFAULT	:-	पूर्वनिविष्टा
11. INPUT	:-	निवेश्य
12. OUTPUT	:-	परिणाम , फलित
13. BLOCK	:-	अवरोध
14. DISPLAY	:-	प्रदर्शक, विन्यास
15. WALLPAPER	:-	भित्तिचित्रम्
16. THEME	:-	विषयवस्तु
17. USER	:-	उपभोक्ता
18. SMART PHONE	:-	कुशलदूरवाणी तदूरवाणीस्मा /
19. TAG	:-	चिनहम , सूचपद , चिहन
20. SETUP	:-	प्रतिष्ठितम
21. INSTALL	:-	स्थापना प्रतीस्था / पनम
22. PRIVACY	:-	गोपनीयता
23. MANUAL	:-	हस्तक्रिया
24. ACCESSIBILITY	:-	अभिगम्यता
25. ERROR	:-	त्रुटिः
26. PASSWORD	:-	गूढपद, गुप्तपद

27. CODE NO. -: कूटसंख्या  
28. PENDRIVE -: स्मृतिशलाका

नामवर्तिका -: चाहर  
कक्षा ' ब ' नवमीं -:

## सुब्रह्मण्यं चन्द्रशेखरः

1910 ईसवीये वर्षे अक्टूबर 19 मासस्य - दिनाङ्के महा वैज्ञानिकस्य सुब्रह्मण्यं चन्द्रशेखर जन्म - परिवार अभवत् । सः बाल्यकालादेव - स्य एकस्मिन् संपन्ननगर - अभवत् तस्य जन्म लाहोर प्रतिभासंपन्न छात्रः आसीत् । किशोरावस्थायामेव स विशिष्टः वैज्ञानिकैः लिखितानि पुस्तकानि - खगोलशास्त्रीरूपेण भवति स्म । - अपठत् । युवाव्यवस्थामेव तस्य प्रसिद्धिः प्रतिभासंपन्न सः अनु संधनार्थं अध्ययनार्थः च अमेरिकादेशं गत्वान् । तत्र प्रोफेसर् पदे कार् - य कुर्वन् सः तारकाणां अध्ययनं कृतवान् यत् 'चन्द्रशेखर सीमा -' इति नाम्ना जनाः जानन्ति ।

चन्द्रशेखरः 'गणितीय समीकरण -' इति सिद्धान्ताधारेण इन्द्र सिद्धं कृतवान् यत् यदा काचित् तारका स्व - प्रतिशत भागं हिलियम् १२राशेः - द्रव्य - हाइ हाइड्रोजाज् संपूर्णस्यरूपेण परिवर्त्यते तदा स संतुलित - तारका रूपेण न अवशिष्यते ।

द्रव्य राशेः अयं १२ प्रतिशत भागः 'हिलियम् ' इत्यस्य भस्मरूपेण ताराणां मध्ये एकत्रितः भवति । तदा अस्मिन् महत् परिवर्तनं भवति , खगोलविज्ञानस्य भाषायाम् इयमेव 'चन्द्रशेखर सीमा ' इति उच्यते । चन्द्रशेखरस्य गवेषणायाः परिणामतः वयं ताराणां विकास - सीमा - क्रमस्य ज्ञानं प्राप्नुमः । चन्द्रशेखर - इत्यनेन आधारेणैव वयं ज्ञातुं पारयामः यत् का तारा कियत्कालं स्थिरो भवष्यति कदा तस्मिन् परिवर्तनं च भवष्यति , अस्य महत्त्वपूर्णस्य अनु संधानस्य कृते सः नोबेल पुरस्कारेण पुरस्कृतः अभवेत् ।

नामः साक्षी -:  
कक्षा नवमी - : 'ब'

## लालबहादुरशास्त्री

लालबहादुरशास्त्री महोदस्य नाम कः न जानाति -? भारतस्य द्वितीयः प्रधानमन्त्री लालबहादुरशास्त्री उत्तर प्रदेशस्य वाराणसीजन पदे जन्म प्राप्तवान् । १९०४ तमे ईसवीये वर्षे , अक्टूबर मासस्य २ दिनाङ्के तस्य जन्म अभवत् । तस्य जनकस्य नाम शारदा प्रसादः मातुः च नाम राम दुलारी आसीत् । बाल्यावस्थायामेव तस्य पितुः देहावसानं जातम् ।

सः वारानसिस्थे हरिश्चन्द्र विद्यालये शिक्षां प्राप्तवान् । उच्चशिक्षां तु सः काशी विद्यापीठः गृह्यत्वान् ।

तदानीं काले देशः परतन्त्रः आसीत् । महात्मागान्धी महोदस्य नेतृत्वं स्वचालिते स्वतन्त्रता आन्दोलने -  
निः सोऽस्ति प्रविष्टवान् । तदानीं तनेन शासनेन प्रदत्तं तरश दुयत्मकं कारावासन अपि प्राप्तवान् ।  
स्वार्थं भावनया कर्तव्यनिष्ठया सततं भारतस्य सेवाकरणात् सः जनतायाः श्रद्धाभाजनम् अभूत् ।

भारतस्य द्वितीय प्रधानमन्त्री रूपेण यद्यपि 18 मासान् एवं सः कार्यं कृतवान् । परं अल्प अवधिमध्ये एवं -  
तमे ईसवीये वर्षे 1966 सः विश्वपटले भारतस्य सम्मानं वर्द्धितवान् ।, जनवरी मासस्य 11 तमे दिनाङ्के  
तस्य मृत्युः अभवत् ।

नाम नीलिमा :  
कक्षा नवमि : 'ब'

### सम्बन्धः

देवरः देवर -:  
ननान्दा ननद -  
नप्ता नाती -  
पतिः पति -  
पितामहः दादा -  
पितामही दादी -  
पितृव्यपुत्रः चचेरा भाई -  
पितृव्यः चाचा -  
प्रपौत्रः, प्रपौत्री ( तरी) पतोतरा -  
परिचारिका नौकरानी -  
मातुलः मामा -  
मातुली -मामी  
मातृष्वसृपतिः मौसा -  
मातृष्वस्त्रीयः मौसेरा भाई -  
मातृष्वस्र मौसी -  
यात्र देवरानी -  
योषितः स्त्री -  
वयस्य मित्र -  
वृद्ध प्रपितमह्वृद्धपरनाना - :  
श्यालः साला -  
शृश्रुः सास -

नाम भारती -:  
कक्षा सातवी - 'ब '

**वन्दना ( संस्कृत )**

1

असतो मा सद्गमय,  
तमसो मा ज्योतिर्गमय ,  
मृत्योर्मा मृतं गमय

अर्थ असत्य से मुझे सत्य को ओर ले चलो ! हे प्रभु =, अज्ञान  
रूपी अन्धकार से ज्ञान रूपी प्रकाश कि ओर ले जाओ  
तथा मृत्यु से मुझे अमरत्व की ओर ले जाओ ।

2

सर्वे भवन्तु सुखिनः ,  
सर्वे सन्तु निरामयाः ।  
सर्वे भद्राणि पश्यन्तु ,  
मा कश्चित् दुःखभाग् भवेत् ॥ -

अर्थ संसार में सभी लोग सुखी हो =, सभी कल्याण को देखे अर्थात् सभी का कल्याण हो , किसी को कोई  
दुख ना हो ।

नाम रितिका :

कक्षा नवमि -:' ब '

## सूक्ति सुनस्च्य -

1. न्याय्यात पथः प्रविचलन्ति पदं न धीराः ।
2. मानो हि मेहतां धनम् ।
3. छिद्रे स्वनर्थं बहुली भवन्ति ।
4. स देशो यत्र जीव्यते ।
5. विद्या सर्वस्य भूषणम् ।
6. लोभः पापस्य कारणम् ।
7. परोपकाराय सतां विभूतयः ।
8. तेजसां हि न वयः समीक्ष्यते ।
9. सहसा विदधीत न क्रियाम् ।
10. समय एवं करोति बलाबलम् ।
11. सुलभा रम्यता लोके दुर्लभं हि गुणाजर्नम् ।
12. कीर्तिः यस्य सः जीवति ।
13. अति सर्वत्र वर्जयेत् ।
14. मितं च सारं च वचो हि वाग्मिता ।
15. प्रमादं त्यज सर्वदा ।

नाम नंदिनी -:

कक्षा' स ' छठी -:

## बालगीतम (संस्कृत)

मम माता

मम माता देवतामम माता देवता .

आति सरला -, मयि मृदुला

कुशला , सा अतुला

मम माता देवता

मम माता देवता!

अतिसरला ,मयि मृदुला

गृहकुशला,सा अतुलामम माता !! देवता!!

पाययति दुग्धं, भोजयति भक्तं

लालयति नित्यं, तोषयति चितम्!!

मम माता देवतामम माता देवता . !!

सूर्यः

सूर्यः भाति सर्वेभ्यः

उष्णातां यच्छति सर्वेभ्यः

अन्नः पचति सर्वेभ्यः

प्रकाशं ददाति सर्वेभ्यः

सूर्यः भाति सर्वेभ्यः

मम

!!! माता !!!

आप और आपके परिवार को ...!!की हार्दिक शुभकामनाएं " विश्व मातृ दिवस"

*Artists in the Making*



**B Jahnavi Raju, XC**

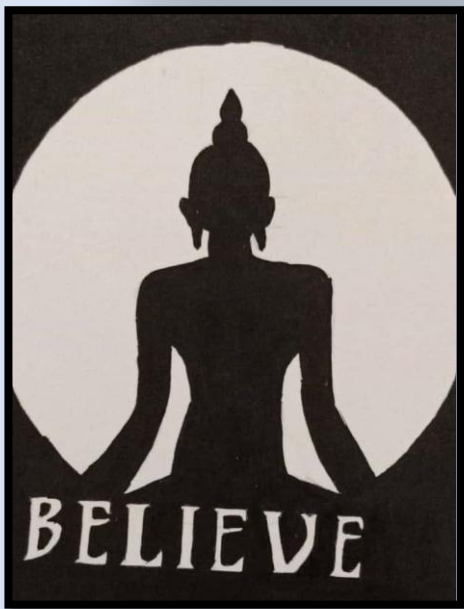


**Likhita XC**

Artists in the Making



Simran XII E



Gaurika Rawat X C



Karthik Satyarthi XC



Artists in the Making



Divya Pandey, X C



Arun Nautiyal, VII C

## Artists in the Making



Arun Nautiyal, VII C



Ekta Prasad X C



G.Sthithi  
G.Laya 6-C.



## ENGLISH SECTION

### The Seasons

I like summer,

Though days are so hot.  
I sleep out in the open on  
My new mat!  
I like monsoon  
Though there is rain  
I'm glad farmers have  
Harvested their grain

I like winters,  
Though nights are cold,  
I wear woolens  
And do as I'm told!  
But I like spring the best,  
I will tell you the reason  
I see flowers and birds  
What a happy season!!!

**Aperna Bhattacharjee**

**V B**

### On the way home

A butterfly came home with me  
All the way from school.  
She flitted down the road with me.  
It was really cool.

On the way I stopped a bit  
To tie up my shoelace.  
She did a somersaulting dip,  
Fluttering round my face.  
As we turned the corner,  
That leads down to our lane,  
She quickly did a flip around  
And flew away again.

**Arpita**  
**VII<sup>th</sup>-A**

## General Knowledge

- Rafflesia is the biggest flower in the world. It is a totally parasitic plant that remains inside the roots of a plant known as banana. The plant takes all its food from the banana, so it does not need a body with green leaves to make its own food. Its weight is 7kg.
- South American anteaters rip open termite nests and use their sticky tongues to catch big termites.
- The largest bear is the Kodiak, a type of brown bear from Alaska, which measures up to 2.5m and weighs up to 780 kg.
- Sanskrit is the oldest language of India. Latin, Greek and Sanskrit are all said to be daughters of proto-Indo-European language.
- More than 80 different languages are spoken throughout the neighborhoods of New York City. Among larger immigrant groups were the Germans, Irish, Jews and Italians.
- Atal Behari Vajpayee was the first person to give a speech in Hindi in the UN Assembly.

**Jasmine**  
**(VII- A)**

## Missing Dad

The thought of what life would be  
Without my dad, makes me so sad  
Dad is my best friend  
Who stands with me till the end  
Of every problem, no matter what  
He teaches me to be as brave as a lion  
He is a pillar of our family  
Strong, steady, and consistent  
Who often says  
"Sweet are the uses of adversity"  
So often as I miss my dad,  
I cannot help feeling bad,  
Life seems dull and meaningless  
As I think of a man completely flawless  
His absence brings an emptiness  
Like a flower without any fragrance  
Like nectar without its sweetness  
Making us feel so lifeless.

**Neelima**  
**IX-B**

## A Funny Poem

One fine day in the middle of the night  
Two dead boys got up to fight  
Back to back they faced each other



Drew their swords and shot each other

One was blind and the other couldn't see  
So they chose a dummy for a referee.

A blind man went to see fair play  
A dumb man went to shout "hooray!"

A paralysed donkey passing by  
Kicked the blind man in the eye  
Knocked him through a nine-inch wall  
Into a dry ditch and drowned them all

A deaf policeman heard the noise  
And came to arrest the two dead boys,

If you don't believe this story's true  
Ask the blind man he saw it too!

**Shwati Khilar**  
**IX-A**  
**From the internet**

## **HOPE**

Last few months were difficult; with the accursed Covid-19 virus threatening to plague our bodies and cripple our minds, we have had lot to deal with. The lockdown situation entailed an unforeseen withdrawal from the constant bustle and hubbub of life. The silence and inactivity hits us hard and we find it intolerable. All along we are focused on apparently important things like immunity boosting diets and indoor exercises meanwhile we forget to hold on to the most significant thing, hope. Consequently, we find ourselves imprisoned in a mental cage of despair and depression and end up losing the will to live.

For those of us who still believe that hope is trapped in Pandora's jar, know that hope is what kept Jose Salvador Alvarenga alive. Alvarenga was a Salvadoran fisherman who spent 13 months adrift at sea. Mauro Prosperi, too, held on to hope while he was lost in the Sahara Desert. Hence it is of utmost importance that along with daily doses of medicine and bouts of exercise, we all keep alive a flicker of hope. That alone will water the deserts of our minds.

Keep in mind what Percy Bysshe Shelley had to say about hope and optimism:

"The trumpet of a prophecy! O Wind  
If Winter comes, can Spring be far behind?"

Sharon Varghese  
XI-C

## Self-Confidence

To achieve even the smallest of goals, and to get through life's daily duties and responsibilities, you have some self confidence. The importance of developing a self confident attitude allows you to wade through the push or pull of different voices and opinions telling you, "Yes, no, maybe, do this, do that," etc. Relying on other people to guide you and following their opinions robs you of your individuality, makes you unsure of yourself and can lead to depression. Self-confidence is an attitude that you hold about yourself that allows you to move forward and achieve your goals. Self-confidence means having a positive attitude, but with realistic views. Note that self-confident persons have a general sense of control of their own life, and can do what they wish, plan and expect. Self-confidence means that even if things don't go your way, you still believe that, eventually, somehow, some way, they will. Sitting quietly with your eyes closed and mentally visualizing yourself in detail as a confident person is a great way to start being confident. In his book, "Unleash the Champion," Denny Dicke says that visualizing is the most effective tool for building confidence and belief. Becoming self-Confident does not mean you are unrealistic about yourself and your situation.

**Medha**  
**IX-B**

## India's Best

- |                                   |                              |
|-----------------------------------|------------------------------|
| 1. The largest city of India      | Mumbai                       |
| 2. The largest state              | Rajasthan                    |
| 3. The state of heaviest rainfall | Meghalaya                    |
| 4. The largest zoo                | Zoological Garden of Kolkata |
| 5. The largest fort               | Red Fort                     |
| 6. The largest desert             | Thar                         |
| 7. The tallest minaret            | Qutub Minar                  |
| 8. The highest mountain peak      | K2(Kakakoram 2)              |
| 9. The longest river              | Ganga                        |
| 10. The biggest cave temples      | Ellora                       |
| 11. The biggest mosque            | Jama Masjid                  |
| 12. The largest delta             | Sundarban delta              |
| 13. National Flag                 | Tri colour flag(Tiranga)     |
| 14. Oldest language               | Sanskrit                     |
| 15. Garden of spices              | Kerala.                      |

**Disha**  
**VII<sup>th</sup>-A**

## Some Facts

1. The only part of the body that has no blood supply is the cornea of the eye. It receives oxygen directly from the air.
2. The human brain has a memory capacity which is equivalent of more than four terabytes on a hard drive.
3. Nerve impulses sent from the brain move at a speed of 275 km/h.

4. A single human brain generates more electrical impulses in a day than all the telephones of the world combined.
5. The average human body contains enough sulphur to kill all the fleas on the average dog, enough carbon to make 900 pencils, enough potassium to fire a toy cannon, enough fat to make seven bars of soap and enough water to fill a 50-litre barrel.
6. The total length of all the blood vessels in human body is about 1,00,000 Km.
7. Human beings are the only living things which sleep on their back.
8. A person uses seventeen muscles when they smile, and forty –three when they frown.
9. In the morning, a person is about 8 millimetres taller than in the evening.
10. Bones are about five times stronger than steel.

**Khushi kumari**  
**XI-C**

### **Life is a Wonderful Journey you Know**

Life is a wonderful journey  
You learn so much from it  
One moment full of sadness  
Another moment your face is lit  
In this journey of happiness and joy  
Feeling lost & low is also a part  
You get many opportunities here  
Even if you do not make a start  
There is so much to learn in life

There is so much to receive  
Do not live your life in regret  
Give it your best  
Do things that make you happy  
That is what life is all about!

**Himanshi**  
**X-B**

### **Make the world a Kinder Place**

Today's world is characterized by a loss of simple civilities. The loss of paradise was not only a loss of innocence but also a loss of the sense of the other being, a sister or a brother, and a loss of basic civilities.

Surely the world was meant to be a kinder place! Instead, people snap at each other, customers and shopkeepers talk rudely to each other, few think of apologizing even if they are in the wrong, the privileged treat each other with contempt and the poor, often denied the right of human dignity, have to struggle for survival.

The privileges of the powerful, the influential and the wealthy seem to be forever stretchable commodities. Often it becomes all a question of money, money, and money. How we speak to others and the way we treat others becomes immaterial.

We should all think how we can be kind to all we meet today. If each of us would begin in our little sphere, what a difference it would make! There would be so much less stress all around and life would flow more smoothly. This would, however, demand from each of us much more patience. When everybody is in a hurry it is a sure recipe for frayed tempers, even violence.

Strangely, politeness is seen as a sign of weakness. It takes great strength to continue to be polite when others treat us with contempt. Many virtues that the modern world considers passé are signs of strengths.

So, do not blow it. Be patient and steady has a way of rewarding those sometimes it is the weak who show us the way. They are more caring of each other and so, better equipped to face life. If only we all shared, the world would be a kinder place. Nobody expects us to be a superhuman in our approach to life. In fact, the kinder we are, the more sensitive we become to the problems of others. Within our limitations we could be kinder to others.

Idealism always comes up against a rock. But still the good dream lives on. There are those who continue to work quietly and who know that the little seeds that they sow get nurtured and some day may yield a plentiful harvest.

**Perna**  
**IX-A (1<sup>st</sup> shift)**  
**The Speaking Tree**

## **Parents**

Thank you Mom  
Thank you Dad  
Three small words  
So much to add

For all your love  
And your support  
A million words  
Would fall short

The words "I love You"  
Seem to be insufficient  
To express the love  
I have for you

**Vaigha Madathil**  
**X-A**

## **Riddles**

- 1.What month of the year has 28 days?
- 2.What is always in front of you but can't be seen?
- 3.What gets wet while drying?



4. There is only one word in the dictionary that spelled wrong. What is it?
5. I have a tail and a head, but no body. What am I?
6. What can jump higher than a building?
7. What kind of room has no doors or windows?
8. When Grant was 8 years, his brother was half of his age. Now Grant is 14. How old is his brother?
9.  $81 \times 9 = 801$ . What do you need to do to make this equation true?
10. Why is the cricket stadium so cool?

### ANSWERS

1. All of them
2. The future
3. Towel
4. The word 'wrong'
5. Coin
6. Anything (buildings do not jump)
7. Mushroom
8. His brother's age is 10
9. Turn it upside down ( $108 = 6 \times 18$ )
10. Because they have 'fans'

NAMAN KUMAR  
VII-C

### Digitalomania

I am fixing the wi-fi signal and have already wasted an hour. Now I just give up realizing there is no tower.

I regularly play action games with some stupid 'rookies'

Oh! How wonderful it would have been

If I had just baked some cookies

I sit glued to the computer screen

All day long

When I get my results

Everything I have done is wrong

I have a lot many friends on trendy 'Facebook'

But as I start remembering the true ones

I realize I am such a crook.

Now just dump those gadgets

And just go out and play

Use your mind and limbs properly

Or they will just turn into clay.

Ritika  
IX-B

## **Words from a Soldier**

I did my duty  
I paid the supreme price  
I pray you will remember  
My heroic sacrifice  
My life is short  
But  
I did my best  
God grant me peace  
In my eternal rest....  
Jai Hind.....

Khushi Rai  
VIII-B

## **The Precious One**

Through it all I could see you far  
Standing pale through the daily chores  
Through it all you brought a smile  
To the rest, least for a while  
I stand tall b'coz you are my pillar  
Through all the hurdles, you made me a winner  
Early dawn to the setting sun  
Can see you make through the run  
The troublesome brat who pays no heed  
To make it work he takes no lead  
The wavering heart makes her say  
There will be a day when you'll pay  
Through it all she makes you smile  
Hiding all the pains inside  
Through it all she makes you learn  
To carry on through the toughest times  
She is none other than my mother  
Whom I hold more precious than any other

**Alan Roy**  
**XII-C**

## **Atithi Devo Bhava**

Respect has been an integral part of the Indian soul. From time immemorial we have always respected our teachers, our elders, our parents and our guests, perhaps this is why a great Indian Emperor once observed – 'In Hindustan our manner is very respectful and our hearts are always open! In many ways, at that time the enlightened travellers. Now, thousands of years later, we can bring that golden age back again, when

Indian hospitality set the standard for the rest of the world. Let us strive to rise above the standards we set ages ago.

Our guest is blessed.

Our visitor is God.

**Debaranjan Lenka**

**IX-B**

### **Seven types of blindness to be avoided**

1. Selfishness: blinds you to the needs of others.
2. Insensitivity: blinds you to the hurt you are causing others.
3. Snobbery : blinds you to the equality and dignity of others.
4. Pride : blinds you to your faults.
5. Hurry : blinds you to the beauty of the world around you.
6. Materialism: blinds you to spiritual values.
7. Prejudice : blinds you to the truth.

**Shreeyashi Kumari**

**V-A**

### **My Mother**

The warmth you have given  
The love you have shared,  
Time has changed,  
But you have not changed  
Do I remember  
Your scoffs and your scoldings?  
Sometimes you did beat me  
But the effect that still holds  
Is of your eyes, so caring  
Your lap so loving  
The humming of your eternal song  
Took away the fatigue of the day long.  
Where could I find  
Such a beautiful relation  
That has borne all the pains  
And understood all my emotions?  
You were always there  
When I needed your care,  
You became my eyes  
When I couldn't see  
You were just like a star  
High above in the sky.

Oh! You were the ladder  
Who took me to heights  
You have taught me everything-  
the very essence of life  
You have taught me to respect  
And hold high my head.  
Where else was I secure,  
Other than in your arms,  
But a drop of sadness  
Upon me beholds thy calm.

**Tejas Singh Arora**  
**XI-B**

### **Phases of life**

The Age of four to  
Five when you first take  
A step in a play school  
That's when you are either  
Petulant or affable  
Age of seven to ten  
when you Start to dream  
You Just want to enjoy  
And life is a dream full of fun  
The age of thirteen to  
Fifteen when you start to  
Think stress replaces the fun  
It's when you have clouded brows  
The age of sixteen to twenty  
Is one carefree life  
This is the age to bond with  
Friends the most and smile & laugh  
From the age of twenty to  
Fifty when you want to make it  
This is the time for  
Hardwork  
And giving life your all  
From the age of sixty  
To seventy when your  
Hair starts to get white  
It is the time when you  
tell your children  
what is wrong and what  
what is right!

This is also the time  
To look back at your life  
And ask yourselves-  
Was it worth it!

**Aman Bhardwaj**  
**XI-B**

## **Women Empowerment**

Women empowerment has become the buzzword today with women working alongside men in all spheres. They profess an independent outlook, whether they are living inside their home or working outside. They are increasingly gaining control over their lives and taking their education, career, profession, and lifestyle. With steady increase in the number of working women, they have gained financial independence, which has given them confidence to lead their own lives and build their own identity. They are successfully taking up diverse professions to prove that they are second to none in any respect. Women also take care to strike a balance between their commitment to their profession as well as their home and family. With equal opportunities to work, they provide co-operation to their male counterparts in meeting their deadlines and targets set et in their respective profession.

Educated or not, they are asserting their social and political rights, making their presence felt, regardless of their socio – economic backgrounds. While it's true that women, by and large, don't face discrimination in society today, unfortunately, many of them face exploitation and harassment.

Women empowerment, in the truest sense, will be achieved only when there is attitudinal change in society regarding womenfolk, which involves treating them with proper respect, dignity, fairness, and equality. The rural areas of the country are by and large, steeped in a feudal and medieval outlook, refusing to grant women equal say in the matters of their education, marriage, dress code, profession, and social interaction.

Let us hope, women empowerment spreads to progressive as well as backward areas of our vast country.

**Nandini Singh**  
**XI-B**

## **Name the Animal**

1. That never stops growing  
Crocodile.
2. Whose large hind legs and feet help him in leaping.  
Kangaroo
3. A mammal whose horn is made of a mass of compressed hair.  
Rhinoceros
4. Who greets another by shaking hands and is just like humans.  
Chimpanzee
5. Which is the snake's greatest enemy  
Mongoose
6. Which is strictly vegetarian

Giraffe.

**Aarushi Rai**  
**IX-A**

### **Fun Time**

Four aliens came to Earth. The first alien learnt to say “Me, Me.”, The second alien learnt to say, “With fork and Knife”, The third alien learnt to say, “Because he stole my lollipop”, and the fourth alien learnt to say, “Yahoo, Yahoo!”

Once they saw a dead person and the police came.

POLICE : WHO KILLED HIM?

1<sup>st</sup> Alien : “Me,me.”

POLICE : WITH WHAT DUD YOU KILL HIM ?

2<sup>nd</sup> Alien : “With fork and knife”.

POLICE : WHY?

3<sup>rd</sup> Alien : “Because he stole my lollipop”

POLICE : YOU ARE GOING TO JAIL.

4<sup>th</sup> Alien : “Yahoo, yahoo!”

**Aditi Bhavna**  
**IX-B**

### **Magical Words**

#### **Remember**

one word to soothe. : Sorry

Two words of gratitude : Thank You

Three words for life : Health is wealth

Four words to learn : Man proposes, God disposes

Five words for self : I like what I am

Six honest friends : What, Why, Where, When for solution of any How and who problem

Seven words for success : We can do better, if we try.

Eight words that shape our destiny: “Our life is what our thoughts make it”.

**Disha Nigam**  
**VI-A**

### **Life of a Science Student**

The life of a science student is full of care.

Books & more books meet him everywhere.

Poetry has no place in his world.

The chirping of birds he has never heard

He strangely has no ears to hear what nature does say.

He thinks only of marks night & day.

In his heart there is no place for sentiments.

He becomes a busy bee full of experiments.  
From a distance the book of chemistry shines,  
Numericals of physics have stolen his smiles,  
Maths conjures up monstrous theorems.  
Supposedly easy biology is no less a burden  
Yet we are in love with it,  
It challenges ignorance  
It strives to bring in our life, a healthy balance.

**Fiza Khan**

**IX-A**

### **Amazing facts**

- Ants never sleep
- The sentence “The quick brown fox jumps over the lazy dog” uses every letter in the English Language.
- Women blink twice as much as men.
- The Guinness book of records holds the record for being the book most often stolen from public Libraries
- Rhythm is the longest English word without any vowel.
- All polar bears are left-handed.
- Butterflies taste with their feet.
- Rats multiply so quickly that in 18 months, two rats could have over million descendants.

**Debaranjan Lenka**

**IX-B**

### **Stray Thoughts of a Lone Wanderer.**

Many people seek to define life, but life is indefinable. As seen from the writer’s perspective, life is both simply complicated and complicatedly simple. Modern society has become like an engine that is connected to an everlasting power supply, an engine that never stops. People do not have time for anybody or anything or even for themselves for that matter. The scenario was quite different in the past, as people were yet to discover the wonders of the world.

Life has acquired a stark monotony. There is no balance between work and life nor do we take any stress-releasing breaks. People are so dead set on discovering and learning about all that the universe has to offer, that they neglect the best thing that they have themselves. There are others who are dead set about discovering themselves; they become indifferent, if not oblivious, to the world around them. They do not know the spice that life offers.

Considering the hierarchy of human society, life seems cruel on a broader scale. There is so much inequality and unfairness around us, that it sows dissent and hatred. It makes animals appear better than humans- at least they do not have such a complex hierarchy such as ours and treat each other equally. People never pause to think what the purpose of their lives is. Our vulnerability makes us a unique and rare species.

Some may agree, some may not. This is, what life is, as seen from the eyes and mind of the writer. People will have different thoughts and the assimilation of all thoughts define us and our race. This is life—simply complicated, and at the same time, complicatedly simple.

**Nayan Sushil**

**XII-A**

### **Be a Feminist in the 21st century**

We say to girls, you can have ambition, but not too much. You should aim to be successful, but not too successful, otherwise you will threaten men. So, said Chimamanda Ngozi Adichie.

In a room full of feminists, the other day, someone asked, 'what have we achieved in the past 10 years?' so to their surprise, the room fell silent. Is it really that hard to name a couple of recent successes? Maybe the previous generation of feminists won clearer victories, such as the right to vote by the first wave of feminists, or sexual and reproductive rights by the second wave.

Yet the movement has not lost momentum.

In recent years, we have made giant strides tackling gender-based violence, gaining freedom to express sexuality and many other areas such as helping those most often ignored to find a voice. If people, particularly feminists, find it hard to name a recent achievement of the feminist movement, that is a problem. We crave recognition for our efforts just like anyone else. Women, girls, and transsexual people are working tirelessly to make change happen. Yet not only do we not celebrate their successes, we are not even aware of them. It is as demoralizing as the fact that no matter how hard you try, no one notices what you are doing. No wonder so many activists say they feel exhausted.

Burn out is the real problem among activities, and it often seems from the lack of recognition.

**Rick S Jena**

**XI -B**

### **Blue**

Sky in his blood  
Yet grounded  
It's my pen  
Who threatens the powers.  
On the white fresh grass  
Sprays indigo rain  
With the first drop there  
Blossom flowers.  
Prisoner of my fingers  
Rules over my head.  
He painted seas of wisdom  
With the blue that I fed.

**Nandini**



## Not every Girls's dream is to be a princess

Amidst all the colours  
She chooses to be olive green  
All her worries drown into oblivion  
When her heart chooses olive green  
For olive green is not just a hue  
But an undying spark she carries  
Among all her dresses and flares,  
She flaunts her starry uniform  
Of all praises and accolades  
Medals and badges adorn her with pride  
Gone are the days she wore make up  
Now she paints herself in tricolor & camouflage  
Eyes which lived mascara & shades,  
Now twinkle with aim of target  
What was called 'squad' flew away to skies,  
Only to return as the 'batallion'  
Whole world roars high in josh  
When her hands dance in March past perfectly  
Synchronised  
Even skies resound with 'jai Hind'  
When she leads a parade.  
Fire in eyes, thunder in her voice.  
She is daredevil in disguise  
She is not living a life 'less ordinary',  
And is striving to make it extra –ordinary'

Triveni Hritika  
XI-E

## A Special Photograph

As Deborah rummaged through her grand mother's old trunk, her hands found an old photograph, stuck on a cardboard. Owing to the humid weather of Kerala, it was now crumbling to pieces. She gazed at the snapshot in her hand. It showed her grandmother Theresa, in her early twenties, beaming proudly as she stood in front of single room house. Well, one would rarely qualify it as a house. It was A bit bigger than the warehouse which stood next to our extravagant two storey house. I rushed to my grandmother, curiosity burning within me. What was so special about that decaying photograph that she kept locked in her trunk as one of her most prized possessions, which only I was allowed to invade.

She tenderly took it in her hands. As she gazed at it lovingly, she became nostalgic. My eagerness was evident on my face as she answered my unspoken question. She sighed and said slowly, "This house came into being at the end of a long phase of struggle in my life. I was a carefree and tender girl of seventeen. When I was married to your grandfather unaware of the harshness and cruelty of fate. Your grandfather was planning to start a small-scale business for which he had some deposit. The business failed terribly, leaving your grandfather in a web of debts. The land was seized, and our only shelter was lost. Your grandfather could not handle the failure and took to drinking and I was left helpless with no roof over our heads and three little kids. I worked in the landowner's field and did every odd job to save every penny. I could see life thrashing us with suffering and adversity over and over again, but I forced myself up every time. Like gold tested in the furnace and found acceptable I too stood up against all odds. Gradually the debt was paid off and with the rest of my savings this one room was built. This photograph was taken the day all work was finished, and the house was ready to be occupied.

I was silent as I took the photograph from my grandma, her eyes lost in the memories of her shattering past. I marvelled at how some one could be so strong, how she did not break when life unleashed its full wrath on her. And as I looked at the photograph again I no longer saw a small dingy shack but a majestic, colossal palace that my grand mother had established and raised. For me, the photograph was no longer an old piece of paper, it was a proof of my grand mother's hard-earned victory.

**Sharon Varghese**  
**XI-C**

## **A letter to the PM**

**Hon"ble P.M.Shri Narendra Modi ji**

I am incredibly happy to get this chance to write a post card to you. I am a student of Kendriya Vidyalaya Sec-8 R.K.Puram New Delhi-110022, one of the best schools ever. I like to talk about cleanliness that has increased in the past few years. This is all because of you as you want to complete the dream of Mahatma Gandhi ji. I am extremely happy because in a few days our motherland "India" is going to be the topmost in the list of clean countries. Dreams do not come true without hardwork. A journey of a thousand miles starts with one step and this movement towards cleanliness has made all of us believe in taking that first step. I want to thank you for inspiring youth of the new generation. I hope and pray to God to help in this great movement towards Cleanliness and invite more and more people to join and help. I will try to clean my surroundings

It is my honour and opportunity to get a chance to thank you for your inspiring work. I am incredibly happy that my country is changing day by day because of the hard labour put in by you and your fellow mates to improve our life. "Swachh Bharat" Abhiyan ignited a spark of motivation in us. I thank you from the bottom of my heart. You paid heed to the situation of our country. You made all efforts to fulfill the dream of Mahatma Gandhi because of your inspiring project.

Simran (IX-A)

## **School Fun**

Student life is full of fun,  
Work and play  
The day begins with a prayer  
And ends with play.

They go to school with a heavy bag on their back  
And water bottles in their hand.  
They sit in the class and toil all day  
And learn about millipedes that coil like clay.

In school they make many friends  
And learn many trends.  
They even learn values  
To help them ascend

They study all day  
And are bright like the sun-rays  
They run and they caper  
They use pens,  
They use paper  
They can draw many things  
And make many colourful rings.

East or west  
Student life is the best.  
They can start their day  
With a prayer,  
And end with lots of play!

Sristi-Tripathi  
IX-A

## **The Subject Chemistry**

The subject chemistry  
Is a great misery  
To learn the reactions,  
Is only our personal motivation.  
The experiments are beyond comprehension  
When I learn, I feel I am sinking  
Into the greatest hole in the ground,  
And the reactions make my head twirl.  
When away from it  
I play so well,

I enjoy so much  
But this subject chemistry  
makes my life a constant affliction.  
Its better to embrace History,  
And stay leagues away from chemistry  
I know I have no logic  
Nor expertise for chemistry  
But this is the world of a Science student,  
Where I will have to work hard with chemistry.

**Debadrita Mondal**  
IX- 'A'

### **Gender Equality — Still good in theory?**

Article 15 and 16 of our constitution clearly state that all should be treated equally. But as an individual do you think this article has any real impact? Every day we talk about Gender Equality in conferences and seminars and hear them through various mediums, but do they really improve society's attitude towards women? In theory, Gender Equality seems perfectly synced with our lives, but the ground reality tells a different tale altogether!

Gender inequality exhibits itself in our daily life. You would be surprised that some stereotypes are still prevalent. Despite the countless roles men and women play in today's world, some people still judge others based on how they think males and females 'should' act. Men can work in offices, women have to do household chores with their lives only revolving around the needs of her family; that they can't do physical chores as they are considered weak and so on. Gender norms and stereotypes are so entrenched in our society that adults are often stunned to realize how early children assume these ideas. When young children get caught up in stereotypical notions of gender, it can harm their self-images and the way they interact with peers.

To enforce Gender Equality in right earnest, people need to be educated about it. A major problem that we face in India is illiteracy. Even some of the literate have conservative mindsets. The social structure of our society prevalent since ages projects girls and women weaker and thus deprived of opportunities. They don't want any change in their thinking or lifestyle, and this is the major cause of worry.

It is not only the responsibility of the government or NGOs but also that of the modern youth who, as conscious and aware citizens of the country should herald the times of change.

Gender disparity is a hindrance to the growth of our country. When women participate in nation building the economy grows, ensuring the overall well-being and development of the nation.

"Time is ripe to see gender as a spectrum rather than two sets of opposing ideals"

**Tejas Singh Arora**  
XI B

### **Some Interesting facts about Bihar**

- The word 'Bihar' is originally derived from the Sanskrit and Pali word 'Vihara' Meaning abode.
  - During the ancient and medieval times, Buddhist monks inhabited most of the regions surrounding the state. Hence, the name of the state was used to denote the home or the abode of the Buddhist monks.
  - Its 13<sup>th</sup> largest state by area and the 3<sup>rd</sup> largest by population.
  - The idea of non-violence originated from Bihar around 2600 years ago
  - Bihar is also the origin of biggest two religions in the world, namely Buddhism and Jainism
  - The world –famous Nalanda university is in the capital city of Patna. Nalanda is also known as the store house of knowledge.
  - Students came to study in Nalanda University in ancient times from Iran, Japan, Greece, China and Korea.
  - The Mundeshwari temple in Bihar is known as the oldest Hindu temple in India.
  - Aryabhata who gave zero number to the world was from Bihar.
  - Bihar is the birth place of tenth guru that is Guru Gobind Singh
  - India's first president Dr. Rajendra Prasad belonged to Bihar.
  - Bihar has given India a number of IAS Officers.
- I feel proud that I am from Bihar

**Prakriti**  
**V-A**

## **A Dialogue that brings Meaning to Life**

Arjuna seeks answers to his problems and doubts about life. Many of us also face these problems at some point, so here it goes.

- Arjuna : I can't find free time. Life has become hectic.
- Krishna : Activity gets you busy. Life productivity gets you free.
- Arjuna : Why has life become so complicated?
- Krishna : Stop analyzing life...it makes it complicated. Just live it.
- Arjuna : Why are we constantly unhappy then?
- Krishna : Worrying has become your habit. That is why you are not happy.
- Arjuna : Why do good people always suffer?
- Krishna : Diamonds cannot be polished without friction. Gold cannot be purified without fire. Good people go through trials. With that experience, their life become better, not bitter.
- Arjuna : You mean to say such an experience is useful?
- Krishna : Yes, in every sense. Experience is a hard teacher. It gives the test first & the lesson later.
- Arjuna : Because of so many problems we do not know where we are heading
- Krishna : If you look outside, you will not know where we are heading. Look inside. Eyes provide sight. Heart provides the way.
- Arjuna : Why does failure hurt so much?
- Krishna : Success is a measure decided by others. Satisfaction is a measure decided by you.

Arjuna : In tough time how do you stay motivated?  
Krishna : Always look at how far you have come rather than how far you must go. Always wait on your blessings not on what you are missing.  
Arjuna : How can I get the best out of life?  
Krishna : Face your past without regret. Handle your present with confidence. Prepare for the future without fear.  
Arjuna : I am beginning to understand your point of view and I want to ask you one last question, sometimes I feel that my prayers are not answered.  
Krishna : There are no answers to prayers. Keep the faith and drop the fear. Life is a mystery to solve not a problem to resolve. Trust me life is wonderful if you know how to live.

**Jaya and Shrishti**  
**XI-A**

## **The Tree House**

The rays of the evening sun lit up the trees of the park, & comfortably nestled in one was a small metal tree house. It was a ruby –red cube with a star-shaped window on a wall & a broken, rope ladder suspended in mid air above one of the branches. On looked Ayesha , a six year old, black-haired girl with curiosity blazing in her eyes. If she could climb up there, she could see the other side of that window.

She gently placed a hand on the rough, papery bark. Next came the other hand, the right foot, and the left. She carefully lifted herself upwards, ascending the first step, then the next & the next.... The house was steadily getting closer to her. Now she could see the still intact part of the rope ladder, she would have to get across a thick branch to reach it-and that window to the other side!

Ayesha crawled forward like a stealthy agent, blocking out everything from her vision except the rope ladder-her final step to the window. Gradually, she advanced & advanced, until she was one jump from the rope ladder. Her heart was bashing against the skin of her chest. She slowly got up; eyes narrowing & pushed off the branch. Her fingertips stretched out for the rope ladder. but ‘Oh!’ she missed!

On an impulse, Ayesha spun around & hooked her hands onto the branch.” Can I still make it?” She wondered. Her eyes flashed upto the tree house & remained there. “Yes, I have to see through that window.” She edged to the trunk crossed the branch & reached the tree house! She grasped the window with her hand & hoisted herself up. Her eyes squinted in excitement & her mouth curved upwards at the incredible sights on the other sideof the window. What her mother had told her was ringing in her ears: if you stick your nose into something that you have no business to interfere in, you will get it in the end! I think I fainted soon after!

**Sumayya Ayesha**  
**X-B**

## **LIFE**

**Life is a pain** with ups and downs, time of smiles and time of frowns.  
Time of misery when we feel down, we achieve success and overcome failures too.  
We learn from our mistakes and try not to repeat them twice.

Life can bring us fame or dishonor. It is up to us how we live each hour.  
It is a lesson from which we learn things to achieve and what should be done  
We gradually grow from babies to adults the learning process continues for all of us.  
We must live with happiness and sorrow  
And prepare ourselves for whatever comes tomorrow.

**Debadrita Mondal**

**IX-A**

## **My Favourite Fictional Character**

If I could bring any one character from my favourite book, then it would be Luna Lovegood from the series of Harry Potter. She is a girl who is unique and is not afraid to show it to others. She has confidence in herself and is a genius in her own way. People find her weird and strange because she is not like them. She doesn't like to be part of a crowd, she is confident of her opinion. Her thoughts and way of explaining things to others is different. Very rarely do people understand her. I want to bring her because her personality somewhere resembles mine. She likes to do different things and people often judge her or misunderstand or underestimate her powers and ability. In the Harry Potter novels, she appears like an angel to the main character(hero), Harry Potter when he was down, she helps him to overcome sadness and comforts him. She is the calmest of all the characters where everyone is busy finding ways to fight with their enemies, she is the one who stays calm and appears like a saint to others. Her ideologies and thoughts are different, and she could be the wisest and the greatest friend if one tried to understand her. She is like a book, that is always judged by its cover. She does not judge people too quickly but understands their pain and situation. She may not be the best student of her age but is the best, honest and dependable person.

**Shinjini Dutta**

**XII-E**

## **School time: The most memorable time of life**

The time, we call school life, is so joyful, pleasant full of adventures and memorable events. The friends we make during this time stay our friends for ever. With them, we face no tension or problem, and live life with fun.

“Your decisions today decide your tomorrow” are words by best-selling author Robert Kiyosaki and it is true that our actions and choices in school life decide what we will become in future. These golden moments of school life are unforgettable as teachers and friends in school influence our personality in the same way as our family members do.

School life gives us joy, a sense of freedom and a period of no big worries. The sharing, making fun of each other, giving nick names and the regret and love, all are the pleasures of it.

I wish to say: “School may be tough, tiring and irritating. But admit it, you are going to miss it when it ends.”

**Neelima**

**IX-B**

## **Some facts of Science**

- There is enough DNA in an average person's body to stretch from the sun to Pluto and back-17 times.
- The average human body carries ten times more bacterial cells than human cells
- It can take a photon 40,000 years to travel from the core of the sun to its surface but only 8 minutes to travel the rest of the way to Earth.
- At over 2000 kms long. The great Barrier Reef is the largest living structure on Earth
- There are 8 times as many atoms in a teaspoon-ful of water as there are teaspoon-ful of water in the atlantic ocean.
- The average people walk the equivalent of five times around the world in a lifetime.

**Debaranjan Lenka**  
**IX-B**

## **The Right Design**

One hot day, Mulla Nasaruddin was relaxing under the shade of a walnut tree. His eyes soon wandered to the nearby roof top where he saw huge, orange pumpkins growing on a delicate vine which had climbed up. Then he looked up and saw the small round walnuts on the tree above.

“ Wah!” he said to himself. “Dear God, You could have planned that better. Small round walnuts on this huge tree and such large pumpkins on that delicate vine. It just does not make sense.

He let out a deep sigh, stretched out his legs and closed his eyes for a brief nap. A couple of minutes later, he woke with a start. A small green walnut from the tree above had fallen on his head. He sat up straight, rubbed his head, stroked his beard, and raised his hands in prayer- “I am sorry for questioning your ways, dear God” he said. “You do know best after all. Imagine what would have been my condition if pumpkins had been growing on this tree.”

**Bhairavi Singh**  
**XI-C**

## **When I met the Last tree on the Earth** **Year 2019**

‘Hey look Kashish there are so many trees in here: I said pointing at the trees in my village.  
‘Yeah, but look someone’s cutting a tree over there: Kashish said pointing towards a wood cutter.

“It’s okay, we have a lot of trees here.” I said ignoring her alarmed look.

Year 2069

It’s been 50 years since that day and all the eye soothing greenery has gone. All I can see are dark parched patches of land all around me & not even a single tree visible except for the one before me.

It was a tall oak tree. It was dried up & only few leaves were left on its branches. I was sitting there with a big oxygen cylinder beside me and wearing an oxygen mask. Even standing without my oxygen mask for a single second was painful & I guess no one can be held responsible for this except us humans.



We were always so greedy about our needs that we didn't care about the how our greed would affect us in future.

Tears started to fill my eyes. I remembered the event which had happened 50 years ago. It was just a single tree which was being cut, but now only a single tree is left.

My one warning could have been a big step. As I stood fully overwhelmed with various emotions, I looked up at the tree, the last one that was left. I looked at it for a long time before that tree also fell.

The last tree on earth had fallen and so had the last ray of hope for mankind.

**Gouri Sudheer**  
**X-A**

## **WHO AM I**

He was born in a small farming village in Japan. His family was extremely poor, they all lived in a small house with extraordinarily little money. When he was only nine years old, he left school and started working in a small shop, to support his family. He used to wake up every day before sunrise; clean the store, run errands, and then look after the children of his employer.

Some years later destiny showed him a new path, he got a job in an Electric Company. There he got interested in making light bulbs and sockets. Every night he started learning and experimenting on his own. One day he made an improved version of a light socket, all by himself. He got very excited and showed it to his boss, but his boss was not impressed and said such a product will never work. Even though he was rejected, he believed in his idea. He wanted to do something, on his own, start his own company . He asked his friends, they told him he cannot do it, he cannot leave his permanent job and start his own company. He has no experience, very little money and hardly any education. Still he believed in himself.

So when he turned 22, he took a big decision. He left his stable job and started his own small manufacturing company. He and his wife started manufacturing sockets in their small house. They both went door to door selling it. But no shop owner was interested, they did not get any orders. Months passed by and still they were not able to sell their products.

He sold his furniture, borrowed money, to survive a little longer. Many days he thought of giving up. Days were going, again when the morning arrived and as the sun rose, he was out on the streets looking for orders , surviving for one more day.

Then came a time when he was almost bankrupt and just when he was closest to giving up his dreams; That is when a miracle happened in his life. Out of nowhere he got his first major order of 1000 pieces.

Now more than hundred years after that first major order of 1000 pieces, his company now has 250,000 employees, with annual sale of \$65 billion. His company products are now sold across the world. All this was made possible by a man who had hardly any money or education, all he had was a belief in himself.

His name is ' Konosuke Matsushita' and the company which he started in his small house is now known across the world as " Panasonic".

Success is not dependent on how educated you are or how much money you have. Success is all about believing in yourself. So if you are also in the pursuit of success, then just believe in yourself when no one else does, survive while others give up and just wait for that one 'Miracle' that will change your life forever...

**Aparna Dwivedi**  
**X C**

### **Today's Reality**

1. Lots of humans but less humanity
2. Big Houses but small family
3. More Education but less common sense.
4. Advanced Medicine put poor health
5. Touched Moon but Neighbours unknown
6. High income but less peace of mind
7. High IQ but less Emotions
8. Good knowledge but less wisdom
9. Lots of Affairs but no true love
10. Costly watches but no time

Harshita Sharma  
XI-C

### **ISRO**

Where is everyone? Why is that illumined and the other one not? We look up in the night sky and feel very fascinated about the space. Curiosity about knowing everything led the Indian scientist Vikram Sarabhai to persuade Jawaharlal Nehru to set up an Indian National Committee for Space Research (INCOSPAR), a space agency. Scientists felt the need of knowledge of space to prosper in every field of Science.

INCOSPAR grew and became a governmental organization named ISRO. ISRO's Vision- "Harness space technology for national development while pursuing space research and planetary exploration.

ISRO's first satellite Aryabhata was launched by the Soviet Union on 19<sup>th</sup> April 1975. Rohini became the first satellite to be launched by India-made launch vehicle SLV-3.

ISRO consists of the finest of the fine scientists which was proved when India on the very first attempt to reach Mars succeeded with the launch of Mangalyan making India 1<sup>st</sup> in Asia & 4<sup>th</sup> in world to reach Mars. On 15 Feb-2017 ISRO made a World record by launching 104 satellites in a single rocket.

On 5-jun 2017 ISRO became capable of launching 4-ton payload to space from GSLV-III.

Indian's second lunar mission "chandrayaan-2" will probably make india the first country to study poles of the moon. Ambitious ISRO now aims for launching "Aditya L1" to space for studying about SUN.

Future readiness is the Key to maintaining an edge in technology & ISRO endeavours to optimize & enhance its technology as the needs & ambitions of the country evolve.

Thus, ISRO is moving forward with development of heavy life launched, human spaceflight projects, reusable launch vehicles, development & use of composite materials for space applications.

**Aryan Dhariwal**  
**XI-A**

### **Mera Mon Ki Bat**

I love my parents

They always care for me.  
My father is my hero.  
My Mother is my Goddess  
They are my best well-wishers.

I love my teachers.

They are so kind to me.  
I learn lots of things from them.  
I want their blessings throughout my life,  
*All teachers are my 'Gurus'.*

I love my beautiful country India.

It is great because it is simply great.  
My country is my oxygen.  
It is vast and valued,  
I bow my head to my motherland.

I hate falsehood, dishonesty.

My school is my Universe.  
It gives me inspiration for so many things.  
I pray to God, kindly *demolish this* disease.  
I want to go to school tomorrow.

Tamoghno Bibhu Ghosh  
VI D

### **Dad, God's Masterpiece**

Good and hardworking Dad,  
God took the strength of mountain  
The majesty of a tree,  
The warmth of a summer sun,  
The calm of a quiet sea,  
The generous soul of nature,  
The comforting arm of night,  
The wisdom of the ages,

The power of the eagle's flight  
The God combines all these qualities  
Where there was nothing more to add,  
He knew his masterpiece was complete,  
And so, he called it.....Dad

Ritu  
X-A

### **“The brave Indian Soldiers”**

The brave Indian soldiers dauntlessly face the menace of wars. Never scared of death, ever ready to protect the motherland, unsung heroes through some may be. Their sacrifice cannot go in vain. The great service that they render is eternally applauded by posterity.

In a world full of terror their work is like a devotion that gives us the assurance of a peaceful course. Allowing us to breathe in the air of safety. Indifferent to hardships, they do their duty.

Oh! God my prayer remains “Thank you god for such courageous soldiers who protect our freedom as they put themselves to risk. The commitment they display, makes me believe in their great mettle. Indeed, are they “The brave Indian soldiers”.

Anushka Tyagi  
IX-A

### **Travel Blog**

Janpath, a vibrant place colourful of diversity and pervaded by a ubiquitous presence of shop keepers and buyers negotiating over a diverse range of articles reflect different cultures; Janpath starts at Radial road 1 in CP and far extends to rajpath. This blissful market specializes in silver jewellery, footwear and clothing. The constant rush of shopaholics in this market provides a wide variety from ethnic wears like sarees, kurtis, skirts stoles to trending western wear constituting of fancy tops, fashionable dresses.

The gujrati lane in Janpath is a site to behold. It has handicrafts with intricate work and astounding beauty. For my fellow vagabonds and enthusiastic travelers, the best way to reach Janpath is to take the metro, though awfully crowded at peak hours yet an efficient mode of commute.

A piece of advice while roaming the streets of this market is that you have to and when I say you have to, you ABSOLUTELY have to upgrade your bargaining skills if you want a wholesome experience.

Shrishti Krishna  
XI-A

### **A Walk in the Woods**

Last week, I and my family visited Meghalaya, the “abode of clouds”. We reached there by aeroplane and checked in at a hotel. The hotel was near a river and behind the hotel there was a small wood. From the window of our room we could see a small and steep hill behind the wood. After having our breakfast, we asked the manager of the hotel if we could visit the wood that was behind the hotel. The manager said that we could and most of the tourists also camped there at night to sleep under a clear sky full of stars. It was a clear day, so we planned to take a walk in the woods. When I stepped into the woods, I could feel the fresh air. The environment was full of different evergreen trees and sounds of different birds and animals. There was also a light shower of rain just then. I walked in the woods for hours. Many hours passed but it seemed

like a few minutes. It was a pleasant and peaceful feeling. I could hear the sweet chirping sounds of birds and the sound of running water. We drank some water from the river, it was extremely sweet. I feel that it was so wonderful to have a contact with nature. It refreshed our minds and heart. I felt relaxed and free. It was evening by now and we returned to the hotel to have our dinner. At night we set up a camp in the woods and had a campfire. We also slept under the sky full of stars. I wish I could live in such a place my whole life. Early next morning we saw the sunrise. It was very spectacular.

**Chinmayee Sahoo**  
**X-C**

## **Time Management**

The biggest problem faced by everyone now a days is the management of time. We often get to see many people around us who always out of time. What should we do about this? Everyone has the same 24 hrs a day but it depends on us how we manage things.

First things first, we need to prioritize things to complete all the tasks. Many people are not able to prioritize between the things they are supposed to do, and they should do, or they want to do. With the same number of hours, there are many people who have succeeded. Don't you all wonder how did they accomplish the goal of their life?

You might have heard this saying, "Time is money". As we spend our money very meticulously so why not time? Understand the value of time, be regular to the things which are important, make a timetable and plan your things, most of all prioritize them.

**Somya Sharma**  
**XI - A**

## **A Visit to Department of Science and technology—A Report**

On 8<sup>th</sup> May our school planned a visit to Department of Science and technology. 50 students were selected for the visit. I was one among them. We went to DST for attending a session delivered by Dr.K.Vijaya Lakshmi who is Vice President of Development Alternative Group ( DA). She delivered the lecture on Access to safe drinking water and sustainable development for it. She told us about pollutants in water, how we can check the level of pollution in water, the initiatives to take for this problem and what can we do for helping those who are working for relief of this problem. After the lecture there was a question-Answer session. She cleared the doubts of students very beautifully. After lecture we also went to see an exhibition. We saw working models of filters which can purify the air upto 70-80% .We watched filters which can purify the water and these filters are also distributed to flood victims. After that we saw many useful models also. We returned to school after that and it was very memorable trip for me.

**Utkarsh Raj**

## **Pride has a fall**

Garelal was a famous sculptor. His sculptures looked real ones. One day he saw a dream that after 15 days, the demon of death would come to take him. Garelal prepared nine statues of himself and when on 1<sup>st</sup> day he heard the demon of death coming, he took his place between the statues. The demon could not recognize him and was astonished to see ten Garelals instead of one. He rushed back to the God of death and reported

the matter. The God of death got annoyed and set out to take Garelal himself. Garelal was alert and stood motionless.

The God of death initially got perplexed. But he thought for a moment. He said " Garelal, these sculptures would have been perfect but for one mistake." Garelal was unable to suffer the least blemish in his work, He came out and asked : "Where is the fault?" God of death caught him and said, "here". The statues were faultless but Garelal was caught because of his pride.

**Moral: Pride has a fall**

**Divya Tomar**

**XI-A**

### Crossword

W	H	I	T	N	E	Y	A	D	E	L	B	U	O D
R	O	R	I	O	N	E	L	E	S	T	E	R	R A
I	W	M	Y	S	T	B	A	B	B	A	G	E	E V
G	E	O	V	I	J	H	L	L	E	B	R	T	M E
H	D	R	A	D	D	O	G	D	N	S	E	N	I N
T	G	S	D	E	E	N	S	I	T	O	B	A	N P
H	D	E	H	L	I	F	P	E	R	O	N	P	G O
Y	S	S	B	E	U	K	P	S	P	W	E	T	T R
K	M	O	P	L	O	H	E	E	H	L	T	E	O T
S	N	C	T	W	E	N	T	L	C	E	U	R	N G
R	E	O	A	N	G	N	I	L	T	A	G	V	A C
O	N	T	S	W	I	F	M	A	I	R	C	L	L C
K	T	O	T	L	O	C	W	L	F	O	K	K	E R
I	N	J	H	Z	F	R	A	N	K	L	I	N	N Y
S	T	E	T	S	O	N	S	M	A	R	C	O	N I

### WORDS TO SEARCH

- |            |               |               |
|------------|---------------|---------------|
| 1. Babbage | 2. Bell       | 3. Cartwright |
| 4. Colt    | 5. Davenport  | 6. Davy       |
| 7. Diesel  | 8. Double day | 9. Edison     |
| 10. Titch  | 11. Tokker    | 12. Franklin  |

13. Fulton

**GRADES**

8 Words = Good

11 words= Excellent

**14 words= outstanding**

14. Gatling

**Aarushi Rai**

**VII-A**

## **Reclaim Your Life --Choose a lifestyle of digital minimalism for more joy and creativity**

It can be very annoying when older people refer to the youth as the 'I gen', or the 'app Generation' or even as the 'WiFi-powered generation'. Especially irritating is the underlying judgement or even the hypocrisy of it as they themselves are so addicted to their gadgets but constantly criticise us for 'why are you always on the mobile?'

It is so true that as human beings we are wired to seek connections, be visible and be seen as worthy or "likeable". Social media companies exploit this need to a level that starts working against us and rather than seeking real, authentic relationships, we start craving superficial likes as a mark of our worthiness. No wonder studies show that we are lonelier than ever before. Despite being connected 24/7, we are most disconnected!

Author Seth Godin made an immensely powerful statement "You're not the User; You are the product". We need to realise that we are not the customers of Facebook, Instagram, Snapchat, instead, we are the products and they are trying to sell to the sponsors on whose money these multimillion-dollar companies run. In that sense, we are not using them, they are using us for mega bucks. Have you ever noticed, how you keep checking the posts, emails, WhatsApp repeatedly, always in the hope of seeing something exciting? Well, the fact is that reward is intermittent and is delivered unpredictably. Cal Newport in his book Digital Minimalism, quoted a Facebook designer as saying that what the social media giant aims to do is create "bring dings of pseudo-pleasure" and that gets us hooked in no time.

The scary thing is that we have accepted this digital clutter so much in our minds and our lives that it has become normal to see people preferring to be on their phones than talk to the person next to them, or to choose to play a game than sit down and craft a story or just go for a walk in the wilderness. Thus, it is not wrong to say that our minds are getting colonised. Ever thought? What can we do about it? We all have this huge tendency to be addicted to gadgets. There needs to be a realisation of how much of our attention is getting drained by technology exhaustion. There are a few strategies that can work for all of us. .

When you have a clear intention, then you know why you want to use an app, and the next step is to decide how often. So, that's exactly what you have to do. Find an app that gives you a sense of joy, **brings value to your life** and **makes you more creative**. You might decide that every weekend you would upload a new song or a series of photos and therefore, through the week, you might want to delete the app and reinstall it on weekends. The second strategy, DE cluttering your phone i.e a serious digital DE cluttering and removing most apps on your phone. Also, when you are off screen, lock away your phone. "Out of sight, out of mind" works well. Create an offline "streak", of how many hours a day you keep for deep work and ensure the gadgets are locked away. In fact, a digital DE clutter would give us much more time to do things that add value to our life. So go on and check out of that little gadget that gives you "Dings of pseudo-pleasure" and check in on real fun and reclaim your life.

## One Life

One SONG can spark a moment beautiful.  
One FLOWER can wake the dream dormant.  
One TREE can start a forest afresh  
One BIRD can herald spring melodies.  
One SMILE begins a friendship of a lifetime.  
One STAR can guide a ship at sea  
One HANDCLASP lifts a soul to heights  
One WORD can frame the goal  
One VOTE can change a nation  
One SUNBEAM lights a room  
One CANDLE wipes out darkness  
One LAUGH will conquer gloom  
One STEP must start a journey  
One WORD must start a prayer  
One HOPE will raise our spirits  
One TOUGH can show you care  
One VOICE can speak with wisdom  
One HEART can know what is true  
One LIFE can make a difference.

**Khushi**  
**XI-A**  
**From: The Speaking Tree**

## Riddles

1. What is so fragile that saying its name breaks it?
2. What can fill a room but takes up no space?
3. What can run but never walks, has a mouth but never talks, has a head but never weeps, has a bed but never sleeps?
4. What can you break even if you never pick it up or touch it?
5. What can you keep after giving to someone?
6. A man who was outside in the rain without an umbrella or hat did not get a single hair on his head wet. Why?
7. What is full of holes but still holds water?
8. I shave every day, but my beard stays the same what am I?
9. What is always in front of you but cannot be seen?
10. If you drop me, I am sure to crack, but give me a smile and I will always smile back what am I?
11. I am tall when I am young, and I am short when I am old. What am I?



12. What must be broken before you can use it?

**Answers:**

1. Silence , 2. Light , 3. A river , 4. Promise , 5. Your words ,6. He was bald , 7. Sponge , 8. Future , 9. A barber , 10. A mirror , 11. A candle , 12. Egg

Khushi Dagar

IX – B

### **Chandrayann II: Interesting facts India's lunar Mission**

- Chandrayaan II, one of the most ambitious lunar missions of India designed by ISRO was launched recently on 14<sup>th</sup> July ,2019 at 14:43 local time from the Sriharikota space station, India.
- The total weight of the Chandrayaan II is 3850 kg.
- The total cost of the mission is approximately US \$ 141 million.
- Originally, Chandrayaan II was scheduled to launch in 2011 & was supposed to carry Russian made lander & rover.
- The main objective of Chandrayaan II is to map the location of lunar water.
- Chandrayaan II will also do 3D mapping of the topography of the south Polar Region, and will determine its elemental composition & seismic activity.
- With Chandrayaan II, India will become fourth country to soft land on the lunar space.
- ISRO has selected eight scientific instruments for the orbiter, four for the lander & four for the rover.

**Pratham Kumar**

**XI-A**

### **Creativity in adversity**

Once upon a time there were three fishes living together in a lake. They were best friends, but unlike one another. One of them was wise, doing any work with careful thoughts. Another one was intelligent and resourceful. The third fish believed in fate. He believed whatever was to happen would happen, and nobody could stop it.

One day, the wise fish was playing around the lake and heard a fisherman telling another, "The lake is full with good fishes. We will fish here tomorrow."

On hearing this, the wise fish rushed to his friends and let them know about the fishermen's talk. He said, "Let us leave this lake, otherwise fishermen will catch all of us."

"I will not leave this place. I shall find a way out if fishermen come here," said the intelligent and resourceful fish.

The third fish, which believed in fate, said, "Why should I leave the place of my birth? Whatever has to happen, will happen."

The wise fish did not want to take any risk and left the lake.

The fishermen came to the lake next morning and cast their net to fish. The two friends, who did not leave the lake, were caught in the net along with plenty of other fishes.

The resourceful (intelligent) fish applied his creative mind to brave the adversity. He pretended to be dead. The fishermen then threw him back to the lake.

The fish who believed in his fate kept jumping up and down in the net. The fisherman struck him dead.

*Moral of the story: We should face the situation bravely and intelligently, come what may. Even in Corona-hit crisis, we have continued academic activities through online classes and kept ourselves fit by practicing Yoga. Like the resourceful fish we have to brave the Covid like situation applying our brains.*

**Abhineet Chaudhary, IV A**

## **Curse of Nature**

Am I not a part of world  
If so, why you are destroying Earth  
Oh Man! Hear my cries and save 'Nature'  
Otherwise on you will befall the Curse of 'Nature'  
And you will suffer a lot.

In olden times Earth was respected and cared for  
But this modern world is an inferno for me  
I'm a marvel of nature but no one loves me  
I'll bear all pains that you have infected  
But a day will come when you will be in affliction  
A day will come when Curse of nature  
Will make you suffer,  
Time for you to respect nature  
Wake Up Man before it is too late!!

**ANUSHKA  
IX B**

## **THE THREE DUCKS**

Once there were three ducks. The eldest duck's name was Lily. The second duck was wise. Her name was Golden. The third duck's name was Tassie. They lived at Willywake Lake. One day as they were bathing, Tassie said "Someone told me this lake's water won't last. Let us go to another lake." But Golden said "No, my friend, we shall not leave Willywake. Who told you that, anyway?" "A fox", replied Tassie. "Do not trust foxes" said Lily. "They're cunning creatures."

Tassie eventually agreed, but she had a secret plan. At twilight, when everyone was asleep, she slipped out to live at Green-Welsh Lake. In the morning, the other two woke up, only to find Tassie missing. "Where is she?", asked Golden. "Maybe she's gone to live at the other lake" replied Lily. "But that Fox, whoever he is, will eat her, if he has laid a trap." said golden. "What a silly-billy she is! We must find her" said Lily in horror. "How?" asked Golden. Just then Tassie appeared.

She was a little dirty and was looking sad. Seeing the other two ducks astonished, she was ready to run when they grabbed her. "LET ME GO" Tassie yelled. But they would not let her go. Soon Golden asked, "Where did you go?" "I went to live at Green- Welsh" was Tassie's reply. "Then why did you come back?" asked Lily. "Well, when I went there, I saw a Fox named Billy. He was the one who told me this lake's water won't last. When he saw me, he was about to kill me and I ran. I remembered my friends who warned me not to go anywhere. So, I came back. And I apologize to both of you. I will never do anything like that again." said Tassie.

"We accept your apologies" said Lily and Golden together. Then they lived happily ever after.

MORAL: Never leave your friends or siblings behind.

**Anjali Chakkravarthy**

**V-A**

## **Coming Together**

Ever try to measure

The power of a dream?

Ever sit and wonder

Where water becomes a stream?

In ways there is no difference

From nothing it begins

The pieces come together

And it ebbs and flows and spins

In time it becomes power

No force may stop its flow

None may know its beginning

But all may see it glow

A tiny drop of water

Or a simple little thought  
Can change the world we live in  
Rewriting rules we're taught

**Pranavi**  
**IX C**

## **Water**

Water is necessary for everyone  
But we are just taking it as fun

It is a precious life resource  
It is home for fish and many more

It is water in which heavy things sink  
Water is what we drink

Water is something which we should use with care  
Else, it would soon be rare

Water is a precious life resource we are wasting  
It is a grave mistake that we would be regretting

**Aditya Kumar**  
**VII A**

## **Nature is every where**

Nature is every where you go  
Everything that lives and grows is nature  
Animals big and small  
Nature is plants that grow so tall  
Nature is beautiful in every way  
Wonderful, Exciting  
and needs our care  
So listen, learn and do your part  
to keep nature beautiful forever

**Harshit Singh**  
**V-D**

## **Some Good Study Tips**

Dear friends, have you ever felt that despite your best efforts to perform well in studies, you are not able to hit the bull's eye. You keep on formulating strategies, devising ways, and making timetable to secure better grades. Do not get disheartened. Here are some study tips to help you achieve your targets.

#### **Move before you study:**

Maybe your mom or dad tell you to do your homework as soon as you reach home. Ask them if you can run for 15-20 mins and then settle to work. This increases your concentration and helps you work more efficiently.

#### **Select your study spot:**

Your parents may have set up a great desk in quiet room. However, you feel better doing homework on the floor or in the bedroom, no problem at all. The important thing is to find a place where you can pay attention.

#### **Take breaks while you study:**

Taking a short break in between studies might help you concentrate. Get up, do some jumping jacks, or take a 10-minutes' walk.

#### **Do not cram for tests:**

When you have a test, you might want to wait until the night before to study. Nevertheless, that is a bad idea. When you must remember information, its best to go over it a couple of times for a few days. That way, you have a chance to really learn it. Working under pressure never works. Stay calm and give your best. Life is yours, live it to your fullest.....

**Aiswarya P**

**XI -E**

### **A New Friend**

I met a boy near India Gate. When I went for cycling. I was getting bored and tired of cycling and suddenly the cycle of a boy my age collided with mine accidentally. He felt sorry but I thought it was my mistake, so I also said sorry to him, and we both smiled at each other, started walking together and mixed up fast. We talked about many things our hobbies, studies, and families. We just became good friends. He talked of every aspect of his life and he told me one thing that disturbed me a lot. His mom had died in an accident because of the rash driving of a truck driver. She lived for approximately 2 hours after the accident. No one took her to the hospital. His mom was driving a 2-wheeler that is why the accident caused his mother severe hurt. I almost cried after listening to his story. At last we just smiled and said goodbye and took my number and now we talk to each other almost every 2 to 3 days. That day I got a friend-A friend for life!

**Manan**

**XI-B**

### **Heavenly Bequests**

They all have come again tonight,  
Their charm not to wither away for it's their right.  
Like scattered moon-dust, so bright,

We long to see them every night.

They come like hope in the darkness so deep  
And move with the light when it ends its beauty sleep  
Twinkling and dazzling, gleaming and glittering  
Sparkling and shimmering, flashing, and flickering  
Do they do this all  
To give up their own sorrow?

They seem like the studs from the crown  
Of a princess as they gleam.  
And shine just like a light beam  
They stretch so far above the heaven  
Just like a beautiful spread of lights  
These little shining stars who do not talk but flicker  
Do they know that their silence we hear?  
The twinkle of our eyes  
Is a gift from the heaven up there.  
They bring us joy, take away all the pain  
They all have come again tonight,  
Their charm is not to wither away till it's bright...  
They disappear in the day  
Only to return every night.

**Ripa Ghosh**  
**XI-C**

## **Fun Facts**

1. Saint Lucia is the only country in the world named after a woman.
2. A Crocodile cannot poke its tongue out.
3. The twitter bird has a name-Lorry.
4. The jack fruit is the national fruit of Bangladesh
5. The English chocolate company Cadbury made the first chocolate bar in the world in 1842
6. The first bird that was domesticated by humans was the goose
7. The first alarm clock could only ring at 4 a.m
8. Tears contain a natural pain killer which reduces pain and improves your mood
9. Tomato ketch up was used as a medicine in the early 1800s.

**Source –Internet**  
**Shreyashi Kumari**  
**VI-A**

## **Missing**

She wrapped herself in blues

Perfectly she wore the sorrow  
Tried to hide the pain  
Pretended to be sane, but failed  
Everybody noticed but with a stillness on their face  
A Sympathetic look and quiet demeanour.  
Melancholy running through each of her veins  
With woes her world was paved,  
Never was coming back what she craved  
We were all guessing, though we knew  
Where he went missing.  
Yes, he loved her, but no less did I  
She was a ship stuck in the sea  
So, I played the sailor and held her hand  
The moment was just right to strengthen our bond  
She could be the enchanter; I would be her wand.  
Yet to solace, I said  
“My dear queen why do you fret?  
He ‘ll soon be back I bet.”  
As that tear rolled over her cheek, she replied  
“True soldiers don’t always come back son,  
True soldiers don’t always come.”  
She was the one who was told the truth.  
My father’s contribution to his nation  
Costs my mother a life-long ruth.

**Aditi Aastha**  
**XI-E**

## **End Game for Corona**

We may be young or old,  
but we must be bold,  
against the enemy untold,  
We cannot go to malls,  
nor to waterfalls,  
Because this virus is scary,  
Sending our backbones into shivering,  
If you must go out! think twice,  
Wear your mask! be wise,  
After coming home, sanitize!  
Wash your hands thrice,  
COVID-19 is the name,  
It is playing hide and seek game,  
By following the rules  
we can ensure the end game

## Increasing power of Mind over Heart

For the proper working of our body there must be proper coordination among all parts of a body. Similarly, the smooth functioning of our society these must be good interaction among people. This can be achieved if people understand each other's emotions. God has given us two most valuable things- Brain & heart. Brain is responsible for thinking and heart is responsible for understanding emotions.

There are two basic goals of every person i.e to achieve peaceful and happy life. If our mind is peaceful, we will experience peace. Similarly, if our heart is happy, we will be happy. But these days no one is fully happy or peaceful. This is because of the dis balance between heart & mind. People are using their mind in destructive ways, in money making. They are becoming heartless. People earn money to offer a good life to his/her family. But they are not interested in understanding emotions of their children. Due to this children lack in emotional support. Similarly, the social relations of people are becoming weak day by day and there is no scope for achieving social harmony.

All our feelings & emotions are a result of chemical reactions taking place in our body. These reactions are responsible for making us feel negative emotions, like anger & sadness as well as positive emotions, like love & happiness.

In our body we have happy hormones which are listed below.

- Dopamine- is a pleasure hormone which motivates you to work hard so that you can achieve the satisfaction of reaching that goal. It also keeps you mentally alert.

*Ways to increase your dopamine level*

- Set daily or monthly goals. Since they give you something to strive towards
- Have rich protein and Set exercise goals
- Oxytocin – It increases feelings of love & trust, released during affectionate physical contact like hugging.

*Ways to increase oxytocin level*

1. Show your friends & family love, care & respect.

- Serotonin – is the key hormone of happiness which regulates mood & prevents depression & make you happy & sociable.

*Ways to increase serotonin level*

1. Spend time in sun, since sunlight causes your body to produce Vit D, which triggers the release of serotonin

2. Consume foods like corn & milk & other carbohydrates also since they contain tryptophan which gets converted to serotonin

3. Do a low-intensity workout.

- Endorphins – These are your body's natural painkillers since they block pain.

Most people know exercise releases endorphins, but they never release the reason for this

*Ways to increase endorphin level*

1. Exercise to cope with chronic pain



2. Eat spicy food, since your tongue has receptors that react to spice by sending messages to your body that like pain signals, causing your brain to trigger the release of endorphins.

No doubt our mind has immense capacity to make this world beautiful. But it is only & only heart which can make us experience this beauty in the best way.

**Shubham yadav**  
**XI-B**

## **Steps for building self confidence**

Self confidence can be instilled in a person hitherto unsure of himself by strategically applying the following:

- Motivate yourself to ensure self acceptance.
- Positivity-begin to visualize a positive image of yourself without any comparison
- Locate and connect with a source of your strength.
- Build up a willingness to work by repeating to yourself the benefits from your work.
- Be helpful and considerate
- Good dressing and good appearance help in self esteem-keep a good appearance always.
- Practice financial independence-save up and plan your income to ensure no lack or need for support
- Connect with positive people-keep positive friends
- Take positive actions
- Reorganize yourself in little ways-one action at a time.

**Arunam Sharma**  
**VII-C**

## **Chess: The Brain Booster**

As we all know, due to the worldwide pandemic, we are currently in lockdown situation. So, spending our time productively is a good idea. One way to spend our free time enjoyably and efficiently is playing chess. Chess is a 2-player strategic board originated in the 7th century India. It is currently one of the most popular board game around the world. Let us discuss some benefits of chess and why it is good to follow:

### **1. Playing chess can raise IQ.**

Chess requires a lot of thinking, like figuring out the opponent, finding the best move etc. This helps a lot in increasing intelligence of a player.

### **2. Playing chess can improve concentration.**

Having complete focus in anything we do is not an easy task. Chess takes it to another level. Our focus is tested from time to time in chess as we improve. Playing chess helps our concentration to a very good extent.

### **3. Playing chess improves memory.**

Memory is a core part of a chess skillset. Remember and recalling moves and their aftermaths. Memorizing the winning and losing moves to face them. Memory plays a vital role in playing chess. That is why playing chess can improve memory.

Now we know why it is good to play and follow chess. Other than these benefits, chess is quite an addictive and enjoyable game. It is worth trying.

## **Technology**

Technology affects people all over the world, Advances in technology have made our countries safer and our lives easier they have also negatively affected our lives. Technology has brought us online banking, smart cars, smart TVs, lighting, fast computers & the virtual reality. Also, these include cyber warfare, hackers, identity theft, cyber stalking & a host of other bad things. The society has been changed with the evolution of technology. Life was burdensome and everyday chores consumed too much of our time, before the advent of modern-day technology. The access to education, medicines, industry, transportation etc. has been simplified due to development in modern day technology. Due to the convenience & efficiency provided by technology, our lives have improved. Information Technology has given a new face to traditional libraries that include both digital collections and traditional fixed media collections. We know that traditional libraries are limited by its storage space, but the digital information requires little space to contain information, so digital libraries have the potential to store more documents.

Technology has also brought about efficiency, quality & quantity in the manufacturing sectors. Technological advancement has reduced risk. Development is closely related with technology & the stage of development the human being have arrived at could not have been possible without the advancement in technology.

**Yash Mani**  
**X-C**

## **Facts about Humans and Human Behaviour**

Human beings are simply astounding & there are so many things about them that still manage to flabbergast us. So, here are some of the best facts about human beings:

1. Psychology says that people who are lying to you tend to look up to their left.
2. The average person has 3 to 5 best friends & usually hates 1 in their social group.
3. People who understand sarcasm well are often good at reading people's mind.
4. CLINOMANIA: It is an obsessive desire to stay in bed all day
5. Playing video games makes you more creative.
6. You can fool your mind into thinking that you are happy and smiling if you put a pencil in between your teeth.
7. People who constantly use "To be honest" are more likely to be lying.
8. People are 50% most likely to agree to you if you speak to their right ear & touch their forearm.
9. If you feel tears coming on and need to hold them back, relax your jaw & refrain from blinking
10. Smart people underestimate themselves & ignorant people think they are brilliant.

**Aryan Gosain**  
**XI-E**